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ABODE

QATAR

Candid Interview w/
Angelina Jolie

Fashion:

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**EID
GATEWAYS
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**RAMADAN
& EID**
Special Edition

JULY 2014 QR 12



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this month

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Photo courtesy:
Four Seasons Hotel Doha



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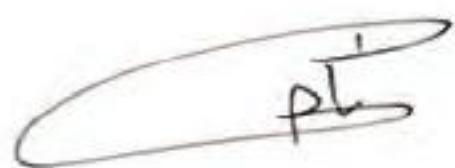
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Dear Readers,

Welcome to our Ramadan and Eid issue. The few weeks ahead represent a very special time of the year, not only for the locals but for all the expats in the Middle East. The holy month of Ramadan gives us all the opportunity to slow down and reflect. This is the best time to reconnect with friends, family and colleagues. The Islamic community will be fasting during the day and at night will gather at gorgeous Iftars and Sohours dinners around town. So on top of giving you loads of information about do's and don'ts during Ramadan of where and how to experience a great feast in true Arabic style, we have also compiled a few guidelines on how to host magical dinners and get together in the comfort of your home. At the end of Ramadan we will also celebrate Eid and enjoy a few days off, giving us the opportunity to jet off to a glamorous destination, therefore we have put together a few interesting travel ideas for you if you have not planned your Eid holiday yet.

In the interest of giving you ideas to splurge on stylish new clothing and accessories, we have loaded our fashion and beauty section with new trends and styles. From colourful or classic Abayas by the talented Qatari designer label Dar Al Dazah and loads of beauty tips to keep you as gorgeous as ever during these scorching temperatures. Whatever your style or taste, we got you covered!

I wish you all a Ramadan Kareem and Eid Mubarak!



NASSER AHMED HASSAN BILAL



MUST-HAVE PRODUCT OF THE MONTH



Scarf, Mulberry



Necklace, Versace



Solid Perfume, L'Occitane



Bag, Salvatore Ferragamo

WIN...

Enter the competition below to win a special treat.
Email us at win@abodeqatar.com



EID GIFT GIVE AWAY!

ANSWER THIS QUESTION

Name your favourite macaron flavour from the Pierre Hermé Paris collection and get a chance to win an Eid special gift!

CHECK US OUT

For previous issues see
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www.issuu.com

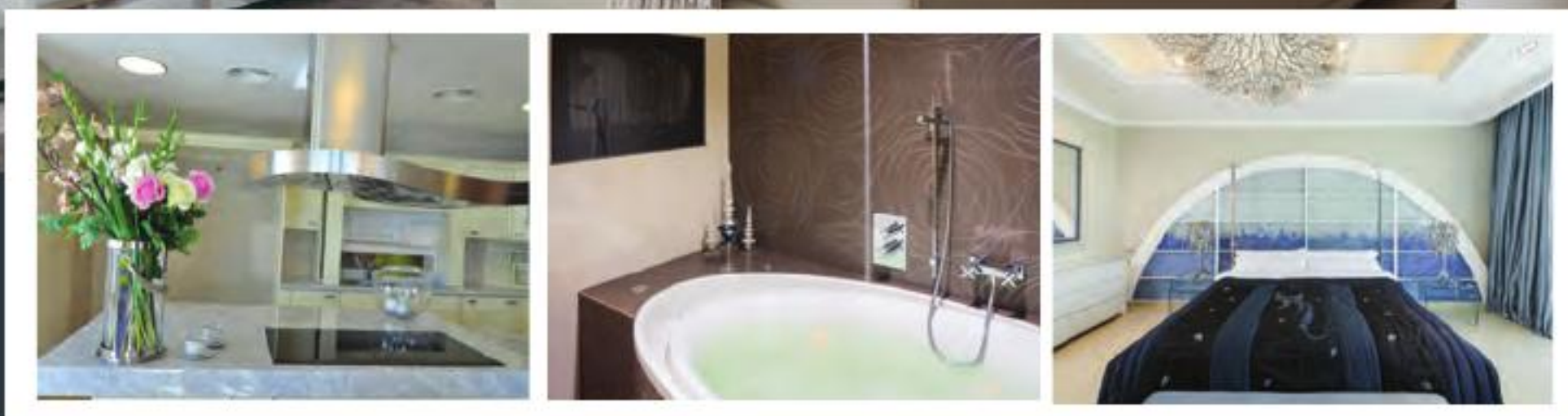
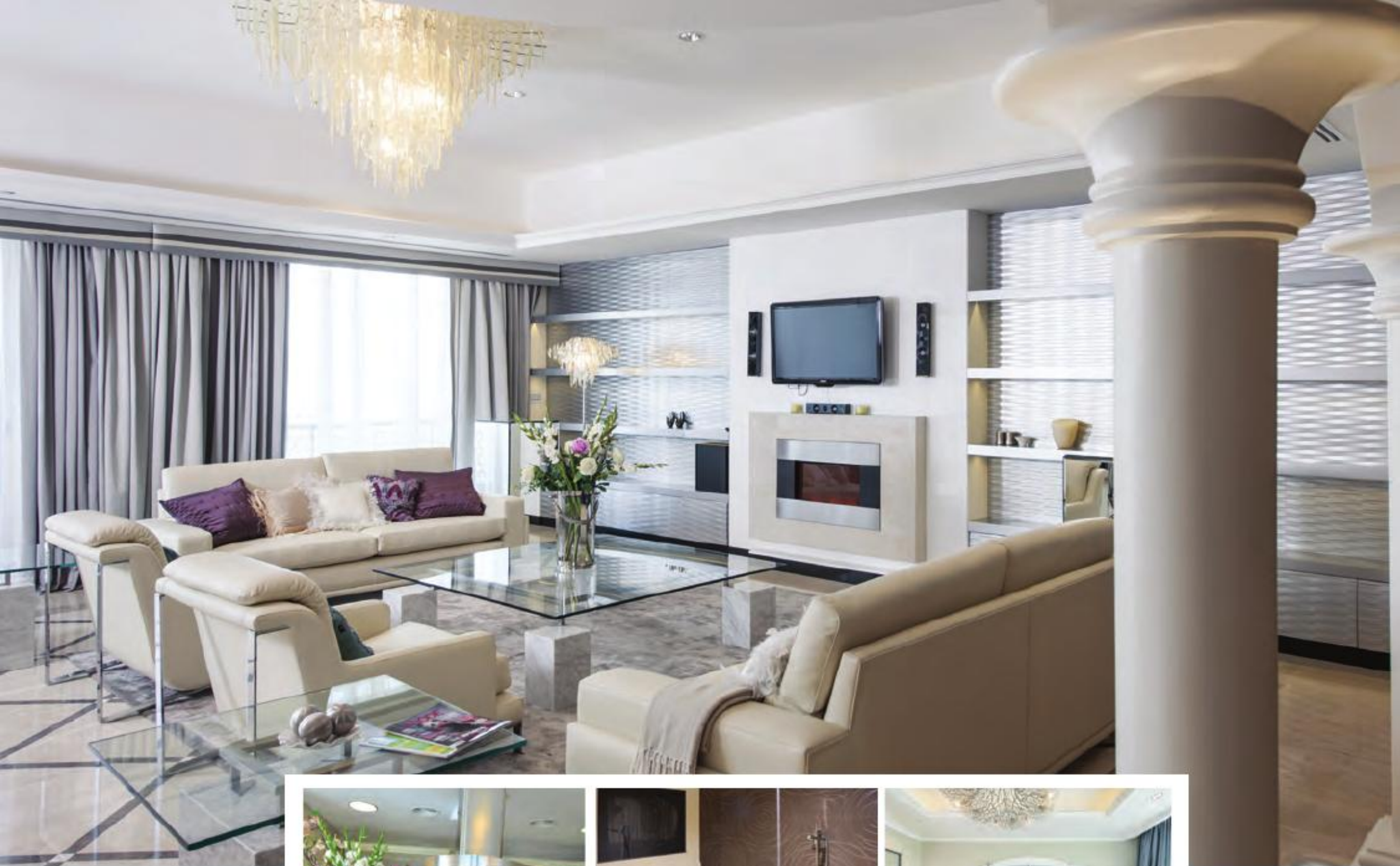
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Ramadan Kareem 2014





Imam Mohammed bin Abdulwahab Mosque
Doha - Qatar

With an ever discerning audience ABODE is pulling up its socks this issue! As the whole look and feel of the magazine has advanced. It was decided to define our sections to bring an even more amazing issue of ABODE. **FASHION** leads the start of the

magazine, **ABODE** illustrating only the **QATAR** best of the best in fashion trends, newest collections for every season.

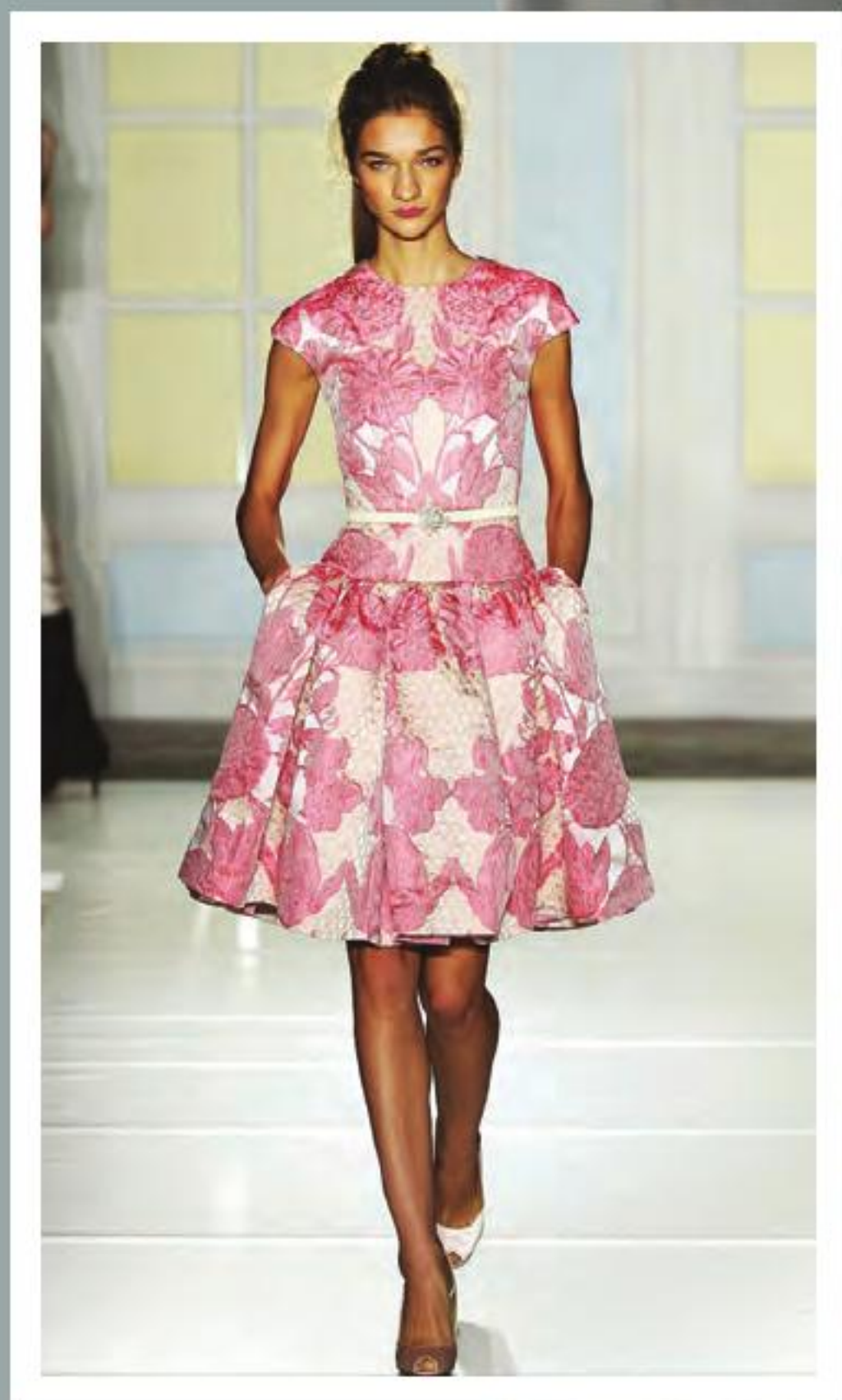
ABODE talks to international top **INTERIORS** designers to inspire and create the best home away from home. What makes ABODE unique are its stories about real **PEOPLE** that shape the city we call home. Every month ABODE has a conversation with people making a difference in our community highlighting their role and the fabulous things they are doing. Last but not least ABODE takes a bow with **LIFESTYLE** highlighting Food - world renowned Chefs, recipe cards, Entertainment - new talent, Travel & Globe trotting, Wellness & health, Community, Arts, Culture and Autos!

STYLE

Trends-shopping-style tips and news

SUMMER TIME!

The thermometer is rising, but don't despair! Even during these scorching hot days you can look très-stylish while being comfortable and covered up too. This gorgeous jumpsuit by Matthew Williamson and girly dress by Temperley London tick all the boxes for a fashionable Ramadan and Eid celebration ahead! Check all their collections at The Gate Mall.



Angelina Jolie

SOMETHING WICKED ON SCREEN



BY JAN JANSSEN

PICTURES AND INTERVIEW BY VIVA PRESS

She may be preparing to take a step back from her acting duties to focus on being a producer, but Angelina Jolie is about to enjoy the greatest success of her career with her summer blockbuster film, *Maleficent*. In a candid interview, Angelina talks about *Maleficent*, family, producing and the joys of motherhood.

Playing the title role of the icy queen who places a curse on the young Princess Aurora (Elle Fanning), Jolie is realising a long-standing dream to be part of the Disney universe. The \$200 million fairy tale blockbuster will doubtlessly give the 38-year-old Jolie millions of new young fans.

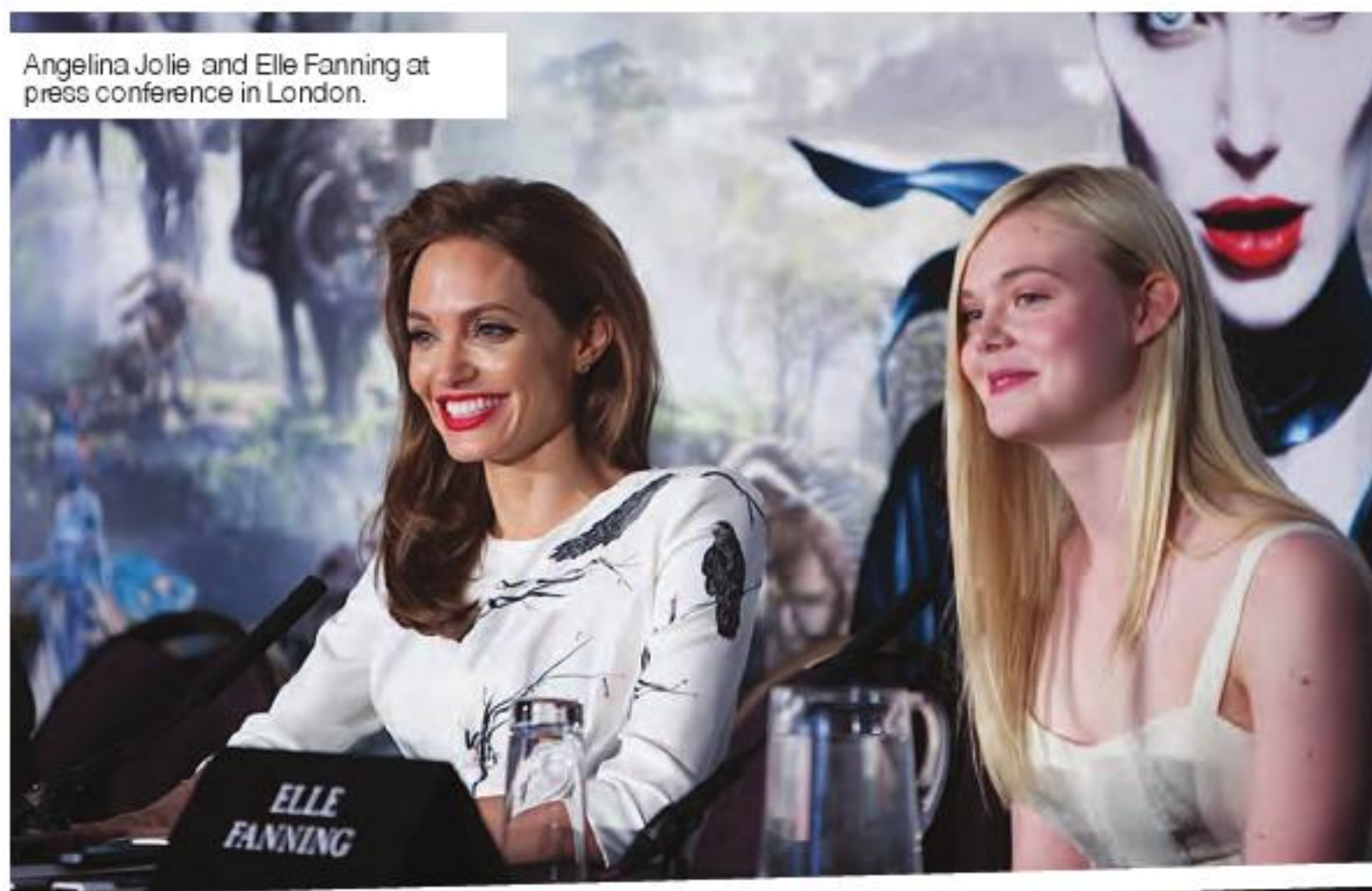
"I've long dreamed about playing a great Disney character like *Maleficent*," Jolie says. "She has fascinated me ever since I was a little girl. I was both drawn to her and terrified by her at the same time, and our challenge was to show what led her to

becoming evil and cruel and understand her anger. It's the first time that a Disney film has really been centred around a villain and I'm so happy to become part of the Disney world. I've always loved their films and mothers can trust Disney movies not to be offensive or inappropriate for children. They understand how to create this wonderful universe for children and families."

Additionally, Jolie recently finished directing her second feature film in Australia, *Unbroken*, a story of an American 1500-metre runner who competed at the 1936 Olympics where he met Adolf



Angelina Jolie at Maleficent Press Conference



Hitler only to become a POW during WWII while fighting the Japanese in the Pacific. Scheduled for release late this year, the film could well mark Jolie's transition to full-time directing, as she has expressed her desire to spend more time with her famous fiancé Brad Pitt and their six children. "I find it hard to uproot the children or spend several months away shooting a film," she explains.

Q: Angelina, do you think children will be scared of Maleficent?

JOLIE: She's the kind of character who is very compelling because she has this icy and charismatic demeanour. There's a mystery to her and Maleficent is someone who can be frightening but also seductive and alluring in different ways. She's a powerful woman.

Q: How did you approach the role? Did you work on your dark side?

JOLIE: (Laughs) It took me a while to find the right voice. I spent a lot of time at home working on her voice, trying out different variations of a British accent and also lowering my voice to make her seem more sinister. I would practice and see how my kids reacted and when they started to smile or pay very close attention then I knew I was on the right track.

Q: Your daughter Vivienne has a small part in the film, doesn't she?

JOLIE: Yes. She plays Princess Aurora as a young girl and she had so much fun being on the set. Vivienne (5) was the only child on the set who wasn't frightened of me and the outfit and horns I wear. I guess she knows that it's mommy and not some scary character! (Laughs)

Q: As your children grow older, how does this impact your decisions when it comes to your work?

JOLIE: It gets harder for me to spend any length of time away from them and that's why I enjoyed having Vivienne and Knox (her 5-year-old twins) on the set. It's not an ideal situation though when your other kids are in school and then you usually don't get back home for dinner. Brad is so good about taking over when I'm working so I don't worry that much but I would rather

be home for dinner and read my children stories at bedtime. That's one of the most beautiful times any mother can have. Brad and I are trying to balance our lives so that we can raise our children without too many distractions and without their parent's strange profession getting in the way of their leading normal lives.

Q: Do you feel that you and Brad have met all your expectations when it comes to creating the kind of family life you were looking for?

JOLIE: I don't know what our expectations were. We didn't have a clear idea about how we were going to manage as our family grew larger until we figured out a way to organise everyone and make sure that we would spend time with all the children. Some of the kids feel closer to Brad and bond with him in a special way and some have a closer relationship with me. But it's



Angelina Jolie and Brad Pitt at Maleficent Premiere in Los Angeles.

INSIDER'S TIP:

Angelina Jolie and Brad Pitt are planning an onscreen reunion on a smaller independent type film. Watch for the coming news. Jolie's director debut of "Unbroken" is scheduled for fall this year.

always changing and what's beautiful about kids; is how you just watch them grow and evolve as they learn more about themselves and the world. Brad has always been such a wonderful and loving father that it's made me feel so much happier as a mother where you know your partner will always be as devoted and loving as you are.

Q: How have you evolved into your role as a mother?

JOLIE: It's been one of the great surprises in my life. When I was younger I never imagined being a mother and then those maternal feelings really evolved and deepened once I began adopting and started living with Brad which made me want to have children of our own. My children give me a sense of peace and

fulfilment when I see how happy and healthy they are. I feel truly at ease when I know I've helped give them a safe and hopeful life. A big family can generate a lot of chaos, but it's also a source of inner peace. At the end of the day it's the best feeling in the world.

When you wake up and see they're healthy and happy, you know that that's the most important thing, so you have peace of mind. They also come with a lot of chaos, but we're all searching for it. It's part of the human journey. We all have moments of inner peace and we lose it and we look for it again.

But really it's in knowing the people you love are safe and healthy. That's the best.

Q: You've now directed your second film. What was it about the story of Louis Zamperini that drew you to it?

JOLIE: I'd been looking for a good and compelling story and when I came across his story I knew I had what I was looking for. I love and admire his incredible will-power and determination to survive. I'm very drawn to people who can stand up to difficult situations and not give up. The human spirit is an incredible thing.

Angelina and Brad both feel that they have achieved most of their goals as actors and Pitt, who recently won his first Oscar as producer of 12 Years a Slave, is particularly fond of developing projects like last year's zombie epic, World War Z. Jolie and Pitt divide their time between a home in L.A. and their sprawling mansion, Chateau Miraval, in the south of France.



FIFA TIME Patravi ScubaTec SFV Special Edition.

To mark the world's biggest soccer event, Lucerne watch manufacturer Carl F. Bucherer presented the Swiss national football team with a timepiece that reflects the fascination exerted by the beautiful game. In a striking combination of black and red, the limited sports model is equipped with a wealth of fascinating features.



LEATHER ORIGAMI

Inspired by Carolina Herrera's global travels, the new CH Japan collection features the exclusive Tokyo and Osaka handbag styles. Each bag is unique and is made from supple Nubuck and lambskin leather, handcrafted with the utmost attention to detail. The collection's linear design captures the essence and serene artfulness of the cities they symbolize.

Available at
Villaggio Mall

ABODE LOVES

Want it. Need it. Buy it.
Unique luxury gift ideas for Eid

NECK CANDY The Spanish

Fashion brand Cuplé offers style, comfort, elegance and sensuality for a modern and cosmopolitan woman who feels proud of her femininity. The next big style trend will be fashionable and sophisticated leather jewellery, and Cuplé does it right!

Available at Landmark Mall



LUXURY ILLUMINATED SCENT

Each candle is created from scratch using essential oils and aromatics from around the world. There is a world of difference between a La Bougie candle, and the mass produced aromas of the High Street. Check them out!



TABLE ART

Luxury French furniture brand Roche Bobois unveiled its 2014-2015 collection as part of the DDays festival in Paris. The contemporary studio's latest collection includes intriguing references to graphic design, art and product design. It features a special capsule collection created in collaboration with the artist Micka, as well as partnerships with designers including Christophe Delcourt and Cédric Ragot. This Iride table is a unique work of art. Roche Bobois showroom is located at Al Jasim Tower, Suhaim Bin Hamad Street



GARDEN BEAUTY
 Carolina Herrera's latest collection is featuring lovely flower prints. A romantic dress is all you need.

Available at Villaggio Mall



BUTTONED UP Bold, colourful, distinctive and provocative describe the Tateossian collection this season. Pursuing originality in design, Tateossian looks to the mechanical and classic collection of men's cufflinks and accessories for 2014.

Available at Paris Gallery



T-STRAP LUXURY by Giuseppe Zanotti

The real luxury of these sandals lies in the pleasure of slipping them on.

Available at The Pearl Porto Arabia, Parcel 5



Style News

The latest dish from the fashion world

21st Century Versace new ease, rock energy, effortless luxury.

Denim and leather jackets are the new blazer, while raffia skirts have liberating volume. Cutaway waistcoats give freedom and a looser contrast. The T-shirt is redefined as a luxury item, especially with Versace's floral prints and heavy metal T-shirt prints.

"I wanted everything to be effortless, with the attitude of the street. This is a real woman. A luxury woman. A Versace woman." Donatella Versace said.

Available at Al Majed Building - Suhaim Bin Hamad Street



Claire's Inc. to "Roar" With Katy Perry

Claire's Inc. recently launched the "Katy Perry" PRISM Collection, an assortment of jewelry and fashion accessories designed in collaboration with Perry. Exclusive to Claire's, this collection will showcase limited edition items, seasonal novelties and greatest hits.



Acne Studios 70% off at www.theoutnet.com

Stockholm-based brand Acne Studios mixes cool urban staples with directional runway collections. Designer Johnny Johansson has perfected downtown denim, leather biker jackets and minimalist feminine tailoring. Bag yourself a bargain!

Cruciani Introduces The New 'Black Block' Accessories Line

Following the success of the SS14 daily bags, made of precious materials like crocodile, ostrich, deer and saffiano leather, the celebrated Italian maison is now launching a new glamorous rock line: BLACK BLOCK. Simply stunning!



Swarovski Unveils Its Stunning Crystalline Bangle Watch

Swarovski timepieces stand out for their refined style and exquisite mix of jewelry spirit, strong fashion sense, and expert craftsmanship. The eye-catching Crystalline Bangle remains true to the original design, and features around 1,700 shimmering crystals. Available at Lagoona Mall



Swarovski receives its 3rd Red Dot Design Award

Five years after introducing its first watch collection at Baselworld, Swarovski just received its third red dot design award. The brand has been twice awarded for innovative, daring and finely crafted watches.



QUISQUIS by STEFANO CAVALLERI arrives in Doha.

The Luxury & Fashion Division of the Ali Bin Ali Group announced the grand opening of the first flagship store of QuisQuis at The Pearl, Qatar. QuisQuis by Stefano Cavalleri is a luxury Italian clothing brand designed for children. The flagship store offers a world class atmosphere and elegant ambience creating a delightful shopping experience. Inspired by fairy tales, QuisQuis designs will add a chic touch to your kids' wardrobes.

Armand Nicolet Swiss Watch, Exclusive in AL Jaber Watches



Al Jaber Watches proving day after day that they always seek to get the agencies exclusively. Modern intervention of the local market and offers the advantage of the new technology in the world of watches and jewelry. The director General of the brand came to the headquarters of AlJaber Watches to meet Mr. Mohammed Al Jaber (chairman of Al Jaber Watches)

The story of Armand Nicolet begins around 1875 in Tramelan, Switzerland, a little town in the Bernese Jura. At that time, the region of Tramelan was mostly agricultural. Armand Nicolet, son of a watchmaker, was passionate for his father's vocation and, after a brilliant apprenticeship, he set up his "Atelier d'Horlogerie". In 1902 he affirmed his technical maturity by producing a pocket watch with "guilloché" rose gold case, enamel dial, single button chronographic function, complete calendar, repeating hours, quarter hours and minutes.

During those years, Armand Nicolet also refined his technical skills by doing important studies on design that would influence his future work. His watches, masterpieces of pure beauty, quality and precision are still to be found in Nicolet SA's museum and continue to arouse interest among international collectors. When he died in 1939, his son Willy assumed the reins of the family enterprise and developed it to be one of the most important production facilities in the region. During the first half of the 20th century, Tramelan was specialised in the production of movements and complete watches and around 1950 it became the third pole of Swisswatch-making industry employing around 800 trained watch-makers in 105 factories. In those years, in the historic head office of Tramelan, the company Nicolet regulated and basically finished the whole production of Venus movements, whose components were assembled in different sophisticated calibres with excellent finishing: from the Complete Calendars to the Chronographs with "column wheel" including the Venus 175 with split second. In the 1950s Nicolet produced also the patented "Ajustor", an ingenious mechanism, that when applied to the movement, allowed its regulation without having to open the watch. By the end of the 1970s Nicolet was also hit by the crisis of Swiss horology industry and was forced to reorganise and to cooperate with prestigious brands for whom it produced sophisticated movements and mechanisms. In this way Nicolet preserved its knowhow and production skills.

ARMAND NICOLET
TRAMELAN



Armand Nicolet watches have the DNA of the prestigious most refined Swiss watch making but are reinterpreted by our Italian designers. Today the watches that were produced in the past are meticulously studied by our Maison in order to recuperate their splendid handmade craftsmanship also in the daily production. Great care is dedicated to the ergonomics of the watch that must be worn with maximum comfort.

GEOVANI
S W I T Z E R L A N D



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/AlJaber_Watches

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WATCHES
1958

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Celebrity Stalker

Uma Thurman inspires us with her classic uncomplicated fashion sense.



JUMPER We love the cut and style of this jumper. Its stripes, colours and cut out details make it stand out from the ordinary sweaters.

Jumper, Lacoste

Available at Villaggio Mall



BAG This gorgeous Tod's bag is a favourite among celebs, Uma Thurman included!
Available at Villaggio Mall



SUNGLASSES

Upgrade your classic sunnies for this outstanding printed pair by Valentino
Available at Villaggio Mall

TROUSERS White Palazzo trousers suit the summer season perfectly, so a must-have for any fashionista.
Trousers by Mulberry
Available at The Pearl Qatar



WATCH

Instantly recognisable for its unique sparkle, fashion sense and touch of glamour by Swarovski
Available at Villaggio Mall



HEELS

Palazzo trouser needs to be teamed up with heels and this white number by CHLOÉ are on top of our list this summer.
Available at
The Pearl Qatar


ZEADES
MONTE CARLO




Precious Leather

New Spring Summer Accessories Collection 2014

Available at:

MERCH  **ميرش**

The Mall: 44674312

www.merch.com.qa  www.facebook.com/merch.qa

1

NECKLACE

Embellish your neckline with this feminine piece by PINKO

Available at Villaggio Mall



Top 10

Invest in one or more of our top ten Designer pieces of the month.

2

WHITE SHIRT

Every woman's best friend: perfect for the office and for your free time too. KAREN MILLEN

Available at Villaggio Mall



4

CINCH THAT WAIST

Show off your figure with a colourful belt. The brighter, the better! KAREN MILLEN

Available at Villaggio Mall



5

GOLDFINGER

Adorne your fingers with loads of rings. We love this golden one in particular by SALVATORE FERRAGAMO.

Available at The Pearl Qatar

3

WHAT A BAG!

Make your friends green with envy with this VALENTINO's stunner

Available at Villaggio Mall





6

WALLET OR CLUTCH?

Have them both. These gorgeous pieces by PAUL SMITH are timeless and très chic.
Available at The Gate Mall



7

KILLER HEELS

Red skyscraper heels means seriously fashionable troubles ahead.
ALBERTO GUARDIANI
Available at The Gate Mall



8

PSYCHEDELIC PRINTS

Plain skinny jeans are old news, embrace this crazy new style instead. KAREN MILLEN
Available at Villaggio Mall



9

SIMPLY DAZZLING

The perfect sunnies for any real fashionista. SONIA RYKIEL
Available at The Pearl Qatar

10

TANGERINE LOVE

Add some colour to your outfit with this cozy and handy cardigan by KAREN MILLEN
Available at Villaggio Mall



OPULENT BEAUTY

QELA, Qatar's first international home-grown luxury brand, boasts the perfect festive season wardrobe.

Evening gown in Beige satin silk with silver thread bisht embroidered details

Helem earrings

Shiar ring

Jouthour bracelet





Open shoulder draped dress
in Coral Pink washed satin with
interior belt

Ghada T-strap sandals

Nadah necklace

Abady necklace & bracelet



Evening gown with all-over crystal and embroidered beading details on Black illusion tulle

Enaq ring

Amal earrings

Ivory silk organza kaftan with all-over beaded masharabiya and silver thread bisht embroidered details.

Draped neck sleeveless top in Ivory crepe silk.

Classic slim pants in Ivory shantung silk

Ghada T-strap Heels

Sadeen earrings





Open shoulder gown with
pleated over-wrap details in
Violet double crepe silk
Tabeeay ring

Crossover front evening gown
with hand embroidered golden
thread and crystal shafallah
flowers on Black tulle.
Silk twill structured corset
Classic slim pants in Ivory
shantung silk
Sayda T-strap heels
Lulu clutch



VISIT THE QELA BOUTIQUE, PARCEL 1, AT THE PEARL QATAR

Glamorous for EID!

BY DANIELA ANNUNZIATA, PERSONAL SHOPPER QATAR



DANIELA ANNUNZIATA
www.personalshopperqatar.com

What will you wear for Eid? Personal shopper Qatar has put together a lot of different, colourful, stunning and stylish outfits from three top luxury fashion brands: Matthew Williamson, Catherine Malandrino and Temperley London to tempt you into a shopping spree at The Gate Mall.

Grab your credit card, a shopping buddy and go!

1

Matthew Williamson



Colourful dresses
& accessories by
Matthew Williamson!



Temperley London
Collection

2

We can say a lot of things about Kate Middleton's style: she's elegant, put together and she looks fabulous in the beautiful Temperley London dresses. So don't be left behind, grab one of these to copy her style.



Kate Middleton

Catherine Malandrino
Collection

3

Jumpsuits are the ultimate trend at the moment and you can find great ones at Catherine Malandrino. Different colours and styles are available to suit your complexion and body shape. The fabrics are amazing and the prices are excellent. You may dress them up or down according to the occasion.



EID TIP:

Always carry a scarf, wrap or jacket at all times, day and night as it can get a bit chilly in restaurants and malls. More over the local customs encourage you to cover your shoulders and knees in public areas.

I love the sweet and romantic looks by Temperley London summer collection "Sicily"! I have my eyes in particular on the leopard print evening gown with pink roses.

Best
Accessory
Finds

Pick a few accessories or key pieces that are timeless but versatile



Temperley London

TIMELESS ELEGANCE

Abayas designs are becoming more and more fashionable, season after season. Forget shapeless black styles and dreary designs instead opt for the dramatic and cutting-edge creations by Dar Al Dazah.

PHOTOGRAPHY: HASSAN KHODOR FARHAT
CREATIVE DIRECTOR: ALI AL SAYER
MODEL: MAY FAKHRY
HAIR AND MAKEUP: DARIN AT GUERLAIN SPA DOHA
ABAYAS COLLECTION BY DAR AL DAZAH
LOCATION: SHARQ VILLAGE & SPA





This special Dar Al Dazah Ramadan & Eid range includes 30 pieces, all hand made locally.

Dar Al Dazah's designs
are inspired by
traditional Islamic Art







FOR MORE INFORMATION CALL 3325 2662 OR EMAIL DARALDAZAH@GMAIL.COM

fashion

Stand out from the crowd in blue and white separates



FASHIONISTA OLIVIA PALERMO

was spotted on her way to a birthday party wearing Banana Republic's new Marimekko Collection. We love the Hampton pants in the Kivet Print.



BANANA REPUBLIC

Marimekko's limited-edition summer collection



WALK THE LINE

EARN YOUR STRIPES IN THE FASHION STAKES WITH BANANA REPUBLIC'S RANGE. THIN AND THICK LINES ARE AS POPULAR AS EVER, ADD BOLD ENERGY TO YOUR CLOSET.

ALL PRODUCTS ARE AVAILABLE AT BANANA REPUBLIC STORES IN LANDMARK AND VILLAGGIO MALL.

Wear It Well

- 1 Mix and match solids, stripes and prints for a fresh look.
- 2 Keep accessories simple.
- 3 Pair solid white shirts with stripes or patterns, then add a colourful blazer.

FANILLA COUTURE

This Saudi born Designer transformed her obsession for T-shirts into a successful fashion label. Here she talks to ABODE about herself and her latest Ramadan collection.

Tell us more about Fanilla Couture?

Generally, my brand is supposed to be modern as well as classy. I try to portray all the Arabic pop culture and fashion iconography in my designs. I also love to include Arabic celebrities and history icons in a funny creative way. For the Prive collection, I wanted to shed light on the ancient sport of Falconry. I believe it is a great sport; that is why I was inspired to design my latest collections focusing on it.

Could you tell us a little more about the production process, where are the products made?

After my extensive experience now I have my own fabrics, materials and subcontracted team that I deal with for printing. I design my work then push it to my apparel manufactures. I would love to see my brand go international. It would really be delightful to see an American or a European wearing something that reflects the Arabic culture and heritage. We always wear things that reflect the western culture and we barely see the opposite. Seeing Fanilla Couture accomplished this will make me feel like I really helped revive our precious culture on an international level.

I hope that Fanilla Couture is the T-shirt brand across the Gulf that reflects the Arabic rich culture and fashion iconography in a trendy modern way.



Designer Not Pictured



FANILLA COUTURE

How many collections have you produced so far?

Two main collections but can have more than that depending on different occasions like the national day, the Ramadan collection, etc...

Why did you choose to start a T-shirt line?

It came by chance but who knows maybe I will explore soon designing other items.

What's the story behind the Falconry Inspiration?

Fanilla Couture Privè was inspired Falconry which is "the sport of hunting with falcons or other birds of prey; the keeping and training of such birds." Falconry is an integral part of desert life which has been practiced in the GCC for centuries. Originally, falcons were used for hunting, to supplement the Bedouin diet with some meat, such as hare or houbara. The Arabian Gulf region became

famous for its falconers and falconry traditions. The love and pride of a falconer and the way in which he feels about his falcon is the way I wish to be loved someday. That where is all came from.

As a young Qatari entrepreneur how do you cope with stereotypes?

I am a Saudi raised in Qatar. I don't ever get bogged down with stereotypes or negative feedback. I only focus on my work and designs because being a designer requires all the focus and attention.

Where can people buy your t-shirts?

I participate in many exhibitions throughout the year which I announce in advance through social media on my Facebook page and Instagram account but I also now sell my T-shirts in Hamad International airport. I dream that one day my brand would go international.

THIS SEASON YOU HAVE DESIGNED A RAMADAN COLLECTION. WHAT MAKES IT UNIQUE?

I am using a mix of funky colours, unique designs, Arabic words and Arab icons so it makes the whole T-shirt unique as well as different than what I designed before.

FOR MORE INFORMATION

VISIT
fanillacouture.tumblr.com
or call 5529 6575



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ABODE MEN'S AGENDA

THE ULTIMATE HACKETT EXPERIENCE

HACKETT LONDON brings its style heritage to DOHA. The quintessential British fashion brand, known for its luxurious men's and boy's clothes has opened its first boutique in Qatar. Its founder himself, Jeremy Hackett flew in especially for the event and to present its latest collection to the public. It was a celebration of bespoke tailoring, colourful and sporty polo shirts and luxurious accessories.



DISCOVER HACKETT LONDON
at Villaggio Mall, your one stop shop to
embrace pure British elegance.



A FRESH and MODERN TAKE on the ESSENTIAL BRITISH MEN'S STYLE

The Spring Summer 2014 Hackett London collection embodies perfectly the modern British eccentric. extravagant bow ties, straw panamas, bowl hats and colourful socks are the way forward!





HACKETT LONDON BOASTS A TOTAL OF 29 SHOPS
ACROSS THE UK, SPAIN AND FRANCE AND IS
REPRESENTED IN 15 EUROPEAN COUNTRIES, HONG
KONG, DUBAI AND NOW DOHA.

FOR MORE INFORMATION VISIT WWW.HACKETT.COM

LITTLE BRITONS COLLECTION

The Hackett's signature English-
eccentric style is impeccable
for the younger generation
too. Luxurious casualwear
and impeccable tailoring
are recreated in miniature
proportions from the mainline
with a fresh and youthful twist!



Mamas & Papas

Mamas & Papas launch their chic and adorable Summer Babywear and Kidswear collection that comes packed with pieces that can be mixed and matched to suit your individual taste and style. With Mamas & Papas you can now dress your little one in the perfect outfit of your choice.



For 2-6 year olds, Mamas & Papas **Kidswear** range has playful playsuits for girls and polo shirts for boys with unique story telling prints. Preppy styling is key to the boys range whereas conversational prints teamed with oversized polkas and ditsy florals are part of the girl's range.

The **Promenade** range presents a new take on a nautical story where breton stripes and gingham are key. Easy, baby-friendly silhouettes incorporate quirky story-telling and placement prints.



The **World** collection is perfect for cherishing those memorable moments and ideal for dressing up for special family occasions.

This season the **Limited Edition** range (0-4 years), sees the launch of Jardin collection for girls and Global Trader collection for boys. Soft and sophisticated shapes and details rule the Jardin range whereas mini menswear inspired shapes with statement sweaters, blazers and scarf print trousers form the Global Trader story.



The **Mix & Match** collection, that has ready to wear essentials for 0-6 year old, is designed with the idea of a lot of, also easy-to-wear garments.



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HIGHLAND CITY CENTER	4U THE CENTER	4U CITY CENTER	4U ROYAL PLAZA	51 EAST LAGOONA	51 EAST CITY CENTER	51 EAST AL MAHA
إزدان مول	المفتاح سنتر	باري جاليري، لاجونا	باري جاليري، رويال بلازا	باري جاليري، حياة بلازا	الصالون الأزرق	هيا لاند المول
PARIS GALLERY EZDAN MALL	AL MUFTAH CENTER	PARI GALLERY LAGOONA	PARI GALLERY ROYAL PLAZA	PARI GALLERY HYATT PLAZA	BLUE SALON	HIGHLAND THE MALL

BEAUTY AND WELLNESS

The latest beauty
and exercise tips
to keep you looking
your best

OMNIA INDIAN GARNET, the Jewel perfume by BVLGARI

Join a luxurious olfactory voyage in the heart of India thanks to this colourful fragrance. Omnia Indian Garnet, a feminine but energetic perfume, pays homage to this spiritual and historical country with head notes of mandarin-saffron and base notes of Indian woods-amber, a truly winning combination!



Beauty *News*

Fun trends to keep you gorgeous

The White Lotus: a unique flower.

Kenzo cultivates the white lotus in the Chinese province of Zhejiang, where in its climate, it can open up and flourish, beautiful and strong. Although outwardly gentle, it is bursting with benefits. BELLE DE JOUR White Lotus serum is part of Kenzoki's global skin care line. Its updated alchemy, particularly concentrated and is enriched with White Lotus, wraps the skin in a bubble and develops the formula's protective action. Preserved and better protected, the skin focuses on its cellular renewal for a radical effect on the beauty of the skin. Replenished, the skin recovers its optimal function. Your skin will be beautiful, day after night thanks to this magical range.



Tom Ford's Summer Beauty limited- edition makeup line for 2014

This special collection features the designer's seductive and glamorous ivory and gold packaging. The range boasts an eye and cheek compact with eyeshadow, a blush as well as a lip shimmer and skin illuminator made to complement every skin tone. We want them all!



Do you want to stay haute in the heat? Essie has got the perfect shade

Strong. Intense. Polished. Inspired by women with instinctive style, these six irresistible shades amplify summer's sultry mood with bright colour. Consolidate your power with gorgeous colours perfect for a cosmopolitan safari or a walk on the wild side. This varied palette gives women a bevy of fashionable options that go perfectly with an unstoppable attitude.

BEAUTYholic



Sunburn, dark spots, and uneven skin are just a few problems we encounter during summer, so how do you combat these pesky radicals? ABODE weeds out the answers for you thanks to Ofelia Carbungco, the Mall Beauty Showroom Manager and Skincare Specialist, who sheds light on these dilemmas.



COLLISTAR, A SPECIALIST IN SKIN TREATMENTS, LEAVES US IN AWE WITH THEIR LATEST TECHNOLOGY AS THEY OFFER THEIR NEWEST LINE: ESSENTIAL WHITE.



You might think that this is just 'another brand' who's just about promises. Except tests have shown that after eight weeks of usage the skin of 30 participating women had 66.6 percent skin improvements and their skin became luminous. Let's find out more.

According to Collistar specialist Ofelia Carbungco, this White Complex has three different active ingredients. It inactivates melanotropin, a molecule that produces melanin. It inhibits tyrosinase, a key enzyme in the formation of melanin. And it blocks the transfer of melanin from melanocytes to the surface skin cells. Invest in these products which will donate you a more youthful and blemish free skin:

GENTLE BRIGHTENING CLEANSING FOAM As a result of its unique formula, which comes out as a mousse, this ultra-delicate product cleanses deep down, removing makeup and impurities while also moisturising and purifying the skin. This gives a healthy glow.

WHITENING HYDRO-LOTION Ideal in the morning to revitalise your complexion, Whitening Hydro-Lotion is also perfect for use at night to prepare your skin for a good night's rest.

INTENSIVE ALL-SPOTS ERASER Ideal for treating spots

locally. It works quickly and effectively to gradually minimise blemishes and prevent them from reforming. The titanium dioxide guarantees a dual result, protecting the skin from UV-B rays and instantly covering and correcting skin discolouration.

BRIGHTENING TOTAL EYE TREATMENT Combats bags and dark circles through an active ingredient that stimulates the drainage of liquids. Prevents wrinkles and skin aging with vitamins B5 and E. Guarantees long lasting motorization with hyaluronic acid.

There's one more product that will solve your wrinkle woes: Perfecta Plus - Perfection Filler. A precious emergency aid which was inspired by the filling techniques of aesthetic medicine, it guarantees a dual result. Its special consistency with elasticity and great adhesive power means it's deposited inside wrinkles, filling them with an instant filler effect. Then the progressive regeneration reduces wrinkles and prevents their formation through the combined action of its 'Face Rebuilding Complex'.

Having perfect skin is a lifestyle, it doesn't just happen overnight. Take care of your skin, sleep at least eight hours a day, drink plenty of water to keep yourself hydrated, eat a balanced diet and do moderate exercise. You'll feel and look good whatever your age is!

LET'S GET PAMPERED!

BY MARLYNNE MALLARI DELA PENA

ABODE seeks out the best and latest treatments in town to make you feel and look fabulous



Guerlain, Alfardan Spa



Bliss Spa

ABEILLE ROYALE FACIAL

Who wouldn't love to be able to stop the clock and keep their plumped and glowing skin forever?

We found the perfect alternative to keep you radiant and wrinkle-free at Guerlain, Alfardan Spa. Thanks to their array of cutting-edge treatments and beauty know-how, you'll be able to achieve a clear and fresh complexion at the hands of experts. The Guerlain's therapists will offer you a customised unique experience in their calming and chic spa environment.

To rejuvenate your tired skin opt for the 90-minutes ABEILLE ROYALE facial treatment. This heavenly treatment focuses on damaged skin and uses exclusive skincare products with anti-aging properties. After an accurate cleansing and exfoliating process with natural rice powder, followed by a purifying mask, each line of your face will be treated with the signature Abeille Royale Youth serum. This effective and very relaxing routine will give you instantly firmer and smoother skin.

You'll walk away feeling like you have the clearest and softest skin ever, all thanks to the healing power of the bee pollen. We highly recommend it!

Cost: QR 1,000

For more information call GUERLAIN ALFARDAN SPA on 4499 9250
www.mydohahome.com



SAY "ADIEU" TO YOUR UNWANTED FAT

Time is ticking before your long awaited and well deserved holiday, so to ensure you are bikini ready to hit the beach confidently, we advise you try the most innovative weight loss programme ever: ZERONA. This non-invasive body contouring treatment, available at Bliss® Spa, utilises cold laser technology, which emulsifies the unwanted fat easily and above all is painless. You'll simply have to lie down, relax and let the lasers work their magic on you. Each session lasts around 40 minutes, with 20 minutes on each side of your body. Then the job is done.

A few Zerona sessions will guarantee you reduced inches around your waist, thighs and hips. You could lose up to five inches in less than two weeks, which is simply impressive! Book your consultation now and get packing for your holiday.

Cost:

6 sessions QR 5,500
9 sessions QR 6,500
14 sessions QR 10,500

For more information contact
BLISS SPA at The W Doha
Hotel & Residences on
4453 5555
www.whoteldoha.com





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**Sun Light Duo
Bronzing Powder
Face And Décolleté**

GUERLAIN TERRA TROPICA reproduces the flattering aura of light reflecting on the skin at sunrise and sunset. The scented bronzing powder gently warms up the complexion while the soft blush cleverly flushes the cheeks while leaving a trace of Tiare Flower fragrance on the skin.



Magnificent Skin

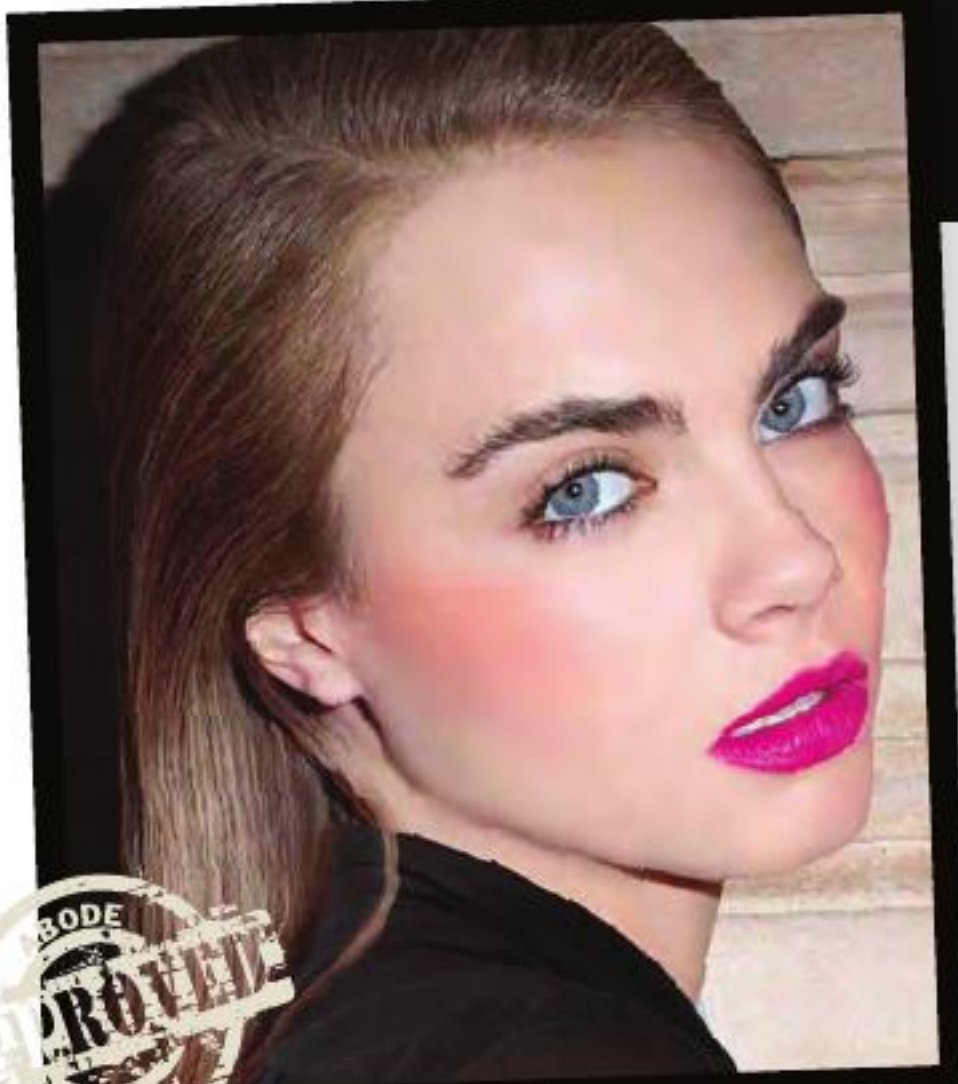
YSL ROUGE GFC. OR ROUGE CRÈME GFC

For the first time, YSL Skin science experts have combined the protection properties of Saffron pistil extract and crocin to fight against skin stressors such as the 11 signs of skin aging: roughness, firmness, dullness, elasticity, wrinkles and fine lines, skin tone uniformity, pore visibility, dark spots, redness, sagging, and smile lines!



**Intense Lashes
Lancôme Hypnôse**

For the 10th anniversary of its iconic mascara, Lancôme is launching a brand new version, "Hypnôse Extra Black," which contains iron oxide pigments for a more intense effect than ever. In addition, the brand is launching a collection of complementary products designed to draw attention to the eyes. Coat those lashes in style!



**Magical Colours
GUERLAIN METEORITES
AQUARELLA**

Météorites powder ads light and absolute radiance to the skin. The legendary blend of enhancing and illuminating colours reveal invisible light and bathes the skin in the purest glow. Sweep the pearls over the face with the Météorites Pinceau, designed to pick up just the right amount of powder. Apply the powder evenly to entire face to set make-up and improve hold.

BEAUTY BOX

COMPILED BY MARCK ANGELES AND MARLYNNE MALLARI - DELA PENA

ABODE sought the best cosmetics in town to keep you looking gorgeous and fab, anytime, anywhere!



**Mix and match your
lips and cheeks with
YSL**

Kiss your cheeks, blush your lips - Yves Saint Laurent introduces a double play of colour for lips and cheeks. A hybrid between a lip colour and a blush, this innovative air-whipped formula allows an instant application on both lips and cheeks. With a luminous matte finish, colour is easily to layer from a soft and natural look to a more intense sophisticated look.



**Allure of the Sun
GUERLAIN TERRACOTTA
LE PARFUM**

As a 30th anniversary tribute to Terracotta, and for the very first time, Guerlain's in-house perfumer Thierry Wasser interprets the legendary powder as a fragrance. The result is an irresistibly sensual composition, exotic and luminous, inspired by the radiant realm of Terracotta. Let's start to spritz all over!

SIGNORINA ELEGANZA

by Salvatore
Ferragamo

In tribute to it's sophistication, this fragrance has fresh head notes of grapefruit and pear. Mixed with almond powder and golden osmanthus petals to create a delicate yet intense touch of indulgent luxury.



FALL IN LOVE AT FIRST MIST!

Bath & Body Works launched its newest fragrance FRENCH LAVENDER & HONEY. A skin-loving formula which is scented with a romantic bouquet of French lavender, nectarine de Provence & sun-kissed honey. Available at their newest boutique at Villaggio Mall.



Summer in a Bottle



DAISY EAU SO FRESH DELIGHT.

by Marc Jacobs.

The new romantic fragrance starts with pink pepper and white tea, while the heart of the scent offers opulent aromas of blood orange, Tiare Tahiti flower, violet, raspberry, apricot and a soft trail of musk and amber.

Step into the summer with a brand new scent! Here are a few new must haves to try this season. These flirty fragrances are sure to linger in all the right ways...

BRIGHT CRYSTAL ABSOLU

by Versace

This is the intense version of one of the most beloved jewel-fragrances in the world. The heart of this fragrance is enriched accents of raspberry, peony along with refined notes of magnolia and lotus flowers.



ESCADA'S BORN IN PARADISE

This fragrance is a delicious cocktail of ingredients that excites the senses with refreshing notes of pineapple, watermelon, and guava over a heart of coconut that adds depth and a creamy, velvety sensation. It's your ultimate ticket to paradise.



212 SURF

by Carolina Herrera

A fresh, sensual and addictive fragrance. With an exotic touch and a woody contrast accompanied by notes of musk. Its aquatic accord makes it stand out, bringing an extremely original, young and sexy freshness. Available exclusively from Faces



TORY BURCH

The first fragrance from Tory Burch captures classic elements in unexpected ways: feminine and tomboy, easy and polished. Floral peony and tuberose blend with crisp citrus notes of grapefruit and neroli anchored by earthy vetiver—a bright and complex mix.



Going crazy 'trying' to find the right make up brushes? There are so many in the market no wonder you are confused. **The solution:** Let the international makeup artist, Nonie Lohakarn of Diego Dalla Palma, shed some light on this dilemma.

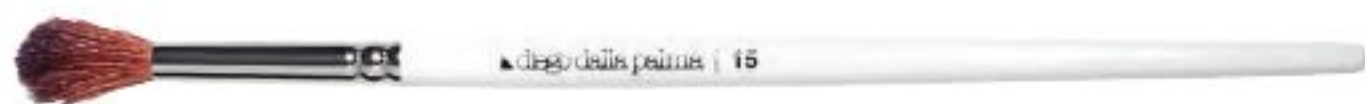
BRUSH Up Your Life!

COMPILED BY MARLYNNE MALLARI - DELA PENA

PROFILE PHOTO JESSIE PALANCA

PHOTOS COURTESY OF DIEGO DALLA PALMA

Nonie has been in the beauty industry for more than eight years. As she picks up her make up brushes, she exudes energy and enthusiasm because she loves playing with colour palettes and skin tones. She is inspired by the latest Diego Dalla Palma's 'Topolotta' brush collection wreaks with Innovation and style.



She is adamant in her belief that makeup brushes are absolutely essential to achieving beautiful makeup application. It is simply not possible to achieve the sensational eye make-up looks or cheek-bone structuring seen in glamorous ads without these master tools.

In fact, there are five brushes that Nonie believes everyone should own. She personally can't work or live without them.

1. **ANGLE BRUSH BLUSH**
2. **POWDER BRUSH**
3. **EYE SHADOWS BRUSH** - One for depositing the base colour, one for blending
4. **FOUNDATION BRUSH**
5. **EYE LINER BRUSH**

How are they different from each other?

ANGLE BLUSH BRUSH NO. 26: This is an angled blush brush that applies powder blush beautifully and makes contouring and highlighting effortless.

POWDER BRUSH NO. 28: This brush is designed to cover large areas of the face and neck so it's the biggest brush in your set. If you are a fan of powder I recommend getting one of these brushes instead of the typical powder sponge because it gives a more even distribution of the product.



EYE SHADOW BRUSH NO.16.: This one is great for depositing base colour

BLENDING BRUSH: This brush can be used for both applying and mixing colours on the eyelid. You normally use at least two colours on the eyelid. This brush is very helpful, as makeup looks natural and doesn't have a rigid lines if the colours are very well blended. This is a key aspect of quality makeup.

FOUNDATION BRUSH NO. 20: Using a foundation brush is one of the best ways to get a flawless, professional-looking finish. A brush allows you to apply a light, even coat that's always streak-free, and then blend it into the skin for a barely-there look.

EYE LINER BRUSH NO. 0: The eyeliner brush is designed for applying powder, creamy or gel eyeliner to the base of both upper and bottom eyelashes. In my opinion the lining of the eyes is the most important part of the eye makeup because many times you can get an amazing look just using eyeliner without complicated colour mixing or even blending eyeshadow



How often should we clean them?

Once a month, clean your makeup brushes with natural soap, as they are made from real natural hairs. This is the best way to keep your makeup brushes lasting.

Among the brushes you mentioned what is your favourite?

I must say the angle brush no. 26. It works wonders as contour and/or as a brush blush, and is something like a two-in-one when you travel. There's also the eye shadow brush number 16. It works amazingly when you need to deposit an eyeshadow. It spreads the pigment like no other brushes in the market! I am crazy about it.

How long have you been a makeup artist?

I have been working as a makeup artist since 2006.

What/who encouraged you in this field?

The love of colour! How colour can change and enhance a woman's beauty, and its influence on our natural existence.

Can you share with us what projects and which stars you have worked with?

I have been working with Kate Fleetwood, Tony Award British actresses, and even some Victoria Secret Models in the US. I'm also a regular on the New York Fashion Week scene, working as a makeup artist with a team. Recently I've been working as an international makeup artist for artist Diego Dalla Palma.

What is the basic advice you give women when putting on makeup?

Look for nourishing makeup products that have a long-wear quality. When applying makeup, it is a good idea to keep your makeup clean and flawless, while also accentuating your eyes or your lips.

What's next on your list?

I am looking forward to returning to Qatar, where I will hopefully keep supporting and creating beautiful makeup looks.



BEAUTY Q&A

GET THE LOOK OF YOUR FAVOURITE STARS!

WORDS AND IMAGES BY MAKE UP FOR EVER

Are you envious of Taylor Swift's perfect peepers, the result of those expensive makeup artists? Okay we know we are not Hollywood stars but Make Up For Ever shows us how to nail those envious looks without breaking the bank!



Q. How can I achieve smoky eyes without looking like a panda?

A. Recommended products:

- Aqua Cream #27 in Black.
- Aqua Cream #13 in Warm Beige.

Brushes:

- Flat Brush #226
- Precision Blender brush #236
- Angled Eyeliner Brush #262

Steps:

1. Using brush #226, apply Aqua Cream #13 in Beige on the inner corner of the eyelid and the brow bone area to create a highlighting effect.
2. Using brush #226, apply Aqua Cream #27 in Black on the moveable eyelid, leaving the inner corner highlighted.
3. Using brush #236, blend and soften the edges of your black shadow in a circular motion.
4. Using brush #262 apply Aqua Cream #27 on the lower lash line. Start drawing the line from the outer corner of the lower lash line and extend it towards the inner corner of the eye.
5. Apply the black Smoky Lash Mascara to complete the look.



Q. I love Taylor Swift's blue eye makeup, how can I do this?

A. Recommended products:

- Aqua Cream #4 in Snow Uplight
- Aqua Cream #16 in Pink Beige
- Aqua Cream #25 in Pastel Blue

Brushes:

- Flat Brush #226,
- Medium Blending Brush #218,
- Smudging brush #206

Steps:

1. Using brush #226, apply Aqua Cream #4 in Pearly White on the brow bone area and the inner corner of the eye (highlighting).
2. Using brush #218, apply Aqua Cream #16 in Pink Beige on the crease area in a circular motion.
3. Using Brush #206, apply Aqua Cream #25 in Sky Blue on the moveable eyelid and on the whole lash line. Use brush #218 again to blend, in a circular motion, the blue colour.
4. Apply Smoky Extravagant Mascara on the upper and lower lashes to complete the look.



Q. Charlize Theron's classic brown eye makeup is stunning. Is it easy to do?

A. Recommended products:

- Aqua Shadow #E32 in Pearly White
- Aqua Shadow #E28 in Beige
- Aqua Shadow #E2 in Brown
- Aqua Liner (Liquid Eyeliner).

Brushes:

- Blending Brush #236

Steps:

1. Apply Aqua Shadow # E32 in Pearly White on the brow bone area and the whole lower lash line. Use brush #236 to soften the colour.
2. Apply Aqua Shadow #E28 in Beige on the moveable eyelid. Use brush #236 to soften the edges.
3. Apply Aqua Shadow #E2 in Brown on the outer corner of the upper eyelid. Blend the colour using brush #236 in a circular motion.
4. Apply a thin line of Aqua liner on the upper lash line pulling the line outwards the temples.
5. Apply Smoky Lash Black Mascara to complete the look.



Q. How to make your brows thick but still look natural

A. Recommended products:

- Aqua Brow Gel

Brushes:

- Angeled Eyebrow Brush #270

Steps:

1. Apply a small amount of Aqua Brow using brush #270. Fill in the product between the brow following the hair direction.
2. For a more natural result, apply a thin layer of Super Matte Loose Powder on top of the brow using a powder puff.



**IF YOU HAVE A
BEAUTY WOE,
LET US KNOW!**
Send your queries to
questions@abodeqatar.com

All products available at
Make Up For Ever outlets.

BEAUTIFY ME!

COMPILED BY MARLYNNE MALLARI - DELA PENA

PHOTOGRAPHY JESSIE PALANCA

STYLING: FRANCESCA MOSER

HAIR AND MAKEUP: BLUE BRUSH HAIR STUDIO AT HILTON DOHA

CLOTHES PROVIDED BY NEW YORKER AT EZDAN MALL

This month two lucky ladies were selected to be restyled by one of the top beauty salons in town, Blue Brush Studio.

David and his experienced team worked their magic and transformed their look in no time!

SRIMANI

Srimani is a busy mum of two. She has also a full time job, which leaves her with not much time for herself. She absolutely couldn't wait to be in the experts hand of the Blue Brush team to achieve a brand new look.

Tips from David, the Hairstylist:

- 1 We trimmed the split ends and we shaped her bang.
- 2 Balance is the key: you can really design and shape your face playing with the right locks around your face.

Tips from Souad, the colourist:

- 1 With her glowing golden complexion we decided to go back to a darker shade.
- 2 A darker shade will make her eyes pop up and brighten her face.
- 3 Always remember, if you really want to go dark, avoid pure black colour, it's better to go for a very dark brown. You will get the same intensity but with a natural look.

Tips from Maeva, the Makeup Artist:

- 1 We decided to go for a light natural makeup. To get a fresh flawless skin, apply a non-oily moisturizer before your foundation, for a natural finished look use a liquid formula.
- 2 Always choose a very slightly darker shade with a golden touch, it will make you look naturally glowing.
- 3 Use a natural nude palette for the eyes to get a bright fresh look and replace your black pencil and mascara with dark brown ones. It will soften your look.

"I knew I could trust these guys.. I still can't believe this is me! Thank you all, I'll remember this day forever."



BEFORE

AFTER



All clothes by New Yorker at Ezdan Mall

TINA

Tina is a young professional who moved to Doha a while ago from her beloved South Africa. She likes to experiment different styles to match her bubbly personality.

Tips from David, the Hairstylist:

- 1 Tina has a strong personality, she wanted a stylish cut, so we decided to go for the big summer trend : a stylish angled bob.
- 2 She also wanted to keep her length but was dreaming of more volume and thickness to her thin hair. To get more volume I used the dry cut technique to really sculpt her hair mass and design layers.
- 3 We also decided to go for an asymmetrical layered bang, very stylish and easy to style.

Tips from Souad, the colourist:

- 1 With her light milky complexion we decided to go for a crazy deep red.
- 2 A pop red is a very easy shade. It will suit light skins giving a touch of light but also darker complexions making the eyes pop.
- 3 The problem with extreme colours, often is the roots regrowth. We decided to leave the natural roots colour and apply the red as a very high ombre. It is gonna be much easier to re-grow and the darker natural roots give deepness to the look.

Tips from Maeva, the Makeup Artist:

- 1 A touch of colour, especially in summer time, is always a good option but remember to keep lips and skin simple.
- 2 I applied a liquid foundation to perfect Tina's skin and an apricot blush to give to her milky complexion the taste of summer.
- 3 I applied a mix of green and light blue shades to get an aquamarine sea colour.
- 4 If you opt for colour on your eyes, go neutral on lips with a nude tone. Better to go for a pinky shade when your skin is really light and a very light caramel nude for darker skins.



BEFORE



AFTER

All clothes by New Yorker at Ezdan Mall



"I love this bright pink hair colour, is so me! Thanks to New Yorker too for making me feel so glamorous."

IF YOU WISH TO GET A MAKE OVER,
get in touch at
win@abodeqatar.com

REFRESH YOUR WARDROBE AND STYLE TOO WITH A VISIT TO BLUE BRUSH STUDIO AT HILTON DOHA AND CHECK OUT NEW YORKER'S NEW COLLECTION AT EZDAN MALL.



And we thought that having a perfect body is all that matters! Tajana Trtani, B/Attitude Doha's Spa Manager and wellness coach, notes that having a perfect body is not always healthy, unless it is combined in perfect balance with physical and mind soundness.

Holistic Approach

FEATURE COORDINATED BY MARLYNNE MALLARI - DELA PENA
PHOTOGRAPHY JESSIE PALANCA

ABODE speaks with Trtanj to see who's the lady behind the success of B/Attitude Doha. Here she shares with us a little bit of her world. We ask about what her thoughts are with all the fad diets, and does she do what she preach? We want to hear and see how she operates in this demanding industry.

There are a lot of wellness services around, how is your approach different?

A: B/ATTITUDE certainly differs from other wellness companies in Doha, not only because it is the biggest one and the only stand-alone wellness centre in Doha, but also through a combination of the luxury level of service, amazing and unique interior design devised by Buddha Bar Creators, and a home-like atmosphere created with our friendly approach. We listen to our customers' needs and suggestions

and we aim to provide them with all the high-end treatments and products that can add an incremental change and improve their daily lifestyle. People often comment that they feel like home when they enter B/ATTITUDE: everyone knows their name, what they like and what they would like. Besides that, as a stand-alone wellness in Doha, we are devoted to providing quality and to following the trends in the health and beauty industry. Our clients recognise this.

Many people believe that to lose weight, one must exercise and diet, do you agree?

A: There are many theses circulating in the wellness industry about weight loss and in my opinion and experience natural holistic approach is the best. Of course, there are some quick fix solutions for people that are impatient about results. I don't support such extreme or

invasive measures, especially if a client is not committed to making long-term lifestyle changes to keep the weight off.

What are your thoughts about the 'raw diet' and detoxing - would you recommend these to your clients?

A: I am a supporter of detoxing but only if it is done in professional way: people need to educate themselves about it and seek advice of a professional prior to starting, otherwise they can feel signs of dehydration, fatigue, dizziness, nausea and even colon damage. The raw diet has existed for a while now, but what people don't understand that it is lifestyle rather than a fad diet before summer season starts. Personally, I am not a fan of any diet. I do not like the idea of dieting, but I would absolutely recommend increasing the intakes of raw food to the clients as a much needed source of vitamins and minerals.



Who/what made you pursue this career?

A: I love my job: sports, nutrition, health and beauty were always part of my life ever since I was a little girl. On top of that I have had two amazing teachers in my life that determined my career - one of them was my very strict ballet teacher who taught me at early age the meaning of discipline (no pain no gain). The other was my previous boss, who recognised my skills, allowed me to be creative and supported my professional growth.

In your experience in beauty and health what is the most essential information that you want to impart to every woman?

A: I would wish them to learn about the importance of discipline and balance in their lifestyle, whether we talk about food, makeup, exercise or any other lifestyle category. Having spent more than 15 years in this industry and having helped many women in various parts of the world where I worked, I can honestly say that discipline and balance can help you get through challenges in any field.

Can you share with us the details of your signature treatment 'Silhouette', what is it all about and why is it so successful?

A: The hardest part about any slimming or workout programme is to start it and then to see your body contour or change quickly. As a professional dancer, I have created a class that combines many dancing techniques that can help every woman achieve a sleek, more feminine physique and my clients loved it, so I wanted to build on its success. We created a Quick Fix (one day) programme, Firming (two weeks) programme and Total Body Make-Over (four weeks) programme. All include nutrition advising, a fitness regime, LPG Body treatments, beauty treatments for body, face, hair and nails, and a S-dress that will complement the new and improved body silhouette. The Silhouette is designed for women who want to look and feel amazing for an occasion or who need guidance in improving their lifestyle.

Are you implementing any new services/treatments in the near future?

A: We tend to surprise our clients every month with new treatments or products. We recently introduced the exclusive brand for hair Leonor Greyl, a unique Mizu-tsu massage or 'Water Massage', Buddha Bar Club Massage, salt massage and many others in our new menu. We also have LPG services for Body and Face, oxygen facial treatments with Intraceuticals and

in future we plan to join forces with one of the best doctors in GCC countries and specialise in beauty clinic services. Then our clients will literally have every possible treatment available under one roof.

On the lighter side of things who's your favourite designer, book and place to visit?

A: I cannot single out a specific designer as I dress for an occasion. However, I love Dolce and Gabbana, Alexander McQueen, Ralph Lauren, and in shoe department I love Giuseppe Zanotti and Isabel Marant. I do not have much time to read easy literature I keep myself updated by reading work-related articles and reports, which is why I am thinking of travelling soon to Maldives to enjoy some peaceful and quiet time without a mobile phone.

How do you keep fit?

A: I live a very healthy lifestyle – I do not drink coffee nor smoke, my husband and I are supporters of nutrition based on organic food, and most importantly, I always make time to exercise regularly. This includes in the gym, by doing Silhouette classes, by running, rollerblading, taking long walks or kiting, which is my latest adventure. I try to have a good night sleep and I wake up early so I manage to do exercise before 9am. There is no excuse for not exercising - everybody can do it, all you need is discipline and balance.

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INTERIOR DESIGN | WALL FINISHES | WINDOW TREATMENTS | FURNITURES | FLOORS | ACCESSORIES

HOME DÉCOR

Decorating ideas-shopping-interior designers' tips



BEDOUIN CHIC

The Ramadan month is the perfect time to update your home decor with some true local touches. Thanks to rugs, Arabic inspired stools, wooden accessories and rustic accessories your abode will be turned into a perfect bedouin retreat.

Home *News*

Home trends and interior decor news in and out of Doha



Zara Home

The summer 2014 collection includes the exoticism of the Amazon jungle, handicrafts from Bali, traditional culture of the eastern Mediterranean and other important artistic trends are sources of inspiration. These beautiful flowered pillows are part of the collection and ones that can be used to create a sense of freshness and summer in your home.

Panasonic launches the Middle East's Largest Air-Volume Humidifying Air Purifier

Invest in a nanoe powered, high-end premium model air purifier especially tailor-made to suit the requirements of the Middle Eastern consumers. A worldwide increase in the number of asthma sufferers is particularly acute in the Gulf States, researchers have found. The increasing prevalence of asthma across the Middle East, due to the fast changing environmental conditions is also a cause of major concern. In line with these alarming reports, Panasonic is determined to help combat the rapid increase and prevalence of respiratory diseases and has launched the Middle East's largest air-volume humidifying air purifier the F-VXK90M.



Roche Bobois Presents Lady B

'Lady B', a winged woolen armchair created by Central Saint Martins student Cécile Maïa Pujol, is part of the Roche Bobois 2014-2015 collection. The unusually beautiful chair is the winner of the Roche Bobois Design Award earlier this year.

Check it out at your nearest Roche Bobois store!
For more information visit www.roche-bobois.com



Kitchen Art at Kitchenhaus

Alshaya Trading Company's Kitchenhaus showroom in Qatar serves as the ultimate destination to Qatar's discerning homemakers as it houses the world's most renowned European kitchen brand, Nobilia. Known for the latest in high-tech German built quality and aesthetic kitchen creations, the Kitchenhaus showroom is an exclusive provider to the European kitchen manufacturer who have known to become the ideal brand for any home-maker looking for German made, world class kitchen packages. The high degree of automation guarantees every piece being unique, custom designed and manufactured with the utmost precision ensuring that the standards of quality remain constant that offer exceptional value for money and suit a wide variety of lifestyles and tastes.

Visit their showroom

ZOOM
EVENTS & PRODUCTION

Enjoy a classical Ramadan atmosphere in Mövenpick Tower & Suites Doha's Ramadan Tent in West Bay throughout the Holy Month. Come and enjoy your Ramadan evenings in a family fun atmosphere with our special Sohour menu. Special prices for groups and a special offer for the first ten days of the month.

Passionately Swiss.™


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Ramadan Tent and Mövenpick Tower & Suites West Bay.

رَمَضَانُ
كَرِيمٌ



Decorative storage box, House of Fraser



Vase, IKEA



Plate, THE ONE



Lantern, Home Centre



Candle holder, Next

ESSENTIAL ETHNIC

Welcome the Holy Month of Ramadan with fusion decor, mirroring the charming Arabic culture.



Candle holders, Debenhams



Bowl, Home Centre



Chair, M&S



Lamp, Next



Vases, Home Centre

OUT OF THE BLUE

Azure and shades of blue are spot on for summer, whether you live by the sea or not.



Vase, Home Centre



Baskets, Zara Home



MSS



Candle holder, Home Centre

Rug, IKEA



Candles, IKEA



Decorative piece, Home Centre

Bowl, IKEA



Bowl, IKEA



Chair, IKEA



Lantern, Debenhams



Plate, MSS

DIVE INTO COLOUR

HOW TO AMP UP YOUR SUMMER HOME DÉCOR

BY SUZY CACIC CANADIAN INTERIOR DESIGNER AND WRITER, BETTERDECORATINGBIBLE.COM

PHOTOS SCOTT SANDERS, LAURA COLLINS, MARILEE BENTZ, COLLEEN CARNEY



SUZY CACIC

This summer throw those monotonous hues out the window and perk up your space with fresh, energetic splashes of vibrant colours and patterns. From exotic pink, to tangy orange and sky blue, this season is filled with endless choices to help you create your own exotic getaway right at home. Follow our expert tips on how to achieve a fresh wave of summer glam into your home.



1

START COLOUR BLOCKING

Colour blocking isn't just for the runways anymore as designers have now transitioned this trend into home décor. The whole concept of colour blocking is to use contrasting blocks of colour throughout your space. Stick to just two or three bold colours in the same family that work best together. Splash them around your room like this designer did with a crisp blue rug, chartreuse textured walls, and a big bowl of vibrant oranges.



2

STYLE YOUR COFFEE TABLE

Don't neglect your coffee table when it comes to decorating. A table should never be kept empty! Designers shudder when homeowners miss the perfect opportunity to add some style to their room. Place a few stacks of stylish fashion books in eye-popping colours as well as a nice floral arrangement to freshen things up. You can also add small knickknacks like colourful bowls and trinket boxes. If you are faced with a huge coffee table, layer on a tray to break up the surface so it doesn't feel so massive.



3

CREATE A MOOD BOARD

If you are out of ideas for wall décor, consider making your own mood board with tiny hints of your favourite colours and patterns. Pin samples of fabric, colour palettes, and inspirational summer spaces to set the mood for your space.



4 MAKE YOUR OWN MINI RESORT

Pay some extra attention to your outdoor patio and create a space where you can relax and enjoy the beautiful summer weather. Create a seating arrangement filled with cushions in juicy hues like green, pink, and orange. White wrought iron patio furniture is always a classic and creates a romantic ambience. Arrange planters filled with pretty flowers and exotic plants to make your oasis thrive with summer colour.

5 USE TOWELS FOR COLOUR

To make an impact around your pool patio, roll up towels in punchy hues and place them on your pool lounge chairs. You can also update your existing cushions by sewing on contrasting buttons for a tiny hint of colour. You could even add some fab trim to freshen them up for the new season.



6 BRING IN BLOOMS

Shop around for bright floral fabrics that seem to jump out at you and use them as small accents throughout your home. An upholstered headboard in your favourite floral fabric, or even a tiny exotic pillow is total eye candy that feels fresh and exciting. You'll also notice how these tiny bits of colour are total mood-boosters and make you feel completely energised.

DIY MALACHITE ROCK TRINKET BOXES

Use these eye catching trinket boxes to store jewellery, knickknacks, or simply make a stylish statement in your home!

What you need: Paint brush, unfinished wood boxes, spray paint primer, and deep green acrylic paint.

- Spray paint your unfinished boxes with white primer and let them dry completely.
- Using your paintbrush and acrylic green paint, paint your boxes on all sides.
- While the paint is still wet, take a small piece of chipped, jagged cardboard and make circular designs all over your box to mimic the look of malachite rock. Voila!



Ramadan Kareem

Experience the serenity of the holy month of Ramadan
at the Sealine Beach Resort.

Starting from QAR 520/- per night during weekdays and
QAR 665/-per night during weekends, delight on the Arabic
tradition outside the city with the peaceful ambiance of the resort
from 1st day of Ramadan until the 23rd of July 2014.

Iftar and Souhour set menu are available served with exquisite Arabian taste.

Offer includes:

25% discount on Food and Beverage, 25% discount on Energy Haven Spa services,
25% discount on Laundry and 10%discount on Water Sports activities

For more information about our complete individual and corporate
offerings during this holy month, please call 4476 5252 or
email us at doh.sea.sales@merweb.com.

Sealine Beach Resort
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merweb.com



منتجع شاطئ سيلين
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QATAR

FOOD & ENTERTAINMENT

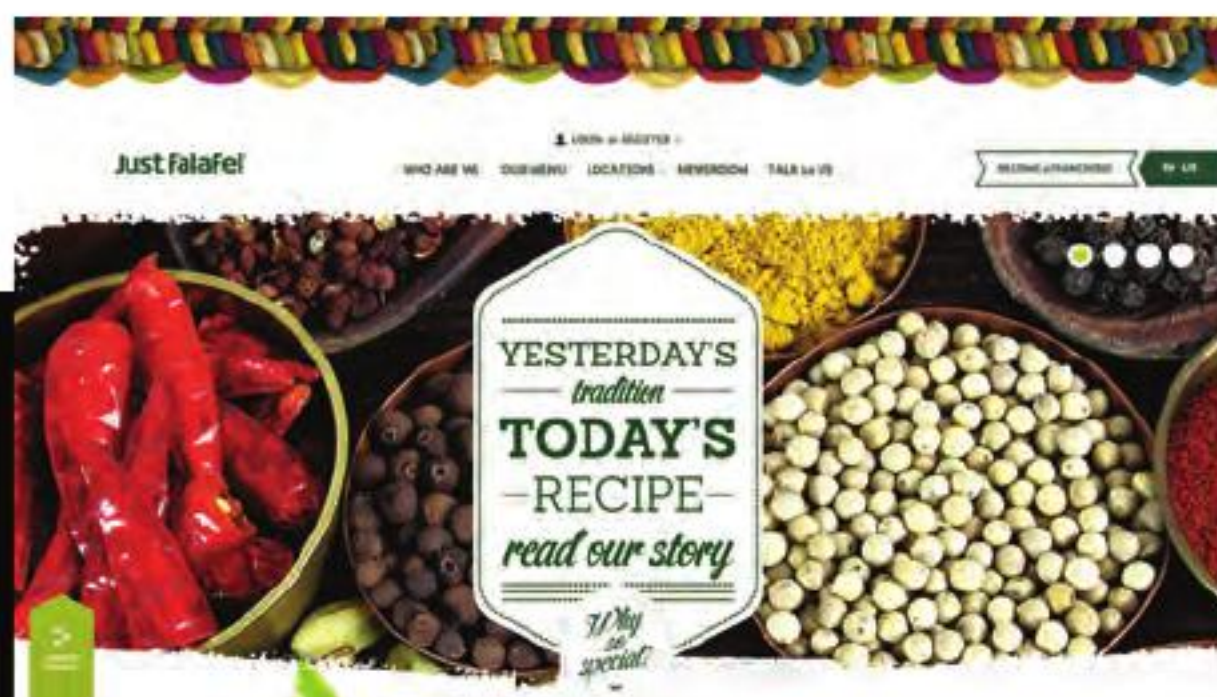
Recipes, healthy tips and new restaurant openings

Experience the true spirit of Ramadan at RENAISSANCE DOHA

Every year Renaissance Doha is pleased to welcome you, your family and friends for their outstanding Iftar and Sohour celebrations. Be entertained in true Arabic style with a live Arabic band and take part in interactive cooking stations. For more information and bookings call 4419 6100.

Food *News*

The latest updates on the culinary scene!



Just Falafel Family is growing

Just Falafel has come a long way from a single store in Abu Dhabi in 2007 to become the number 1 falafel franchise chain in the world. The unique offering of healthy, vegetarian cuisine at affordable prices has captured the imagination of operators and led to a very strong pipeline of new restaurants that will roll out with increasing momentum. The company has grown to nearly 700 employees and is looking to double at least its workforce in the next 12 months by launching a global recruitment campaign. Their current campaign "Would you like to work with me?" has attracted well over 200,000 views in a couple of days on www.justfalafel.com and resulted in close to 100 people applying every day for jobs.

Renaissance Says Thank You

Renaissance Doha City Center Hotel thanked its customers with an evening of fun and good conversations over food and music. To kick off the football fever, the hotel created a 400 sqm football field in the main ball room with numerous activities around the leather ball. Andreas Wissdorf, General Manager of the Renaissance, said "Our business relies on the loyalty of our customers. The team wanted to say thank you to our supporters in a fun, new and innovative way. What better way to do this than to celebrate the start of the world's biggest sporting event, the 2014 World Cup."



Rivea London by Alain Ducasse opens at Bulgari Hotel

If you are jetting off to the British Capital this summer make sure you pay a visit to the latest Alain Ducasse's restaurant: **Rivea London**, headed by Chef Damien Leroux. Inspired by the vibrant food markets in Italy and Provence, this glamorous eatery offers French and Italian cuisine in a chic, convivial and relaxed setting. The menu of small plates incorporates the classic flavours and vivid colours of the Riviera, with a focus on simple flavours and the best ingredients mainly sourced within the British Isles. "Damien's passion for vegetables shines through in the dishes, where he focuses on the diversity of their flavours and textures," Alain Ducasse commented.



Pierre Hermé Paris Brings "Les Jardins" collection to Doha

The "Les Jardins" collection, just in time for the Holy month of Ramadan is characterised by a delightful array of oriental flavors and natural elements. This annual collection of 12 limited edition macarons inspired by the sensory delights of a garden and marked by a mixture of flowers, fruits, spices and herbs will feature two new flavors. You can purchase macarons from this collection in its Lagoon Mall boutique from 26th of June to the 26th of August.



H.E. Angelika Renate Storz-Chakarji, German Ambassador, Ahmed Hassan Bilal, Chairman AHB, Nese Yavuz, MD, GBC



An Associate of
Ahmed Hassan Bilal Group

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GERMAN BAKERY OPENING

Big news from the team behind The German Bakery Company and Ahmed Hassan Bilal group; come Fall 2014 they'll be opening their first bakery in the Middle East in the heart of The Pearl Qatar's Medina Centrale promenade. Qatar residents can line up for the buttery and most authentic German bread in the country. Freshly baked within the store, the bakery will offer a selection of high-quality grain German breads, rolls, pretzels, baguettes, pastries and their famous 'Berliner' German doughnut; a sinfully delicious concoction filled with jam and topped with white powdered sugar. The new space will be designed by Forum Design a local interior design company and AHB Group Enterprise, and will offer clients a daytime dine in option, but will also include room for baked good purchases and corporate client catering.

AHB Group, under the leadership of Chairman Mr. Ahmed Hassan Bilal, will oversee the development of the storage and baking facilities for all GBC-distributed goods. The German Bakery Company's managers, Nese Yavuz and Jose Manuel Lobo Beistegui, under collaboration with AHB Group, will be distributing German bread to the local market from traditional Bavarian bakeries in Germany allowing commercial clients the ability to purchase freezer-stored, par-baked and frozen German breads and pastries for use in food and beverage retail outlets across Doha, without the need of importing the goods themselves at an additional cost. For now, it's looking like the last quarter of this year for the opening date for the new spot, so stay tuned for more details and updates as plans move along.



(In the centre) Mr. Nasser Bilal and Mr. Hassan Bilal with family and friends

CHEF MAHMOUD AWAD VS. POMEGRANATE

FEATURE COORDINATED BY MARLYNNE MALLARI - DELA PENA

PHOTOGRAPHY JESSIE PALANCA

This month is all about pomegranate! This refreshing fruit lends itself perfectly to loads of tasty recipes as shown below by Doha Marriott's Chef Awad. Let's get cooking!



About Pomegranate

- Pomegranate was used as a tonic to heal ailments like ulcers and diarrhea. The juice of pomegranate contains antioxidants like anthocyanin and ellagic acid, compounds like Gallic acids, and flavonoids like quercetin which offer protection from diabetes, heart diseases, osteoarthritis and several kinds of cancer.



Stuffed fried kebbbeh with eggplant and pomegranate with parmesan cheese basket and vegetable roll.

Ingredients:

- Eggplant .5 kg • Beef meat .5 kg • Pomegranate seed 1 cup • Parmesan cheese 1 cup • White Burghul ½ cup • Onion 1/4 cup • Cinnamon powder 1 tsp • Coriander 2 tsp • Bell pepper ½ cup • Olive oil 50 ml • Lemon juice 50 ml • Mustard 25 ml • Salt pepper to taste

Procedure:

- Minced the beef and mix with burghul, onion, cinnamon powder and salt pepper to taste then keep in the fridge for one hour to incorporate the flavor
- Sauté the eggplant with pomegranate, coriander
- Grated the parmesan cheese and mix with pomegranate seed then put in oven for 8 minutes
- Grilled the bell pepper, remove the skin then add cream cheese and roll. Keep in fridge for 3 hours
- Fried the kebbbeh and put the mixture eggplant inside the kebbbeh.



Roasted Hammour with pomegranate, mozzarella cheese and sweet spinach

Ingredients:

- Hammour .1kg
- Mozzarella cheese 1 cup
- Spinach 1 cup
- Garlic 2 tsp
- Lemon juice 50 ml
- Honey 50 ml
- Pomegranate seed 1 cup
- Parsley 3 tsp
- Thyme 1tsp
- Salt/pepper to taste

Procedure:

- Marinate the hammour with lemon juice, salt and pepper and thyme, set aside for 1 hour for marination
- Then grilled for 10 mins then baked in the oven to complete with mozzarella cheese and pomegranate
- Sauté spinach with garlic and olive oil with lemon juice



Pomegranate Mousse Cake

Ingredients:

- Icing sugar 2 cup
- Egg yolk 10 pieces
- Cream 4 cup
- Pure pomegranate 1 cup
- Gelatin 4 tsp
- Butter 1 cup
- Flour 1/2 cup
- Sugar 3/4

Procedure:

- Preheat your oven to 350 degrees F. Butter and flour two 9 inch cake pans.
- In a bowl sift together the flour, baking powder and salt and whisk to combine.
- Cream your butte and 3/4 cup of sugar with the paddle attachment of your mixer then after butter has softened replace the paddle with the whip attachment, and continue mixing for about 5 minutes.
- Whisk in the egg yolks one at a time until the mixture is smooth. Add the milk and vanilla, then the flour mixture, 1/2 cup at a time, also cream of tartar. Don't over mix! Transfer this all to a larger bowl.
- Whip your egg whites and cream of tarter in your mixer for about 3 minutes until soft peaks form, then beat in the remaining sugar for about 2 minutes until medium peaks form.
- Start adding your egg white mixture to your butter mixture in 1/4 at a time until, fold in with a rubber spatula fully incorporating before adding more, repeat process until all your egg whites have been folded in.
- Spread batter into your cake pans dividing evenly, and smooth it out with a spatula.
- Bake for about 25-30 minutes in a conventional oven, or until the cake bounces back to the touch, or a toothpick inserted in the centers comes out clean
- Let cool for 5 minutes then turn out onto a cake rack.



From the end of June, many practising Muslims will be observing the holy month of Ramadan for some 30 days. They will focus on good works, spirituality and community.

Here's our guide to where and how to celebrate.

Ramadan



Loves Ramadan

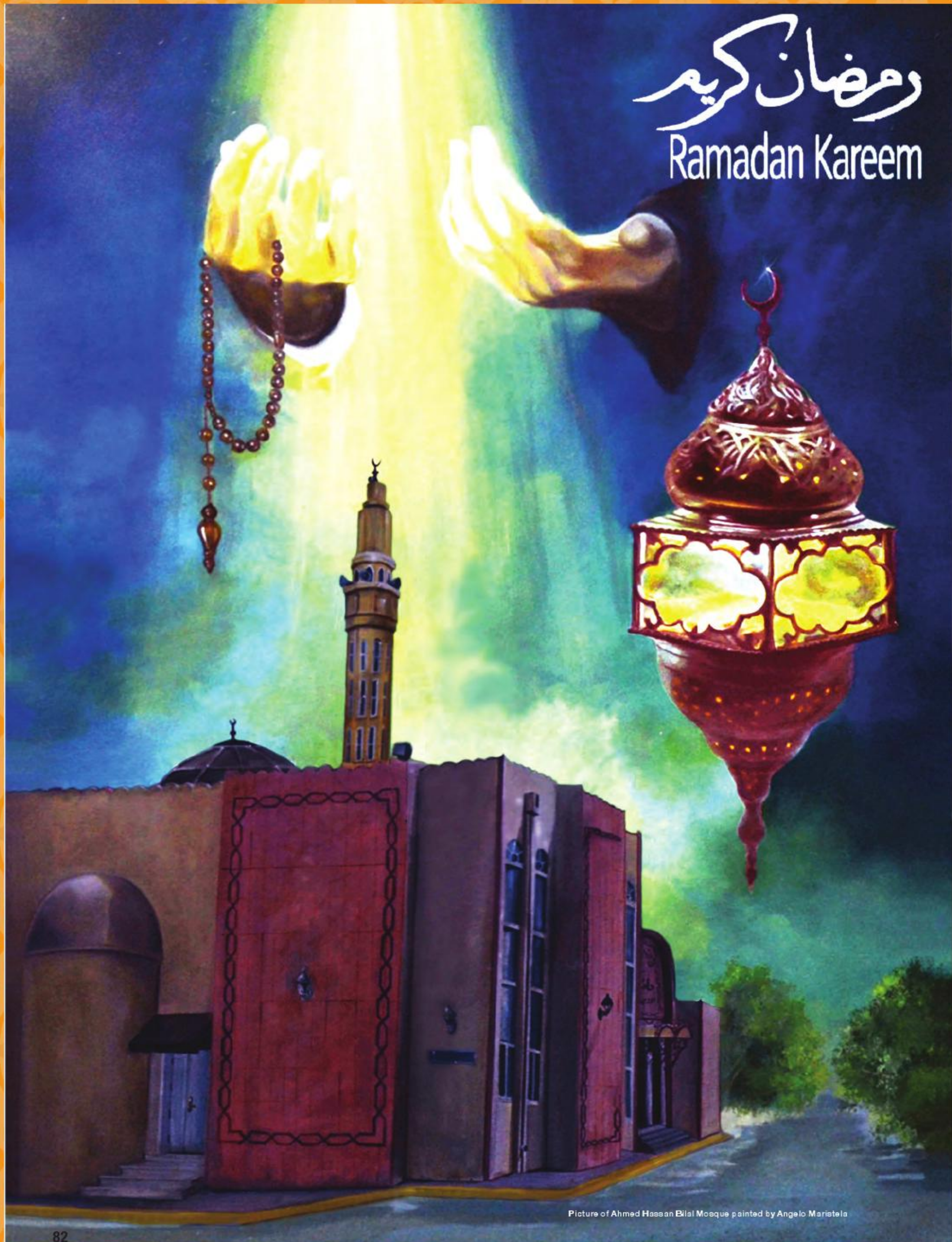
“Ramadan falls on the ninth month of the Islamic calendar; Muslims worldwide observe this as a month of fasting and prayer. This annual observance is regarded as one of the Five Pillars of Islam and lasts 29–30 days based on the visual sightings of the crescent moon, according to numerous biographical accounts compiled in the hadiths. While fasting from dawn until sunset, Muslims refrain from consuming food, drinking liquids, smoking in some interpretations. They also refrain from swearing. Food and drink is served daily, before sunrise and after sunset. According to Islam, the thawab (rewards) of fasting are many, but in this month they are believed to be multiplied. Fasting for Muslims during Ramadan typically includes the increased offering of salat (prayers) and recitation of the Quran.”

- Wikipedia



رمضان كريم

Ramadan Kareem



Picture of Ahmed Hassan Bilal Mosque painted by Angelo Marietela

A time to Pray

As the month of Ramadan begins, Muslims enter into a period of prayer, fasting and worship. Special Taraweeh evening prayers are conducted whereby large sections of the Quran are recited. A special prayer time table is followed at this time like the one below.

Ramadan Time Table 2014 الجدول الزمني لشهر رمضان المبارك ١٤٣٥هـ

Day	Ramadan	Jun - Jul	P r a y e r T i m i n g s					
			Sahoor	Fajr	Dhuhr	Asr	Maghrib	Isha
			H : M	H : M	H : M	H : M	H : M	H : M
Sat	1	28	3:06	3:16	11:37	3:00	6:30	8:00
Sun	2	29	3:07	3:17	11:37	3:00	6:30	8:00
Mon	3	30	3:07	3:17	11:37	3:00	6:30	8:00
Tue	4	1	3:08	3:18	11:38	3:01	6:30	8:00
Wed	5	2	3:08	3:18	11:38	3:01	6:30	8:00
Thu	6	3	3:08	3:18	11:38	3:01	6:30	8:00
Fri	7	4	3:09	3:19	11:38	3:01	6:30	8:00
Sat	8	5	3:09	3:19	11:38	3:02	6:30	8:00
Sun	9	6	3:10	3:20	11:39	3:02	6:30	8:00
Mon	10	7	3:10	3:20	11:39	3:02	6:30	8:00
Tue	11	8	3:11	3:21	11:39	3:02	6:30	8:00
Wed	12	9	3:11	3:21	11:39	3:03	6:30	8:00
Thu	13	10	3:12	3:22	11:39	3:03	6:30	8:00
Fri	14	11	3:13	3:23	11:39	3:03	6:30	8:00
Sat	15	12	3:13	3:23	11:39	3:04	6:29	7:59
Sun	16	13	3:14	3:24	11:40	3:04	6:29	7:59
Mon	17	14	3:14	3:24	11:40	3:04	6:29	7:59
Tue	18	15	3:15	3:25	11:40	3:04	6:29	7:59
Wed	19	16	3:16	3:26	11:40	3:05	6:28	7:58
Thu	20	17	3:16	3:26	11:40	3:05	6:28	7:58
Fri	21	18	3:17	3:27	11:40	3:05	6:28	7:58
Sat	22	19	3:17	3:27	11:40	3:05	6:28	7:58
Sun	23	20	3:18	3:28	11:40	3:06	6:27	7:57
Mon	24	21	3:19	3:29	11:40	3:06	6:27	7:57
Tue	25	22	3:19	3:29	11:40	3:06	6:26	7:56
Wed	26	23	3:20	3:30	11:40	3:06	6:26	7:56
Thu	27	24	3:21	3:31	11:40	3:06	6:26	7:56
Fri	28	25	3:21	3:31	11:40	3:06	6:25	7:55
Sat	29	26	3:22	3:32	11:40	3:07	6:25	7:55
Sun	30	27	3:23	3:33	11:40	3:07	6:24	7:54

(Actual fasting starts from the beginning of Fajr)



Brought to you by Ahmed Hassan Bilal Trading & Contracting Co. W.L.L.
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Ramadan

Many practising Muslims will be observing the holy month of Ramadan this month. They will focus on good works, spirituality and community.

Ramadan

Thanks to the new moon, Ramadan started in June and will end around the 29th of July

Fasting

From dawn to sunset this year's fasts will be some 18 long hours

Eid

The festival of Eid marks the end of Ramadan

Iftar

Fasting ends at sunset with dates and a meal

No food or water

Food and water only after dark

Fit and Able

Children, pregnant women, the old, sick and travellers do not fast.

Charity

Giving to good causes and generosity to neighbours are encouraged.

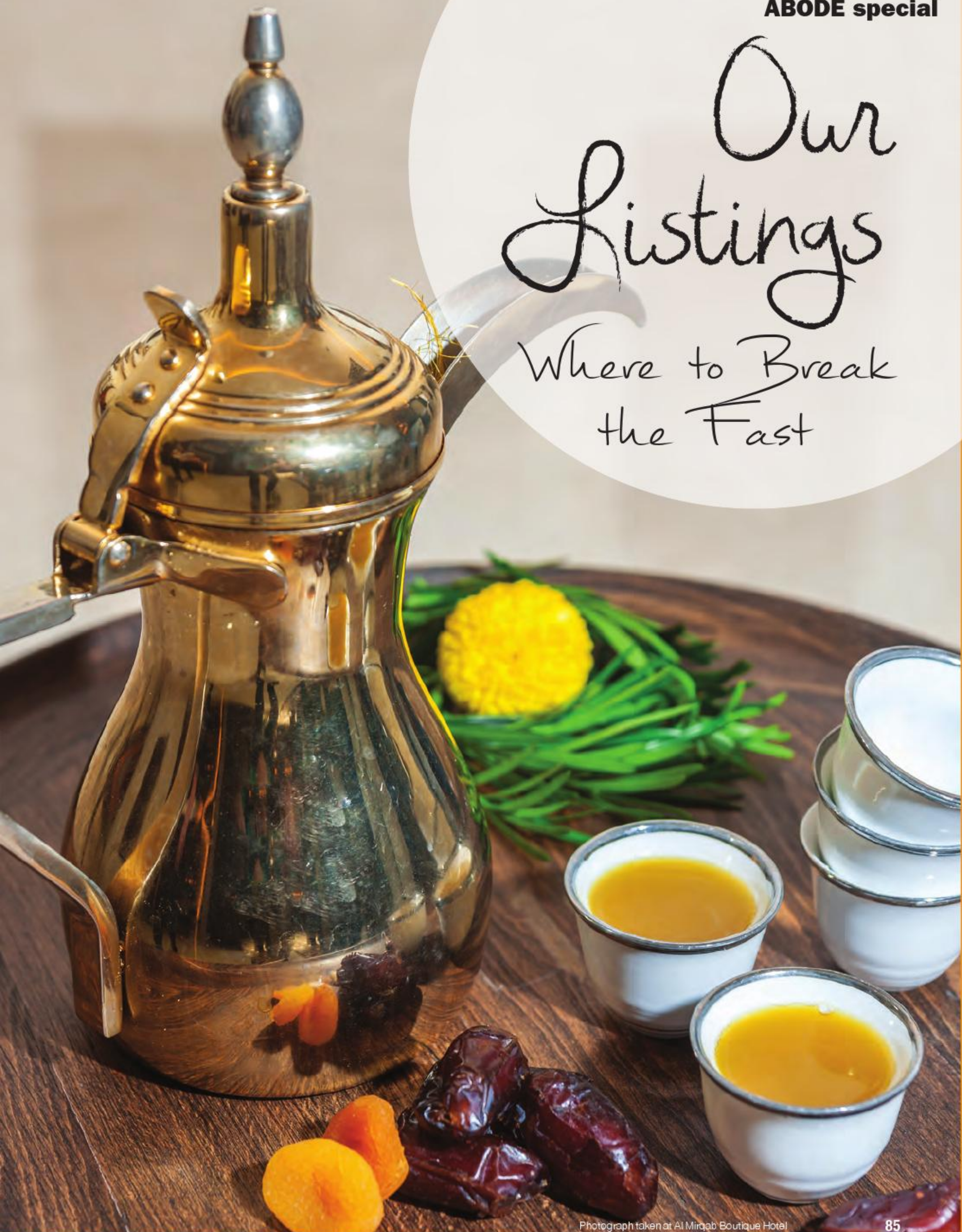
Spiritual devotion

Muslims focus on prayer and reading the Qur'an, as the holy book was revealed during this month.

Ramadan Key Facts

Our Listings

Where to Break
the Fast



Iftar & Sohour

Where to Break the Fast

Courtesy of Qatar Happening magazine, ABODE provides you a list of the most glamorous tents in Doha to enjoy Iftar or Sohour.

GRAND HERITAGE DOHA

GRAND HERITAGE DOHA HOTEL AND SPA

- Cost: 210 QR Iftar / 190 QR Sohour – Special prices for groups of 10 persons and above
- Timings: Iftar, Sunset to 8:30pm / Sohour, 9:30pm – 01:00am
- Special Addition: Live music
- Contact: 4445 5555 – executivesecretary@grandheritagedoha.com

RITZ CARLTON DOHA

AL WOSAIL BALLROOM

- Cost: Groups and individuals bookings (price varies depending on the number)
- Timings: Iftar, Sunset to 8:00pm: Sohour, 9:00pm to 1:00am.
- Special Addition: Egyptian band, with tanoora dancer
- Contact: 4484 8000 or email: rc.dohrz.leads@ritzcarlton.com

GRAND HYATT DOHA

THE GRILL

- Cost: 250 QR for Iftar and Sohour
- Timings: Dusk
- Special Addition: Entertainment
- Contacts: 4448 1240

KATARA HOSPITALITY

SUKAR PASHA

- Cost: NA
- Timings: Iftar – 6:00 pm – 8:00 pm: Sohour – 8:30pm to 1am on weekdays - 8:30pm to 2am on weekends
- Special Addition: Live music
- Contacts: 4408 2000

FOUR SEASONS HOTEL DOHA TENT



Four Seasons Doha

FOUR SEASONS HOTEL DOHA

- Cost: Iftar at 225 QR per person, kids from 5 to 12 years old at half price. Sohour at 275 QR per person, kids from 5 to 12 years old at half price.
- Timings: Tent is open from 6:00 pm - 3:00 am: Iftar buffet is open from 6:00pm - 8:30pm: Sohour buffet is open from 10:00pm - 2:00am.
- Special Addition: Oud live music playing at Iftar time until 07:00pm, live band with "Mohamed Khairy" playing from 9:00 pm - 11:00 pm.
- Contacts: 4494 8888

INTERCONTINENTAL DOHA - THE CITY

IFTAR AT THE SQUARE

- Cost: QR 190 including selected Ramadan beverages. *Special offers available for groups.
- Timings: daily from sunset to 21:00 Special Addition: Live music, etc.
- Contacts: The City off Al Wahda Street near City Centre Mall Tel:+974-4015-8888 email: doharestaurants@ihg.com or visit intercontinental.com/dohathecity



Grand Hyatt Doha

ARUMAILA BOUTIQUE HOTEL, SOUQ WAQIF

AL MATBAKH ROOF TOP GRILL (SOHOUR)

- Cost: A La Carte/ per order
- Special Addition: Al Matbakh is Doha's hottest rooftop restaurant, featuring an open kitchen, lively music and spectacular views over the Corniche and city skyline.
- Timings: 28th of June till 28th of July, 6:30 pm 12:00 am
- Contact: 4433 6666



Grand Hyatt Doha

DOHA MARRIOTT

IFTAR AND SOHOUR AT CORNICHE RESTAURANT

- Cost: N/A
- Special Addition: Souq style decor and specially prepared Arabic sweets and traditional hot dishes.
- Contact: 4429 8499

KEMPINSKI RESIDENCES & SUITES

IFTAR AT AROMA

- Cost: 160 QR per person including Ramadan juices
- Special Addition: Four-course selection of Arabic and European delicacies, ideal for sharing
- Contact: 4405 3325

RENAISSANCE DOHA CITY CENTER

RAMADAN TENT

- Cost: 235 QR for Iftar and Sohour including mineral water, soft drinks and Ramadan juices. 125 QR for kids ages 6-12 years old and complimentary for kids ages 0-5 years. Dream Card holders receive a 15% discount off the regular price.
- Contact: 4419 6100

AL JOMROK BOUTIQUE HOTEL, SOUQ WAQIF

AL SHURFA ARABIC LOUNGE (SOHOUR)

- Cost: Starting from 100 QR per person all included
- Special Addition: Sohour evening celebration with the new concept where you can enjoy FIFA World cup and it continue till last day of Ramadan
- Timings: 28th of June till 28th of July (6:30 pm till 2:30 am)
- Contact: 4433 6666

AL BIDDA BOUTIQUE HOTEL, SOUQ WAQIF

LA PIAZZA (IFTAR BUFFET)

- Cost: 180 QR per person for Buffet and Drinks
- Special Addition: Under the magnificent skylight in the courtyard of Al Bidda Boutique Hotel, guests can enjoy traditional Qatari dishes.
- Timings: 28th of June till 28th of July 6:30 pm 8:00 pm
- Contact: 4433 6666

AL JASRA BOUTIQUE HOTEL, SOUQ WAQIF

DRAWING ROOM (SOHOUR)

- Cost: A La Carte / per order
- Special Addition: The Drawing Room is a trendy and intimate lounge that takes style and comfort to another level.
- Timings: 28th of June till 28th of July, 6:30 pm 2:00 pm
- Contact: 4433 6666

AL MIRQAB BOUTIQUE HOTEL, SOUQ WAQIF

AL TERRACE (SOHOUR)

- Cost: A La Carte/ per order
- Special Addition: Serving contemporary a la carte Lebanese dishes, including sweets and Arabic dishes.
- Timings: 28th of June till 28th of July, 6:30 pm 2:00 pm
- Contact: 4433 6666



St. Regis Doha



ORYX ROTANA

CHOICES

- Cost: QAR 195/- inclusive water and Arabic juices (Jellab, Kamardine, Tamarhindi, Laban)
- Timings: Sunday, Monday, Wednesday, Friday, Saturday 7:00PM – 11:30PM
- Contact: 4402 3450 / 4402 3333
www.rotanatimes.com/oryxrotana/offers/

AL NAFOURAH RAMADAN TENT

Newly installed tent in Oryx Rotana will be available in Al Nafourah with special decoration and ambiance from 7:00PM to 2:00AM. A oud player and singer will be available during the whole month of Ramadan from 9:30 PM till 12:30 AM, playing and singing the old and traditional Arabic songs. Special Sohour dishes will be offered in addition to our menu.

- Cost: Depending on menu price.
- Timings: Daily. Check unique selling points.
- Contact: 4402 3456 / 4402 3333
www.rotana.com/rotanahotelandresorts/qatar/doha/oryxrotana;
<http://www.rotanatimes.com/oryxrotana/offers/>

THE ST. REGIS DOHA

THE RAMADAN TENT, THE BALLROOM

Gather with friends and family in the St. Regis Ramadan Tent and share the spirit of Ramadan at the finest address in Qatar. Enjoy a sumptuous buffet and live cooking stations including a dedicated dessert area with many traditional Arabic sweets. Private cabanas are available for up to eight people and there will be live music during Sohour by the famous Laialy El Nagham, the resident band of the Cairo Opera House.

- Price: Iftar QR 230 per person
Suhour QR 270 per person
- Timings: Iftar Sunset to 7:30pm
Suhour 9pm – 2am
- Contact: +974 4446 0000
www.stregisdoha.com

W DOHA HOTEL & RESIDENCES

The hotel will be transformed with the return of the Grand Bazaar inspired souk on the mezzanine floor and the unique 'Sultan's Tent'. Experience the enchanting sounds and flavours of the impressive set up, with the Ottoman styled deco 'fit for a Sultan' and the delightful, authentic daily Iftar and Sohour with Arabic traditions and a modern twist.

- Our offer: Stay in a marvelous room access to our executive VVIP lounge • Early check in at 11:00 • Late check out at 20:00
- In room Ramadan delights • Get a 20% discount on Sohour during your stay • Price from QR 850 for 2 people
- Book at whoteldoha.com or call +974 4453 5000.

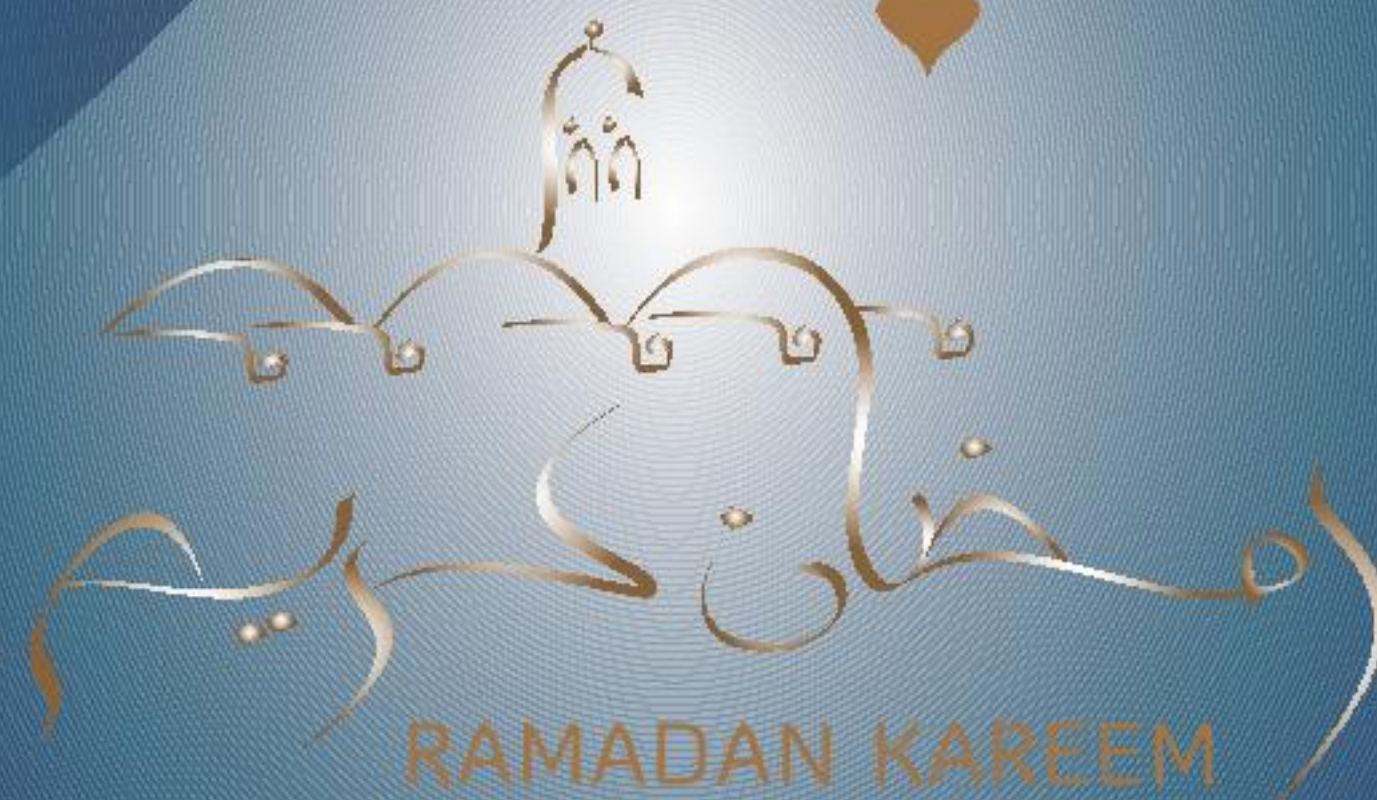


W Doha Hotel & Residences

**FOR MORE LISTINGS
INFORMATION**

GO TO

www.qatarhappening.com



A UNIQUE RAMADAN TENT AT FOUR SEASONS.

DELIGHT IN THE SIGHTS AND SOUNDS OF RAMADAN NIGHTS,
FROM DUSK TILL DAWN.

For reservations, please contact +974 4494 8888

In partnership with



HOW TO MAKE: **CREAM KUNAFHA**



Pastry Chef Christopher Jordan

FEATURE COORDINATED BY MARLYNNE MALLARI – DELA PENA

PHOTOGRAPHY JESSIE PALANCA

LOCATION FOUR SEASONS HOTEL DOHA

FOOD BY CHEF CHRISTOPHER JORDAN, PASTRY CHEF

This special month you and your family can enjoy an Arabic sweet to experience a flavourful and rich dessert. Chef Christopher shares a step-by-step process of how this famous kunafa is made.

**RECIPE COURTESY
OF FOUR SEASONS
HOTEL DOHA**



CREAM KUNAFI

Ingredients:

- ½ Kg Kunafa
- 1 Kg milk
- 70g corn starch

Procedure:

Cream Method: 1 Put 800g of milk to boil.

2 Mix 70g of corn starch with 200g of milk.

3 Add the mixture to the boiling milk, whisk it and cook it for 1 min.

4 Put the mixture of cream in the fridge to cool.

Kunafa Method: 1 Split the kunafa in 2 halves and mix with gee (clarified butter).

2 Spread the first half of kunafa in a tray which is rubbed with butter.

3 Spread the cream mixture.

4 Spread the second half of kunafa on the top.

5 Leave in the oven for 20 to 30 min on 170°C until golden brown.

1. PREPARE ALL INGREDIENTS.



5. ADD ANOTHER LAYER OF KUNAFI.



2. COVER THE PAN WITH PLENTY OF BUTTER.



6. PRESS THE LAYERS THEN ADD SYRUP BEFORE BAKING.



3. PLACE THE KUNAFI.



7. AFTER BAKING ADD ANOTHER LAYER OF SYRUP.



4. ADD THE CREAM.



8. CUT AND SERVE TOPPED WITH BERRIES.



SOUQ WAQIF Delights

BY MICH FREELY AND RANIA BITAR, STUDIO 88
PHOTOGRAPHY MIGUEL VETERANO



Qatar has a wide range of culinary delights to sample, from five-star cuisine from the best chefs in the world however it seems that the traditional street food often gets overlooked. ABODE decided to head down to Souq Waqif to speak to some Qatari of the street food, and find out the story behind the food and its vendors.

First, we headed to an area of Souq which was inhabited by women wearing the traditional Qatari monaqaba, covering their faces and serving a wide range of traditional Qatari cuisine. Hungry locals and expats came to the stalls to sample a wide range of food on offer. First we sampled Margoga, which is a traditional pancake that can be served with either sweet or savory ingredients. Speaking to Mona, who had been at working at the Souq for 4 years now she was really passionate about making Margoga. "I used to make Margoga in my home country of Sudan, but now after eight years in Qatar I have now become an expert in the Qatari version of this food."

Customers lined up to sample the food, with her stand being particularly busy in the sweltering heat of a Qatari evening. Ramadan will be an important time for Mona as her working hours change. "I will be working from after the Iftar meal so that will be 7am-2am. I will just be serving my Margoga, as you can see lots of people like my cooking."

Slowly walking around the Souq we started speaking to an Egyptian lady named Meha who was serving up the traditional Qatari dishes of Harees, Madroba, & Nekhi. Tin trays of food were eagerly distributed to us and we were actively encouraged to sample the food on offer. "Please try it!

We have lots of people from Qatar & the GCC coming to my stall, but hardly ever western expats. You must try this food."

Thereed, a rich chicken and bread stew was the highlight of the food on offer. Hearty and filling, with a slightly spicy taste it was the perfect meal to quickly eat before heading off to explore Souq Waqif. We also spoke to some Qatari men, who happily also shared their experiences of local street food with us. "The good thing about this food in the Souq is that it's not junk food. You can see how it is made in front of you, I think that is important to see." Said Naser, who was patiently waiting to eat a cheese Margoga.



"I will expect lots of people to visit over Ramadan, I have many friends who visit me and who like to taste what I sell." Bu Rashid, Souq Vendor

We then headed to the main walkway of the Souq, to meet a Qatari who has been working at his khobz rgag stall. Bu Rashed has been ever present at suoq for eight years, from the rebuilding of Souq Waqif. He was inspired by a close friend who suggested to make traditional Margoga, so with the help of his family he created a food stall based around traditional street food. Word soon spread about his stall, and now is constantly busy in the evening with locals sampling large stacks of the Margoga whilst drinking down Karak, a Qatari hot drink.

The stall which is separated into male

and female eating areas, with the seats deliberately designed to represent the Qatari Majalis, the traditional meeting place for men. The business is a family affair, with his wife making the Margoga and three of his sons helping his business. Thobe wearing men where leisurely eating the huge stacks on offer which are available for just QAR 4 per large pancake.

The stall has a huge reputation across the GCC, with Bu Rashid proudly claiming "Many people in Saudi Arabia know about my stall, they know that I serve the best Margoga in Doha." For Ramadan the menu

will slightly change to include Qatari dishes of Nekhi, Bajella & Madroba, which will mean more customers for the already busy stall. "I will expect lots of people to visit over Ramadan, I have many friends who visit me and who like to taste what I sell."

So with Ramadan fast approaching, why not head down to the Souq to sample the culinary delights from the street food vendors. With a number of stores on offer, a sweet Margoga could be an ideal quick eat after Iftar. Whilst also getting to explore the more traditional elements of Qatari culinary culture.

KEEP HEALTHY WHILE

FASTING

BY DR. MOHAMUD A. VERJEE, ASSOCIATE PROFESSOR OF FAMILY MEDICINE AT WEILL CORNELL MEDICAL COLLEGE IN QATAR

Your mouth is dry and there's a nagging feeling in the pit of your stomach, but you must not eat, you must not drink, and you must not break your fast until the sun goes down.

"All of these foods contain complex carbohydrates, which your body will digest slowly. This means the energy is delivered over a sustained period of time, which will keep fatigue at bay for a fairly long period of time."



For many Muslims, the holy month of Ramadan presents a serious challenge: how to observe the fast without feeling weak and dehydrated during daylight hours? In fact, there are a few simple measures that can be followed to help you get through the day, explains Dr. Mohamud A. Verjee, Associate Professor of Family Medicine at Weill Cornell Medical College in Qatar. "The key to making it through the day without feeling overwhelmed by tiredness, hunger or dehydration is to eat sensibly at Sohour," said Dr. Verjee. "It is important for anyone who observes the fast to take some time to learn which foods will help them to feel nourished for as long as possible – a normal breakfast of a bowl of cereal with a splash of milk will not be enough to keep the hunger pangs at bay."

Dr. Verjee recommends that foods that release energy slowly over a long period of time should

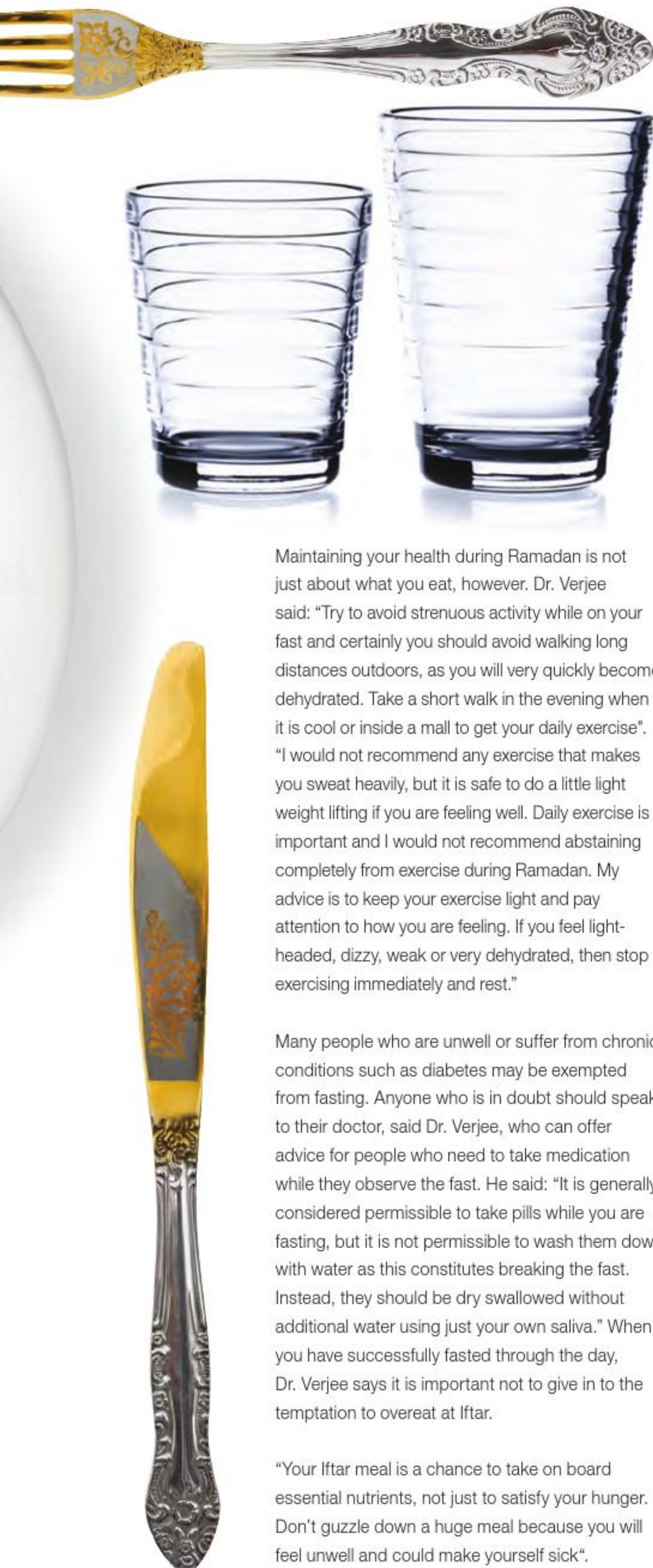
be chosen at Sohour. These include whole grain foods like brown rice, whole grain bread, oats, beans and chickpeas.

To feel full, Dr. Verjee says proteins are the key. "Your body needs plenty of protein to carry out essential maintenance of muscles and other tissues, among many other tasks, but eating protein at Sohour also gives a long-lasting feeling of fullness. Be sure to eat some protein-rich foods before you begin your fast, such as some yoghurt, milk, eggs or a handful or two of nuts, which are all good sources of protein." For a quick energy boost to get you to work on time, Dr. Verjee says fruits like dates, grapes or raisins eaten in small amounts are ideal, but warns that they should not form the main part of Sohour.

He said: "These fruits, along with sweets like cakes, contain a lot of sugar which your body digests very quickly, so they will give you a rapid energy boost as your blood sugar level spikes. The effect, however, is not long-lasting – your blood sugar soon falls rapidly and you will probably feel very hungry and weak."

To maintain hydration levels throughout the day, Dr. Verjee advises drinking plenty of water beforehand, rather than fruit juice, and also recommends water-rich foods like apples, cucumber and watermelon.

"Don't make yourself feel sick by downing litres and litres of water, but do drink two or three glasses with Sohour," he said. "A slice of watermelon is extremely refreshing in the morning and, as the name suggests, they are largely constituted of water – about 90%, in fact. "Try to avoid drinks that cause dehydration, such as tea and coffee, and fizzy drinks, particularly colas."



Maintaining your health during Ramadan is not just about what you eat, however. Dr. Verjee said: "Try to avoid strenuous activity while on your fast and certainly you should avoid walking long distances outdoors, as you will very quickly become dehydrated. Take a short walk in the evening when it is cool or inside a mall to get your daily exercise". "I would not recommend any exercise that makes you sweat heavily, but it is safe to do a little light weight lifting if you are feeling well. Daily exercise is important and I would not recommend abstaining completely from exercise during Ramadan. My advice is to keep your exercise light and pay attention to how you are feeling. If you feel light-headed, dizzy, weak or very dehydrated, then stop exercising immediately and rest."

Many people who are unwell or suffer from chronic conditions such as diabetes may be exempted from fasting. Anyone who is in doubt should speak to their doctor, said Dr. Verjee, who can offer advice for people who need to take medication while they observe the fast. He said: "It is generally considered permissible to take pills while you are fasting, but it is not permissible to wash them down with water as this constitutes breaking the fast. Instead, they should be dry swallowed without additional water using just your own saliva." When you have successfully fasted through the day, Dr. Verjee says it is important not to give in to the temptation to overeat at Iftar.

"Your Iftar meal is a chance to take on board essential nutrients, not just to satisfy your hunger. Don't guzzle down a huge meal because you will feel unwell and could make yourself sick".

Stay Healthy this Ramadan

The Holy month of Ramadan is upon us where all observing Muslims will fast from dawn till dusk. Although it can be a daunting task to make it through the day without experiencing cravings, here are a few tips to help you enjoy fasting this year without worrying about gaining weight.

DURING RAMADAN



Eat a Sohour

full of complex carbohydrates, such as whole wheat bread and cereal, that will slowly release energy throughout the day to keep you feeling fuller for longer instead of gorging every evening.



Drink plenty of water

to be able to stay hydrated throughout the fasting day. This will help keep headaches at bay



Get plenty of rest.

It is tempting to stay up all night but lack of sleep will effect your metabolic rate and result in fatigue throughout the day. Adults need a minimum of seven hours sleep.

AFTER RAMADAN



It is easy to gain

a lot of weight quickly. In order to help digestion, eat very small meals and eat very slowly, chewing your food thoroughly. It is tempting to over eat and feast but indulging your cravings will cause weight gain.

Eat plenty of nuts and seeds to kick start your digestion. They are high in fiber and delicious!



Festive Dining Decor

PHOTOGRAPH BY JESSIE PALANCA

Try our Traditional Ramadan Decorating Themes to give your Ramadan joy and a new look and surprise your family with an elegant table setting.

Thanks to Nado Royal Events who shows us three different looks for inspiration.

For more information about Nado call 7061 7727

Follow him on INSTAGRAM: Nadodoha

Purple Chic

ADD PIZAZZ WITH A BEAUTIFUL FLOWER CENTERPIECE IN SHADES OF PURPLE, BLUE AND FUCHSIA. SET THE TABLE WITH CONTRASTING TABLEWEAR, NAPKINS AND PLATES IN SILVER TO ADD A TOUCH OF CHIC.



Decorative Bowl, Home Centre



Decorative plate, Next



Platter, Home Centre



Cake Stand, IKEA



Albine Lantern, Home Centre



Glass Dessert Bowls, IKEA

SILVER LINING

Set the stage for your feast with classic silver settings.



Café, Fauchon



Glass, IKEA



Candle Holder, Home Centre



Serving Cart, Home Centre



Macaroon Tea Cakes, La Cigale

Golden Glory

A TOUCH OF ROYALTY

ADD TO YOUR TABLE DECOR THE MIDAS TOUCH WITH THE GLAMOUR OF GOLD AND YELLOW COMBINATIONS. ALTERNATE YELLOW NAPKINS, GOLD CHARGER PLATES, A SELECTION OF YELLOW ROSES AND ENJOY A BEAUTIFUL SETTING.



TIP: A pretty table setting doesn't necessarily mean you need expensive china or the finest table linens. A stylish table setting can be as simple as using a bold tablecloth and napkin rings as accents to grouping colourful vases in the middle as centerpieces.

Candle Holder, Home Centre



Lantern, Mandoo



Elegant Éclairs, Fauchon



Elegant Serving Cart, Home Centre



MIDAS TOUCH

Adorn your table with touches of gold to add sense of royalty

Ice Cream Cake, La Cigale



Decoration plate, IKEA



Frame, IKEA



Cushion, IKEA



Vase, Debenhams



Teapot, House of Fraser



TIP: Tasmeen Bakery Ramadan/Eid themed cupcakes are a wonderful addition to any table. Order early.

Charger and Tea set, Home Centre

Traditional Flair

CLASSIC RAMADAN

TENT STYLE MIX AND MATCH A RED VELVET TABLE CLOTH WITH A CLASSIC ARABIC TENT FABRIC DRAPED OVER IT, TO ADD A SENSE OF TRADITION TO THE SETTING. USE LANTERNS AND RED GLASSES TO ADD TO THE EFFECT.

Don't Forget!
Matching colours is the key
to this very cute setting!





Glass, IKEA



Candles, IKEA



TIP: Enjoy delicate macaroons from Pierre Hermé Paris Ramadan collection

Pierre Hermé Paris



Silver Charger, Home Centre



Center Piece, Home Centre

GLOBAL ETHNIC

A mixture of patterns and textures for a bold look



Candle holder, Home Centre



Candleholder, Home Centre



Flower vase, Home Centre



Dessert Cup, IKEA



Dessert Cup, IKEA



Candle, IKEA



Candle holder, IKEA



Modern Design Cushion, IKEA



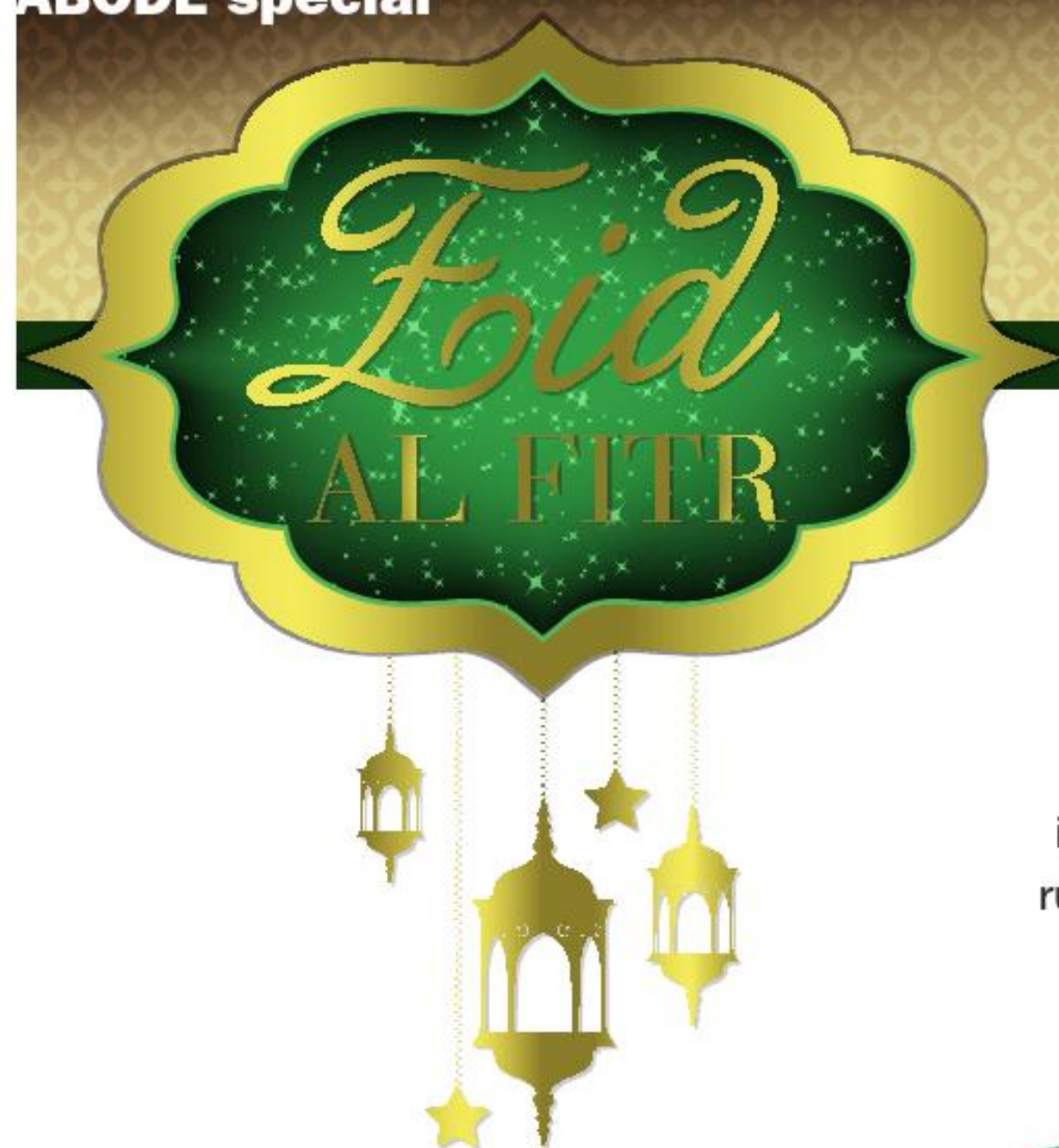
Cushion, THE One



Cushion, THE One

PLANNING MADE EASY

BY RAANA SMITH AND FARZANA GARDEE
FROM SILVER ENVELOPE



Often we find ourselves in a rush getting a host of last-minute things done for Eid. The to-do list grows and grows, and before you know it, it's Eid and you've forgotten to call your friend half way around the world in Malaysia! The florist is over-booked, the butcher has run out of lamb chops and everything's in a mess. Let's rewind and start again, and get this year off to a good start. With a week until Eid, plan your tasks and get things done comfortably.

-7

DAYS TO GO:

- Plan your meal menu for Eid day, so you can add items you need to the shopping list.
- Start a shopping list that you can use over the next few days. Include food items, flowers, gifts and decorations.

-6

DAYS TO GO:

- Make a list of all the people you need to call, email or tweet to wish them an Eid Mubarak!
- Get the Eid clothing sorted for everyone in the family – patched, washed, ironed and packed away until needed.

-5

DAYS TO GO:

- Plan any Eid games and activities that you wish to do with your guests on Eid day. Try an Eid memory collage, treasure hunts, colouring and drawing activities, etc.
- If you've purchased Eid greeting cards, craft personalised messages in them for all your loved ones and guests.

-4

DAYS TO GO:

- Get all your Eid decorations out and ready to hang, tack and glue them onto walls, windows, tiles and doors.
- Create your Eid playlist with festive tracks from Zain Bhika, Dawud Wharnsby and others!
- If you work your zakat from Ramadan to Ramadan, remember to get this sorted before the month's end.

-3

DAYS TO GO:

- Get a head start on some of the baking. Use a cookie kit or cupcake kit if it makes sense. Tip: Make a large batch of a plain buttery cookie dough. Divide into portions, add chocolate to one portion, nuts to another, spice to the third portion and so on. It's quick, easy and hassle-free – leaving you with an assortment of Eid goods to decorate.
- Remember that list of people to call for Eid? Call them today!

-2

DAYS TO GO:

- Pack the party favors that you will be handing out to your guests.
- Gift wrap any gifts that you've purchased for Eid.

-1

- Get as much of your food prep done as you can. Pre-cook, soak, wash, chop, slice – whatever it takes! Package some of the food you prepare in fun and decorative Eid packaging.
- Rest. It's the last day of Ramadan, and time to soak up the month's blessings before tomorrow.

www.silverenvelope.com

DIY
DO IT
YOURSELF

Lots of Eid Ideas

CRAFTIONARY.NET

Add your own special touch to Eid Al Fitr at the end of Ramadan by making your very own handmade decorations for your table and home. Try these fun filled craft projects posted on www.craftionary.net. Their easy to follow instructions are simple, creative and relatively inexpensive. The kids will love to help too!



HEAD TO TOE SUMMER

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NEW COLLECTION IN STORE NOW



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QATAR: Level II, City Center - Doha, Tel: 44934759, 44934760. Al Rayyan: Near Family Food Centre, Tel: 44213961, 44213962.

Wakra: Plaza Mall, Barwa Village, Tel: 44154480. Abu Hamour: Dar Al Salam Mall, Tel: 44639620.

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PEOPLE & SOCIETY

Events and individuals who make a difference in the Middle East



Ramadan Experience!

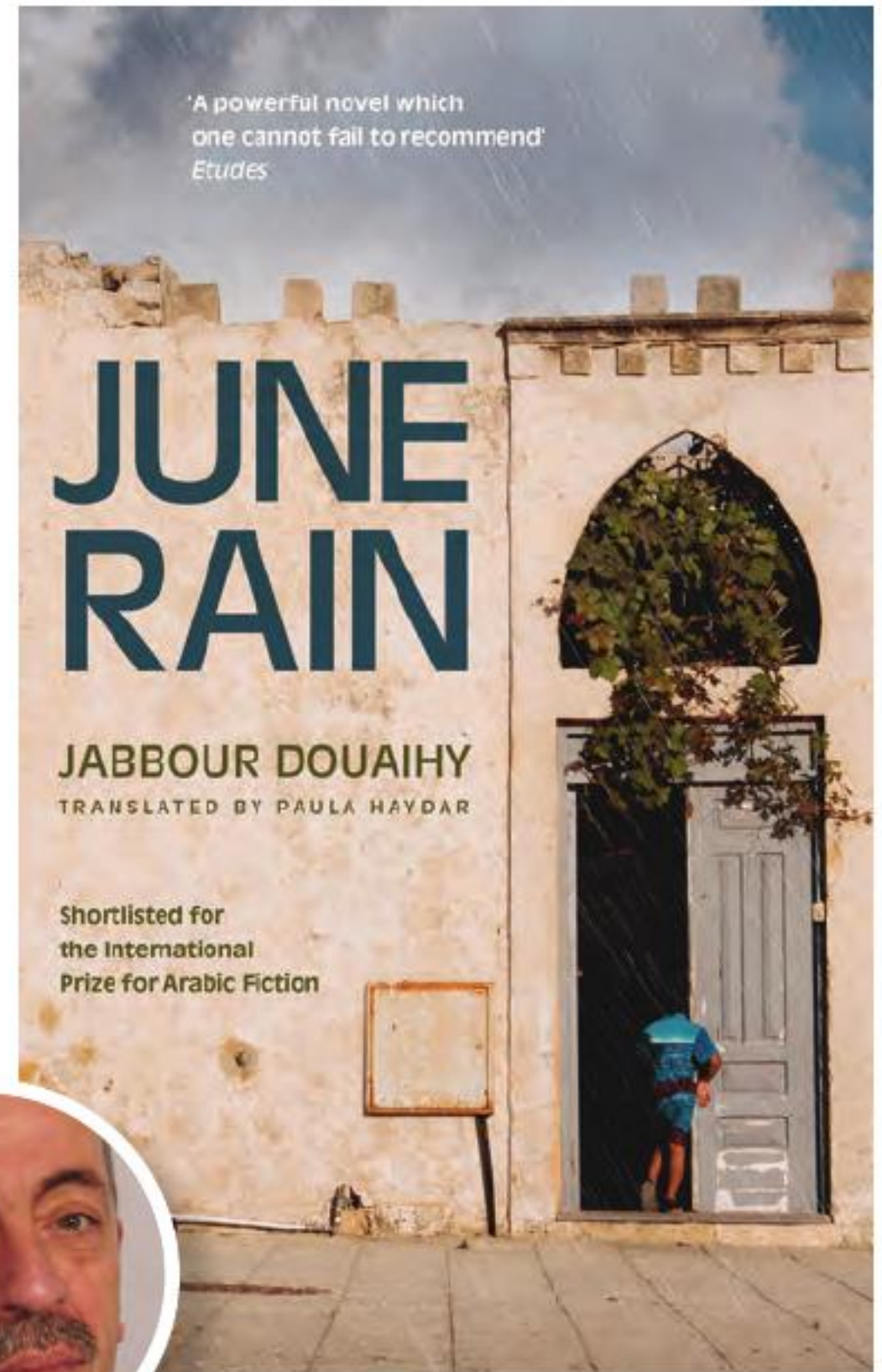
The highlight of the Ramadan tent experience is the rhythmic dance of a whirling dervish at the end of an evening Sohour. As the dervish spin and turn, they form a glittering constellation of colour and grace. It is a must see experience and one you can find only during the Ramadan holiday.

People & Society

News

Blumsburry Qatar publishes Arabic Fiction writer Jabbour Douaihy's latest book

Jabbour Douaihy's fictionalised book, titled *June Rain*, is an account of a historic event in Lebanon that offers a compelling narrative of separation, loss, fear and war and the difficulties of ordinary people caught in the middle of a polarising feud. Douaihy, who was born in 1949 in Zgharta, Lebanon is a professor of French literature at the Lebanese University in Beirut and has published numerous novels and short story collections. *June Rain* has been shortlisted for the International Prize for Arab Fiction and will be published by Bloomsbury Qatar Foundation Publishing (BQFP). For more information go to: www.bqfp.com.qa



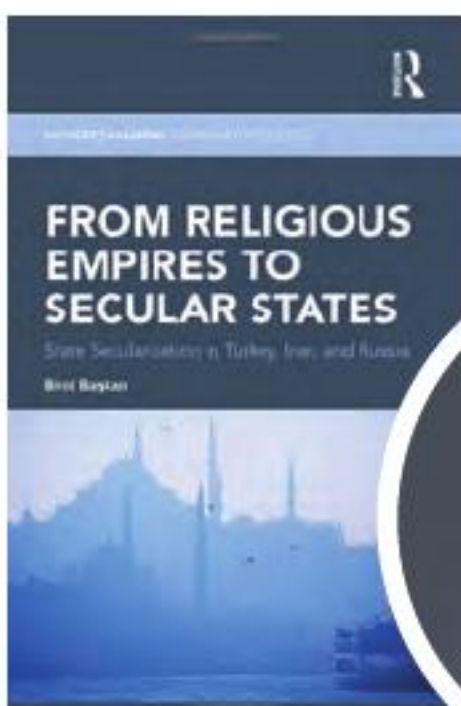
Jabbour Douaihy

DR. BIROL BASAK, GEORGETOWN UNIVERSITY IN QATAR PROFESSOR, PUBLISHES BOOK.

An important scholarly contribution to the study of religion and politics has been made by Georgetown University in Qatar. Professor Dr. Birol Baskan has recently published a book: "From Religious Empires to Secular States: State Secularization in Turkey, Iran, and Russia". Dr. Baskan is an assistant professor of government at GU-Q, and holds a PhD in political science from Northwestern University (USA). His research looks at state-regime-religion relations in the Middle East.

THE EAST INDIA COMPANY – QATAR STORE

In collaboration with local partner Nasser al Ansari of Octagon International, a new store was opened for the famous brand inside Lagoona Mall in Qatar. The launch event was attended by Her Majesty's Deputy Head of Mission Mrs. Cecille El Beileidi. Since its creation in 1600 by The Royal Charter granted by Queen Elizabeth I, the influence of The East India Company has been a source of staples for all the households in London. Mrs Cecille El Beileidi commented on the occasion: "It is fantastic to see the revival of such a great British name and a store that houses a delectable array of fine teas, chocolates, biscuits and gifts."



Dr Birol Basak





QATAR STUDENTS SHINE AT DESTINATION IMAGINATION NATIONAL FINALS IN KENTUCKY, TENNESSEE, USA

Approved by the Supreme Council of Education in Qatar, Destination ImagiNation is an opportunity for Qatari youth to learn appreciation for other cultures and beliefs, while respecting the values of Islamic teaching in line with the Qatar National Vision 2030 and the ALF Foundation's ethos. Under the patronage of Sheikh Faisal bin Qassim al Thani's Alf Foundation, DI seeks to empower the nation's school children and students to set goals for their future and take control of their own destiny by being self-motivated. This year's event was a truly amazing experience for all

the Qatari youth who attended the event. As the Qatari teams marched in national dress into an arena filled with 16,000 people, they were given a standing ovation with roaring applause as the Qatar flag was flown and the national anthem played as part of the Opening ceremony. The MC movingly announced over the speaker system that the audience was watching 'history in the making' as Qatar was the first Middle East country to participate in the global DI Championships. A staggering number of 1,400 teams from 42 US states and 16 foreign countries, joined 16,000 attendees, 500 volunteers, 30 exhibitors and 55 VIPs for the momentous DI Global Finals Week at the end of May. This dynamic life-skills initiative, brought to Qatar by AlFaisal Without Borders (Alf) Foundation, is nearing the end of its first year pilot in Qatar, however, the results the Qatari teams achieved reflected that it has been a great success, with both pupils and teachers citing the significant personal and social benefits that the programme has brought to Qatar's youth.



MALL OF QATAR GEARS UP FOR MAJOR PARTICIPATION IN CITYSCAPE QATAR

MOQ announced details of New Anchor Tenants and Partnerships at 3-Day Event that took place from June 2-4 where the mall management made a number of major announcements. Construction work is now well underway and on schedule— that is being built in the heart of "the new Doha" and is set to become the nation's mall when it opens – offering an unrivalled retail experience in Qatar and attracting visitors from across the GCC. The management team at the mall of Qatar is delighted with the response they have had from major retailers to join the mall and it is anticipated that by the end of Q3 2014 most of the strategic agreements will be concluded.



Pictured: Sanjiv Mehta, Chairman of The East India Company (man in purple tie)
Mrs. Cecille El Beledidi, Her Majesty's Deputy Head of Mission (woman in pink suit)
Nasser Al Ansari, Chairman of Octagon International Qatar (man in white thob, next to the man with the bowtie in the middle)

FORMING TIES EDUCATIONAL WITH INDIA

A team of experts from Georgetown University in Qatar's Center for International and Regional Studies (CIRS) recently returned from a trip to Delhi that focused on creating institutional linkages between universities in India and Education City, as well as to explore and exchange research on topics on the Middle East and India through dialogue on geographic, social, and political and economic connections. The CIRS team, which included both teaching faculty and staff members, took part in three separate programs at major organizations in India on the trip that ran from May 13 through May 17. They also organized an alumni reception for graduates and incoming students of the prestigious university who are currently living in India. Amol Dani, GU-Q's Chief Operating Office and trip participant, elaborated, said: "Taking part in these conferences, as well as connecting with past and future GU-Q students in India, provides an excellent platform where everyone benefits. Furthermore, it strengthens Qatar's position as a valuable hub of education and research that addresses the specific issues of this region."



IN CONVERSATION WITH AN AMBASSADOR

CUBA'S WEALTH

BY MARLYNNE MALLARI - DELA PENA

PHOTOGRAPHY JESSIE PALANCA



H.E. Ernesto D Plasencia Escalante

Cuba's wealth is their people! The government is investing heavily in free education and health care for its citizens. The Cuban Ambassador in Qatar, H.E. Ernesto D Plasencia Escalante, stated that it is the right of each person to be educated and health care must be accessible for everyone. Cuba's hospitality extends around the world through its programme called Cuban Medical Internationalism where they send medical practitioners to places in Latin America, Africa and Oceania. Their mission has been acknowledged and praised by the populations served.

What steps are being utilised to enhance cultural relations between Cuba and Qatar?

A: There's no doubt that the strengthening of the cultural links between our two nations is a priority of our foreign policy and our embassy. In that regard, we are in direct contact with the Ministry of Culture, Arts and Heritage, and we have received the full support of the Minister, H.E. Hamad Bin Abdulaziz Al Kuwari. At the same time, we are also working with the authorities of Katara Cultural Village to organise a Cuban Arts Festival. This will occur on the 20th anniversary of the opening of the Embassy of the Republic of Cuba in Doha, the first Latin American embassy in the country.

Good reports about the Cuban Hospital are circulating in the community. Recently, the hospital was awarded the prestigious JCI Accreditation. How do you respond to this positive feedback?

A: We take great pride in our healthcare professionals and we are very glad to know there is a very positive opinion within the Qatari and non-Qatari population. Since the triumph of the revolution, the Cuban government undertook to create numerous educational centres to develop our human resources. That is why today Cuba has over 80,000 doctors and over 100,000 nurses and health technicians, hence we can provide assistance and collaborate in other countries of the world, as in the case of the

State of Qatar. The Cuban Hospital in Dukhan was opened thanks to the wills of H.H. the Father Emir, Sheikh Hamad Bin Khalifa Al Thani and Commander in Chief Fidel Castro.

For over a year and a half, the Cuban staff of the Cuban Hospital in Dukhan were involved in the JCI accreditation process. They trained themselves in all the required healthcare policies, protocols and best practices to ensure patient safety and high quality care. Their dedication and commitment was acknowledged last March, when they were awarded JCI accreditation. They will keep up the good work to continue being worthy of the title and appreciation of the locals.

Your family and job are your top priorities, so how do you balance these two?

A: It is always difficult for me to discuss my private life. But you are absolutely right, I do give high priority to my family. It is often difficult to keep a balance. However, I consider myself very lucky, because the lovely family I have created fully understands the importance of and supports my diplomatic work for the strengthening of bilateral relations between our two nations and peoples. Everyday I strive to make up for the many times I cannot be with them and whenever possible I try to reserve my weekends for them.

Only a few months ago, the Cuban community celebrated its 55th Anniversary of the Triumph of the Revolution. Can you share with us

the highlights of this joyous event?

A: The Cuban Revolution was a turning point in the history of our country. It was a transcendental event not only for our people, but for the Western hemisphere and third world countries elsewhere. It brought about a radical and much needed change in the social, political and economic base of the Cuban society, fully distorted by more than 460 years of colonisation, exploitation and foreign monopolisation of our national resources. It was a new dawn for all Cubans and it shed a light of hope among all the oppressed in the rest of the world.

What are the best places for a tourist to not miss while visiting Cuba?

A: The first thing foreign visitors experience when arriving in Cuba is the warmth and hospitality of its people. Cubans are friendly, open, peaceful, easygoing and industrious. We are an archipelago with a rich culture and history, full of many beautiful places to visit. We were blessed by nature: we have a wonderful weather all year round, lavish beaches and exotic places. Old Havana, Varadero and Trinidad, in the centre of the Island, and Santiago de Cuba, in the easternmost part of the country, are a must see for all visitors. We can cater to all likes for Cuba is a mix of races, religions and cultural traditions.

FOR MORE INFORMATION

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CALL 4411 0713



CUBA

Cuba, officially the Republic of Cuba, is an island country in the Caribbean. The nation of Cuba comprises the main island of Cuba, the Isla de la Juventud, and several archipelagos. Havana is the capital of Cuba and its largest city.

Capital: Havana

President: Raúl Castro

Currencies: Cuban peso, Cuban convertible peso

Government: Unitary state, Semi-presidential system, Socialist state, Republic

Official language: Spanish Language

Points of interest: • Havana •

Varadero • Santiago de Cuba • Cayo Coco • Trinidad



IN PURSUIT OF EXCELLENCE

FEATURE COORDINATED BY MARLYNNE MALLARI - DELA PENA

PHOTOGRAPHY JESSIE PALANCA

While many people feel they work discontented and uninterested with what they do to earn their living, as we sat and spoke with Andreas Wissdorf, the new cluster General Manager of the Renaissance Hotel, Courtyard by Marriott and Marriott Executive Apartments Doha City Center Hotels, we heard a different perspective. His career inspires him to "go the extra mile every day!"

Did you envision yourself in this industry when you were still a child?

A: Actually I didn't. From an early age I was influenced by the profession of my father, who worked his entire life for Lufthansa German Airlines. I always wanted to become a pilot since I had a passion for aviation. I spent my childhood in many different locations around the world and hence got to live in many different hotels as a child. I felt the excitement and magic that comes with staying in big hotels and that somehow stuck on. At the time of making my first crucial career decision, the airline industry was in a consolidation phase which meant a lot of uncertainty so I chose the hotel industry as my career path. I must say that I have never regretted the day since I love what I do, every single day.

What advice can you share with young people who are preparing to take hospitality as a career?

A: The most important advice I can give is to be confident that the hotel business is the career they want to commit to. Pursuing a career in the hotel industry is not everyone's cup of tea. Either you

love it or you are well advised to pursue something else. One can discover early on whether one has the premonition to grow and prosper in this profession or not. In other words, working in the hotel business requires a passion for the nature of the day-to-day business, working with the vast spectrum of the human nature, with different cultures, different personalities, different disciplines etc. Hoteliers work with people for people. Every day is a different day and typically there are no dull days ever! It is a job that is time consuming yet very rewarding in many ways; you can get instant gratification for every effort you invest. Being in a service environment, anyone can make a difference, every day, through every interaction. Internships are a great way to test the waters and get a first glimpse of the hotel and to know whether one is made for a lifetime hotelier.

How do you encourage your team to share the same passion as you have?

A: Generally, working in a hotel, no matter whether as a housekeeper, waiter, receptionist, department head or general manager, everyone including

the team members who typically work behind the scenes like technicians, chefs, dishwashers etc. make a difference every single day. It is the fact that every effort you put in results in a positive result.

In addition, a simple core philosophy builds the foundation for the passion to go the extra mile every single day. You have a choice to make when you get up in the morning: is it going to be a great day or not? I choose every day to be the best day ever.

What makes Marriott one of the most preferred employers in the hotel world?

A: I believe the answer can be found in the legacy of our founder Mr. JW Marriott and the leadership of his son Bill Marriott who have grown the business from a simple root beer stand in the 1920's to one of the leading hotel companies in the world today. The Marriott management philosophy is "take good care of your employees and they will take good care of your customers, so the customers come back." In other words the key is that the people always are number one.





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in the
Middle East**

*F*rom net to table, **Harry Ramsden's** World Famous Fish & Chips have sustained a nation since 1928. With over 200 restaurants across the UK, its fresh-caught, home-grown taste comes from the bountiful waters of the North Sea -- and now will soon be making its way to Qatar.

AHB Group is proud to announce the Doha debut of **Harry Ramsden's** World Famous Fish & Chips at The Pearl-Qatar's sunny, seaside location of Medina Centrale. This marks the chip shop's first international branch so stay tuned for the full grand opening details. From the first flake of fish on the fork to the satisfying crunch of the last chip, make Harry Ramsden's your top stop for a true taste of the British boardwalk.



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Young Qatari Artist, Ameera Al Aji

Whilst extensive investment in exhibiting international artists such as Damien Hirst and Richard Serra clearly shows the hunger by the ministry of Arts Culture & Heritage to develop Qatar into an international arts hub. Young Qatari artists, like Ameera Al Aji, are picking up their brushes to join the fury to create traditional and new art to represent their country and their values.



Arts & Culture News

The Cultural pass

Qatar Museums and Vodafone is opening the first world class call centre dedicated to culture in Qatar. The call centre service is freely available to all Culture Pass members, helping users to discover more about Qatar's cultural landscape, plan visits to exhibitions and educational activities, or simply learn more about the membership program and benefits.



Culture comes to the classroom with first ever Sheikh Faisal Museum School

Year Five pupils from the Gulf English School (GES) celebrated International Museum Day this year with a Museum School Workshop, led by Sheikh Faisal Museum's Curator of Islamic Art, Dr Esameddin AlHadi. Twenty three students participated, 10 girls and 13 boys, in the first ever mobile exhibition from the museum in a school classroom and learnt about beautifully designed ceramic, silver and bronze historical household pieces that were used many hundreds of years ago. Dr AlHadi, Curator of Islamic Art at Sheikh Faisal Museum, told the class: "Museums present our historical memory and show us what our ancestors used and why they used such things. Museums are important places for people to visit and

learn about the past to get an idea of history. Our museum pieces can teach us a lot about art, culture and history."



"Arts and culture are a necessity, not a luxury." Kempinski Hotel

Kempinski's young artist programme (KYAP), celebrated its fifth anniversary with a weekend of activities in Berlin last June. The initiative focuses on the value of taking artists from one culture to another with unique programmes designed to nurture young artistic talent. Under the leadership of Duncan O'Rourke, COO of Kempinski Hotels S.A. and Programme Director Marylea van Daalen, the Kempinski Young Artist Programme reflects the values of Kempinski Hotels and aims to give these young talented individuals invaluable experiences that they will draw on for the rest of their lives, but also help them to foster international understanding and cooperation.

To learn more about the Kempinski Young Artists Programme visit: www.kempinski.com/en/hotels/social-responsibility/culture/arts-programme

Taking Centre Stage

Lagoona mall hosted an evening of classical dance with live performances from the graduating class of the Al-Gheed Ballet Centre. In celebration of the centre's first year anniversary all 25 graduating students were awarded certificates and gifts.

For more information call 4413 1389 or visit Lagoona Mall, 1st floor.



MUSICIAN'S NOTES



WHAT WE PLAY IS LIFE

Thank you all for helping us to close an inspiring season at JALC Doha. I've since had time to reflect on the remarkable experiences we've been a part of. Some of my favourite moments happened right here, in this community, particularly on the educational front. Educational outreach is one of the main pillars of JALC, and we as musicians have had great opportunities collaborating with various schools in Doha.

A MONTHLY COLUMN BY DOMINICK FARINACCI

depending on how each chooses to express them.

Discussing improvisation, a key element of jazz, Dr. Scott explained "a script is a necessary starting point, but we need to be able to adapt in the moment and respond to our patients in ways that are more nuanced and intuitive than a script allows."

When musicians are improvising, they are using a set 'script,' also known as a 'lead sheet,' as a basis, and then react spontaneously based on what the other musicians are playing. The energy of the audience also plays a role in their musical decisions, and ultimately when they listen and react to others, the song can transform itself into something completely different.

I've always been fascinated by the connection between music and healthcare because of my own personal experiences with my grandmother. When she was suffering from

dementia, our conversation became very redundant, limited to two or three questions repeated over and over. When I put on a song from a certain period in her life, it would immediately trigger a specific memory, and she would suddenly be transported to that particular time and place. In this case it was a recording of Elvis Presley, and she remembered the huge crush she had on him, which was really cute! Music enabled me to discover new things about her past, things I otherwise would never have known about.

These kinds of qualities between music and life go hand in hand, and paint a broader picture of the significance of music in our daily lives. Whether music is used to learn how to communicate with others, or to help bring families closer together, it certainly serves a larger purpose than just entertainment.

I always think about what my dad says of music: "We can live without it, but having it makes our lives richer, brings us together and helps weather the difficult times."

We look forward to seeing you next season!



A particularly memorable experience that brought to light a natural synergy between the medical community and music was at Cornell Medical College. Dr. Steven Scott, Associate Dean of Student Affairs, organised a panel exploring the art of doctor-patient communication through music. He remarked that when physicians communicate with their patients, it "involves more than simply the content of the words. Body language, inflection, tone of voice and other cues have a great influence on what we hear, as well as the way our message is interpreted." When a musician plays music, the qualities mentioned enable him/her to make an emotional connection with the audience. It's not the notes themselves, but it's how the notes are played. Two musicians can play the same notes - and can sound completely different



**FOR
MORE
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Abode took some time to visit young Qatari Artist, Ameera Al Aji to talk about her work, her plans for an exhibition and the state of the art scene in Qatar.

ARTISTIC GEOMETRIC DESIGN INSPIRATION

BY MITCH FREELY AND RANIA BITAR, STUDIO 88
PHOTOGRAPHY MIGUEL VETERANO

Firstly we visit Ameera late on a sweltering May evening. We find her hurrying around her art studio, which is awash with paint, art books and a number of different sized model triangles. "These are part of my exhibition I'm currently working on, sorry for the mess!" claims Ameera, who is currently working on the concept for her upcoming exhibition.

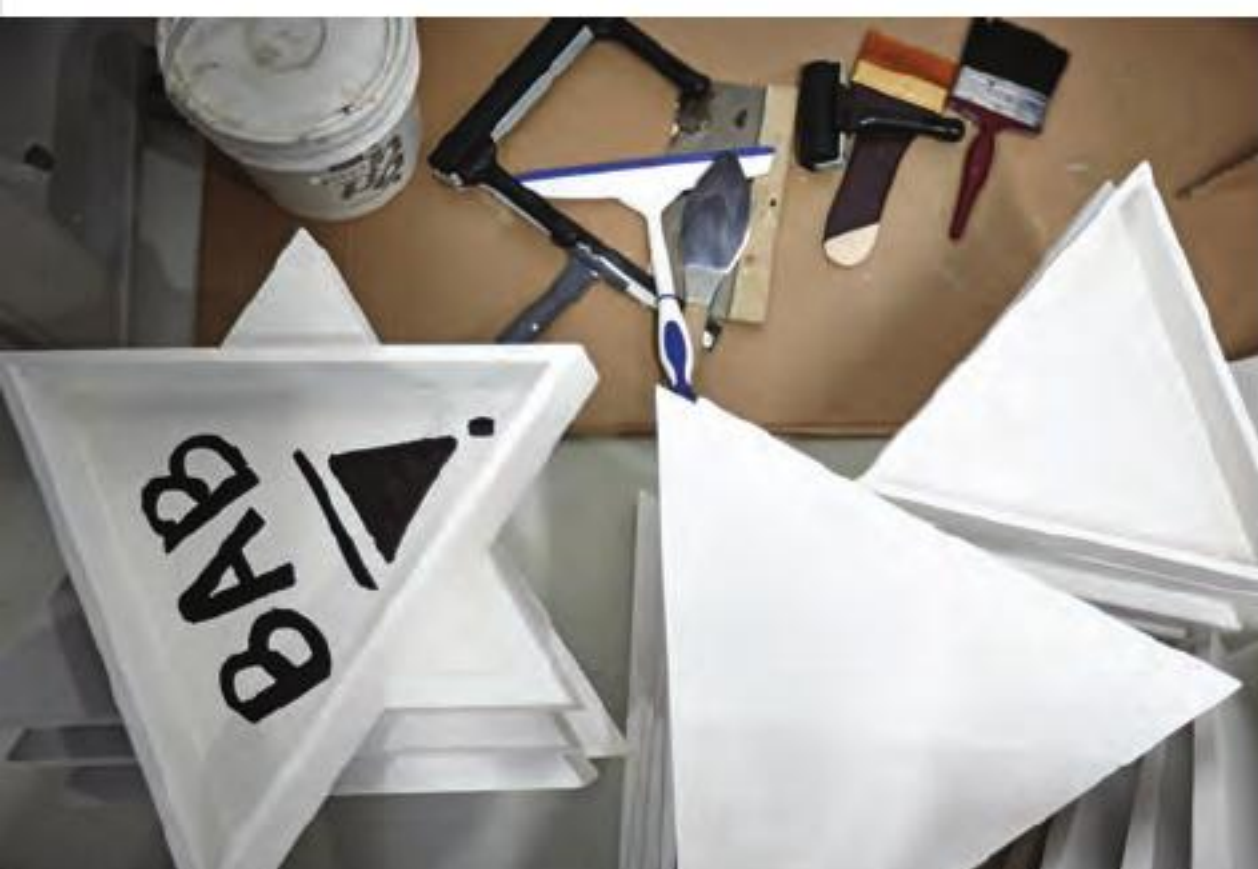
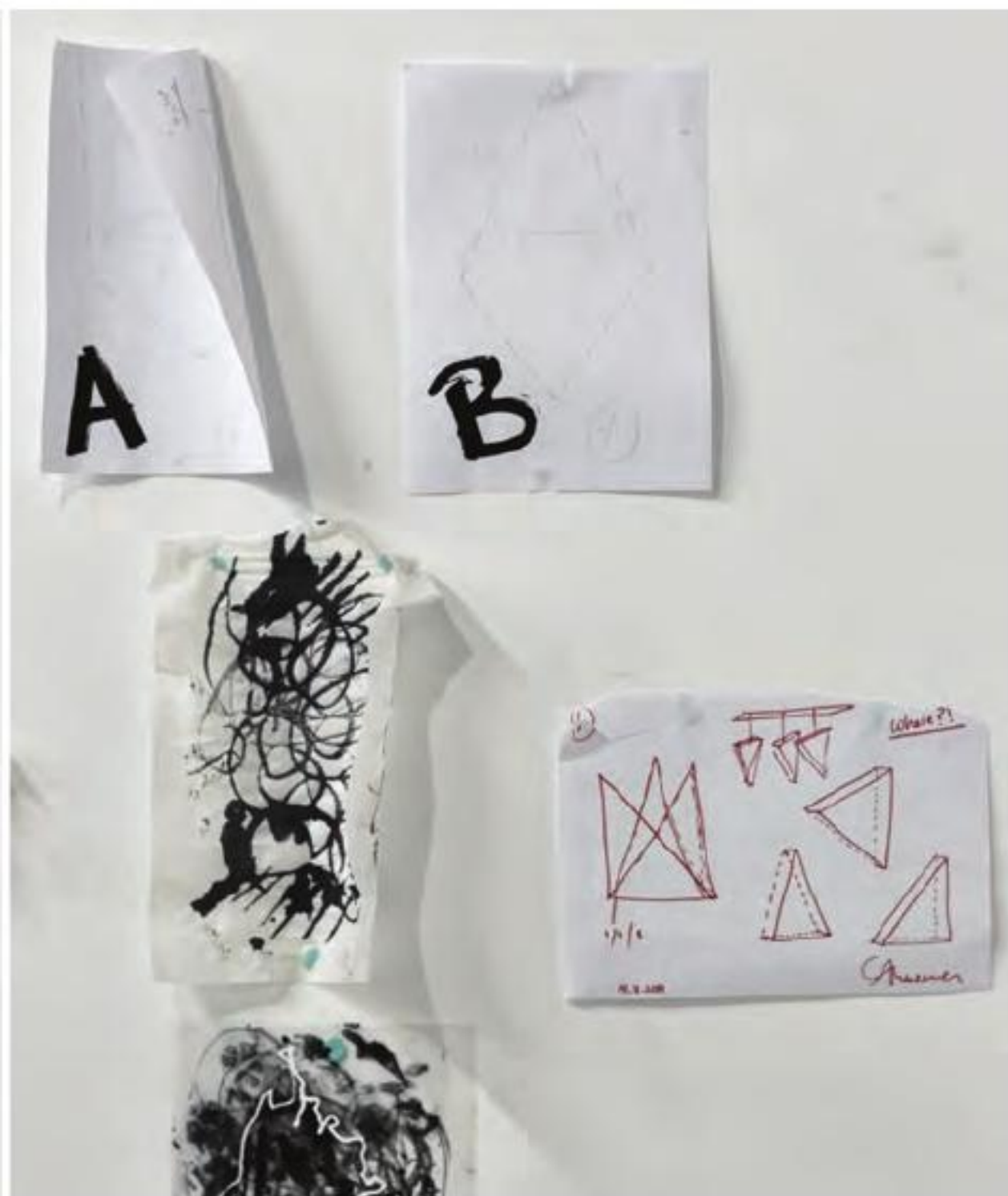
Asked about her inspiration behind the triangles, Ameera looks to her culture and faith. "I decided to use triangles as they are prominent in Islamic art. My exhibition will be looking at the triangle and individuality, and how we as Qataris also have to balance our family ties." Speaking with real conviction, you can see that Ameera has a

real passion for her craft. Having graduated with a degree in Art Education in 2009 from Qatar University, Ameera now works as a community services supervisor worker at the Qatar Foundation. With her spare time she dedicates it to her artwork, visiting her studio whenever she can. Carefully weaving through the huge triangles assembled in her studio, Ameera was busying herself painting the triangles that were strategically placed for a visual art project.

Ameera talks enthusiastically about her family and how they influenced her work. "I have always been into art as a young child, I remember my mother encouraging me to paint when I was little. Now I am a little older I did receive some resistance from family members, telling me that this

was not the right path for me to take. Thankfully my close family & friends have been a big support and a source of inspiration encouraging me to keep working and embrace my creative side."

Talking about the contemporary art scene in Qatar, Ameera is excited about the future for herself and her peers. "Everything is slowly changing in Qatar in regards to art, before people would only be interested in traditional Arabic style paintings. But thanks to the government investing and exhibiting more international artist's tastes are slowly changing. I'm not saying that traditional painting is wrong in anyway, however the education underway which can only be a good thing. I often get people coming in talking about my work



A beautiful rendition of triangles in colour

"I decided to use triangles as they are prominent in Islamic art."

asking lots of questions about what I do, because of the glass windows at the front of the studio. That is also helping change perspectives towards what I do."

Reading about art is another major inspiration point for Ameera in the creative process. "That is a fantastic way to learn new styles. Especially with the library of art books here at Katara. So many different materials covering absolutely everything across the art spectrum. Islamic, Western art focusing on both contemporary and classical styles. Sometimes I just visit the studio to read from the library."

Looking to the future Ameera is currently working on her second exhibition which should be ready by December and is hoping

to show her work with the help of the Qatar Fine Art Society. "I'm working for December, so we still have some way to go but now the concept is in place, and I have a fantastic studio here to work so I can shut myself away and really get down to working!"

Unfortunately at the time of writing Abode has discovered that the Katara Art Centre is set to close, due to a major financial backer pulling out. This will bring an abrupt end to the open, free studio space developed for young Qatari artists. With art spaces in Qatar increasingly hard to find, this leaves the developing contemporary art scene in Qatar at a crossroads. It is clear that this space was a vital in the development of Ameera as an artist.

Whilst extensive investment in exhibiting international artists such as Damien Hirst and Richard Serra clearly shows the hunger by the ministry of Arts Culture and Heritage that they want to develop Qatar into an international arts hub. Coupled with the investment in Qatar Museums Authority, who are set to have a number of world class exhibition spaces in the next few years. However perhaps a small focus on Qatar would aid in the development of a number of young artists, thus enriching Qatari contemporary art through self-development rather than lavish expenditure on international artists. The next Qatari Damien Hirst or Tracy Emin is just waiting to be discovered.



Maria Starr, Belle from the Beauty & the Beast Disney show

A LIFE ON THE ROAD WITH DISNEY

ABODE had the pleasure to sit down with Maria Starr, one of the leading cast members of “Rockin’ Ever After”, the upcoming Disney on Ice Show that will amaze the Doha crowd this September from 24th to 27th at Qatar National Convention Centre. We discovered more about the life behind the scenes of this beautiful and talented artist.

Q: You portray Belle from the Beauty & the Beast, can you tell us more about this charming character?

STARR: I love portraying the role of Belle. She has a mind of her own, much like myself, and she loves adventure. She is one of the most Classic Princesses in my opinion and I love transferring her beauty and maturity to the ice.

Q: Joining the Disney On Ice in 2010 must have been a great milestone for your career. And now you became a principal skater in one of the most magical shows ever. How does it feel?

STARR: Joining Disney On Ice was the best thing that has ever happened to me. It is amazing that I was able to work my way to becoming a principal skater. It means so much to me. I love having a role that feels like it belongs to me. I also love the responsibility of delivering the best show I can give to every audience.

Q: You and your team are constantly traveling around the world. How do you juggle it all?

STARR: It can be a rough lifestyle at times. Just as we are getting used to one place, we are moving on to the next. Everyone has their own way of living on the road. But we all have one thing in common, that our life has to fit into 2 suitcases.

50 pounds each. It is a good way to try and live a more minimalist lifestyle, and it makes you realize what you really need.

Q: What’s your yearly schedule like? Do you manage to go home often?

STARR: We usually make it home for about a month or two each year. The past four years I have mainly been in the United States. I have done 2 West coast Tours and 2 East coast tours, running from September through may each time. Summers are a little different. I have been to Mexico, Puerto Rico, and Australia. It just depends on the summer.



Q: Can you tell us more about the “Rockin’ Ever After” crew?

STARR: We have around 38 skaters from all over the world in our group. In fact, we have skaters from the US, Canada, Japan, Russia, Estonia, The United Kingdom, Argentina, France, to name a few. It makes life very interesting with all the different cultures. I’ve learned so much from all of my friends on tour, and it is pretty amazing to know that I have good friends all over the world. It is quite unique.

Q: Can you give us a glimpse of your typical day while touring?

STARR: We often have Monday and Tuesday completely off (other than an interview here or there). We generally start our week on Wednesday with one show. We do around 8-12 Shows a week. Always having 3 shows on Saturdays. We usually arrive at work an hour before the show starts. Just enough time to do our makeup, and warm up for the ice show. Sometimes, after some of the shows, there

is a little extra ice time so that that we can skate around the rink, just to practice for ourselves. Believe it or not, even after skating all day for work, we still want to skate more! We really love what we do!

Q: What Country, that you have visited, has impressed you the most, so far?

STARR: I have mainly been in the United States. Which is why I am so excited to go the UAE and Qatar! However, if I had to choose right now, I guess I would say Canada. I loved Montreal, Toronto, and Vancouver. I just like the feeling of their culture. Also their potato chips and candy are the best!

Q: What can the Doha fans expect from the “Rockin’ Ever After” show? Any special effects from Belle?

You can expect a very high energy show! Beloved stories told through beautiful skating.

ROCKIN’ EVER AFTER will bring together the classic Disney’s stories, such as Beauty and the Beast, The Little Mermaid, plus will include the newest releases Tangled and Brave, to name a few, all beautifully choreographed for everyone to enjoy. It is a spectacular show. Expect Mickey Mouse and all his friends at Qatar National Convention Center this September!

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Singapore: the perfect family EID GETAWAY

This small island country, famous for its breathtaking skyscrapers but also for its shopping malls and natural reserves, tops our family's holiday destinations for the upcoming EID break. From the horticultural paradise of Garden's by the Bay, to Night Safaris and many more themed parks, Singapore will enchant you!

Discover the latest packages by Qatar Airways Holidays on page 124.

Travel News

Stay in tune with news from the hotel and travel industry

Millennium Plaza Dubai named leading business hotel

The Millennium Plaza Hotel Dubai has scooped up the award for the Leading City Business Hotel in Dubai at the recent World Travel Awards 2014, held in the run-up to the Arabian Travel Market. The glamorous ceremony at the JW Marriott Marquis Dubai honoured the region's leading travel companies in the Middle East edition of the awards. "The World Travel Awards are frequently referred to as the Oscars of the industry, and I am delighted to have walked the red carpet to collect this prestigious award on behalf of all the team", General Manager Daniel Mathew said.



EID Family Celebrations at The Ritz-Carlton, Dubai

Make the most of the ultimate family getaway offers at The Ritz-Carlton, Dubai International Financial Centre. The 'Intrigue You' package includes two exclusive offers: guests can reserve a three nights' hotel stay and pay for just two nights in a Deluxe Room, Premier Room, Junior Suite or Executive Suite. Alternatively, families looking for a 'home from home' experience with all the luxuries of a Ritz-Carlton, can choose to stay for five nights and pay for just four in the Executive Residences, in a luxury one, two or three bedroom apartment. In addition, guests will also receive an array of added value benefits, including breakfast, Wi-Fi, and complimentary accommodation and dining for children under 12 years old, as well as savings for the whole family on dining and spa treatments. Not to be missed!



Escape To Banyan Tree Resorts Ras Al Khaimah For A Refreshing And Rejuvenating Summer Staycation

The luxury resorts of Banyan Tree Al Wadi and Banyan Tree Ras Al Khaimah Beach have created a special Summer Indulgence package offering relaxing wellness, fine dining, an array of unique activities and special experiences to keep cool this summer in a stunning nature reserve or on the private beachfront of Al Hamra. For reservations contact Banyan Tree Ras Al Khaimah Beach at +971 7 206 7777, or email reservations-alwadi@banyantree.com

Etihad holidays UAE launches online packages sales

Etihad Holidays has launched a new website, which offers packaged holidays at exceptional rates. Peter Baumgartner, Etihad Airways' Chief Commercial Officer, said: "The online website, the first of its kind in the UAE, will soon be available in other markets across the Etihad Airways network to drive tourism into the UAE and across our fast expanding global network, following the successful launch of Etihad Holidays in the UK and Germany." Guests booking holidays via the new website on www.etihad.com will earn Etihad Guest Miles as they choose from the entire selection of services within the annual Etihad Holidays program featuring 128 destinations in 44 countries. Check it out!





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3



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Theme and water parks provide endless entertainment for the whole family. They allow you to relax over a meal, while your children are having fun with the games and activities on offer. Qatar Airways Holidays have prepared various packages that are ideal for families. Their experienced and knowledgeable consultants can help you to tailor a holiday package to suit your exact travel needs.

1

DISNEYLAND PARIS

Discover Disneyland Park where all your Disney fairytale characters come to life, bringing the most magical moments to your family. Meet and greet all your favourite Disney characters – hug them, take an autograph or capture the moment in a photo. With more than 50 rides, attractions, Disney shows and parades, Disneyland Paris offers endless entertainment for the whole family.

ADD ON: Explore the fascinating city of Paris. Take a river cruise on the Seine or climb the Eiffel Tower, be dazzled during the evening tour by the city's illuminated monuments and buildings, enjoy puppet shows or take part in a French cuisine cooking class.

2

HONG KONG DISNEYLAND

Walking into Hong Kong Disneyland, you feel you are in a wonderland. It is a must-see world where the Disney

characters and stories all come alive, welcoming you at the start to a magical journey.

ADD ON: Extend your holiday with a stay in Hong Kong, the meeting place of various cultures that blend harmoniously with Chinese traditions and exotic influences. Your family will enjoy a visit to Victoria Harbour, Hong Kong Space Museum, a boat ride at a fishing village, and riding the tram all way up to the Victoria Peak.



Hong Kong, China



Paris, France

WHAT TO PACK:

- Pack light. For children pack complete outfits: top, bottoms, undies, socks, and an extra outfit for unforeseen 'accidents'.
- Carry sunscreen and rain gear for each member of your family.
- Carry comfortable shoes to avoid 'blisters' and a pair of sandals.
- Carry a small first-aid kit that includes simple items such as Band-Aids, gauze, cold packs, small bottle/tube of hand sanitiser, bug bite sting reliever, antibiotic ointment and pain killers.
- Give each child their own small bag to hold their special belongings like a deck of cards, activity books, toys and favourite blanket to keep them comfortable and entertained. Also keep a copy of your travel itinerary, hotel contact details, and contact number in case of emergency.
- Bring a digital camera with a second SD card and battery.
- Bring juices and light snacks in case of delays and long travel.

3 UNIVERSAL STUDIOS SINGAPORE

Universal Studios Singapore is a gateway to the world of movie magic. The theme park is meant for people of all ages, and offers some of the most thrilling and technologically advanced attractions. Experience fun and adventure filled rides, such as Madagascar, A Care Adventure, Shrek 4-D Adventure, Revenge of the Mummy, Jurassic Park Rapids Adventure, Battlestar Galactica and Transformers: The Ride, all within seven themed zones.

ADD ON: Explore the vibrant city of Singapore with additional activities like The Duck Tour - a unique city and harbour tour on an authentic Vietnam War craft that is an amphibious ride on both land and sea. Enjoy the breathtaking panoramic views of Singapore on Singapore Flyer, Jurong Bird Park, Gardens by the Bay - a horticultural paradise, Night Safari, and a series of fun activities such as a dolphin shows and a musical water extravaganza.

FOR PACKAGE DETAILS OR TO BOOK YOUR HOLIDAY

CONTACT

Qatar Airways Holidays
on 4423 7937 or VISIT
qatarairwaysholidays.com.

10% savings on all holidays booked by 20th July for travel until 7th August.

Crossing Borders This Ramadan

Escape the sweltering heat this Ramadan through a refreshing array of foreign summer escapades. From the bustling city of Dubai to the neighboring stunning shores and mountain ranges of Oman or further north to the cosmopolitan city of Geneva. We share this summer's top Ramadan Experiences.

WORDS AND IMAGES BY INSIGNIA PR



Bâ Restaurant

STYLISH EASTERN DINING IN DUBAI

Bâ Restaurant and Lounge, Fairmont The Palm draws its guests to the lush palm island this Ramadan with its extraordinary vistas overlooking the Dubai Marina skylines and the ocean sunsets. This uber stylish restaurant treats local taste buds with an Eastern flair. Opening daily from sunset est. 7.30pm - 11:30pm on Saturdays through Wednesdays and sunset est. 7.30pm - 12:00 midnight on Thursdays and Fridays, offering authentic Chinese delicacies in a flexible sharing fashion, convenient for dining amongst family and friends. A popular culinary delight to be expected is traditionally steamed dim sum, complemented by hand-crafted revitalizing tea mocktails. During this holy month, Bâ treats visitors and locals alike to a refreshing new way to break the fast in a contemporary buzzing ambiance.

Bâ Restaurant and Lounge, Fairmont The Palm Jumeirah
Tel.: +971 4457 3338
www.fairmont.com/palm-dubai

IDYLIC BEACH RETREAT IN OMAN

Enveloped between frankincense lined mountains and freshwater springs along the Indian Ocean, **Salalah Rotana Resort** remains an ideal year-round destination, particularly during this coming Khareef season where the ethereal combination of nature can be experienced at its finest. This Ramadan, guests experience generous Omani hospitality as the resort offers a 20% discounted rate on select hotel facilities including food and beverage, wellness spa treatments at Zen the spa valid until September 15, 2014. Also on offer is an abundant traditional Iftar buffet at Saffron Restaurant for AED 124 (OMR 13) per person. Each Friday, a lucky winner is selected for an opportunity of experiencing a two night stay at selected Rotana properties in Abu Dhabi and Dubai. Get Involved!

Salalah Rotana Resort
Tel.: +968 2327 5700
www.rotana.com



Salalah Rotana Resort



Cipriani Restaurant

MARINE FRONT ITALIAN FINE-DINING IN ABU DHABI

Comfortable in the heart of Yas Island, **Cipriani** plays host to an enticing combination of traditional Italian cuisine in a warm and elegant marine front setting. Reopening for Eid, this charming venue offers an impressive new menu for post-Ramadan dining. Book your table now.

Cipriani Restaurant, Yas Island
Tel.: +971 265 75400
www.cipriani.com



InterContinental Genève



Alila Jabal Akhdar

BREATHTAKING MOUNTAIN HIDEAWAY IN OMAN

Recently opened on May 8, 2014, **Alila Jabal Akhdar** takes Ramadan to new heights as it soars 2,000 meters high above sea level. Cosily nestled in the midst of Oman's beautiful Al Hajar mountain range, the hotel overlooks a dramatic gorge surrounded by rugged nature. For the holy month of Ramadan, guests receive an exclusive Mountain Escapade package entitling them to two nights of accommodation, daily complimentary breakfast, 90 minute Spa Alila treatment, one welcome dinner for two (excluding beverages), scheduled complimentary activities, Wi-Fi access, gym and pool access. Early birds are treated to an exciting offer with 15% off room rates for reservations made 30 days in advance with the package offer available until September 30, 2014.

Alila Jabal Akhdar
www.alilahotels.com

CHIC EUROPEAN CITY GETAWAY IN SWITZERLAND

Whether relaxing by the coveted pool, shopping at the numerous fashion and apparel designer stores on cobblestone roads or dining at quaint open-air cafés by the lake, **InterContinental Genève** offers guests a unique summer experience exclusive to this charismatic property. With a 20% discounted rate off all 56 suites and conveniently connecting rooms make it the ideal family destination. Ramadan is incomplete without a traditional Sohour and Iftar. Here, guests can feel at home in the comfort of Arabic speaking staff available for assistance while indulging in the exquisite, customary dishes prepared by the Lebanese Chef, or lounging by the poolside with a Shisha. To further the personalised experience, a private butler will be available on request for short and long term reservations at 'The Residences'.

InterContinental Genève
Tel.: +41 2291 93939
www.InterContinental-Genève.ch

HAVANA NIGHTS:

A MAGICAL ISLAND FROZEN IN TIME

BY FRANCESCA CRUZ

Settled comfortably at a table overlooking the Malecón, the crash of waves as my welcoming committee, a salty breeze caressing my face, with café con leche to my right and pencil and paper as my witness, I'm ready to experience all Havana has to offer.

This is the island that stirred in Christopher Columbus a deep devotion, referring to it rapturously as "showered in petals of myriad flowers, mountain ranges that stretched not far, but rose to lofty heights. The cool aromatic groves, yams that taste of sweet chestnuts, and brightly plumaged birds; this, the most beautiful land that eyes ever beheld."

Nestled at the famed Hotel Nacional that sits atop a cliff with a panoramic view of the city, my eyes veraciously take in everything they can. I want to visually swallow it whole, make it mine, and take it with me. I see what Columbus fell in love with, and my connection to this place is bittersweet.



Streets of Havana



Streets of Cuba



From birth, I've been bewitched and enchanted by a place I've known mostly through my Cuban parents' nostalgia. Memory and ache creates nostalgia - one of the many post effects brought on by Fidel Castro's 1959 coup d'état.

This place is magic bottled up in a time capsule that was tossed off to sea. Being here feels like the first stages of falling in love. Even with the scarcity of basic needs, the people, along with the land, come alive with joy, music and laughter. It has everything to do with island life: the folklore of the place, and the sensation that something is always brewing just beneath the moist earth that produces some of the finest tobacco and coffee in the world.

EXPLORING THE CITY

After breakfast at the famed landmark, it's off to see the sights. I begin by venturing to la Havana Vieja (Old Havana), a place that



Old Havana



Central Plaza Old Havana

witnessed 400 years of Spanish colonial rule and a decade of revolution. The cobblestone streets speak volumes for those willing to listen. First on the list are favourite stops of American writer Ernest Hemingway, who called the island home on and off for 20 years.

Built in the late 20's and located on the corner of Calle Obispo and Mercaderes, **Hotel Ambos Mundos** is at the centre of the most historical part of the city. You'll find works of important Cuban artists, Flora Fong, Nelson Dominguez and Ever Fonseca displayed throughout the hotel. Guest can visit room 511, Hemingway's home-away-from-home from 1932-1939, where his novel, *For Whom the Bell Tolls*, came to fruition. His trusty Remington typewriter still sits on display.

Just down the street, also on Obispo, is **El Floridita**. Built in 1817, the restaurant is a staple of this historical sector and considered one of the original spots for the intellectual expats to gather in Havana's heyday, from Ezra Pound, John Dos Passos to Errol Flynn. About an eight-minute walk from Calle Obispo toward Calle Empedrado, and on the corner of San Ignacio is **La Bodeguita del Medio**, which



Hotel Ambos Mundos

was also made famous by Hemingway and frequented by Pablo Neruda, Nat King Cole and screen legends Marlene Dietrich and Ava Gardner. It's a tiny place where live music and "entremesas" (tapa style portions) can be enjoyed. Be prepared for the abundant tourists that flock here, since it is a place you'll find on most must-see lists.

There is a duality to Cuba: the dichotomy of hope and heartache enveloped in opulence and decay. There hasn't been any major construction since 1959. At that time, this was a city of the future. The infrastructure,



Art on the Street

the architectural mélange of styles (there is a unique blend of mid-century modern, with Neoclassical and Colonial) and the layout of the city all made it a place that was urban and thriving.

In present day, it's in desperate need of restoration and repair, along with intense doses of loving care, but that's also what draws so many in: its 'frozen in time' appeal. Walk the streets and you'll find music being played, art being created or showcased, and every corner block seems to have a cultural house. In the colonial district alone there are over 40 museums featuring cars,



Museo de Danza



Malecón

cigars, rum, even chocolate, and yes, revolution.

Museums I recommend visiting while here include: **Fundacion Havana Club**, a rum museum (originally Bacardi); **Castillo de la Real Fuerza**, the fortress that once protected the island from invaders; **Museo de la Ciudad**; **Museo Nacional de la Danza**, which houses objects from prima ballerina Alicia Alonso's collection; **Castillo de los Tres Reyes del Morro**, on the north-eastern side of the harbour, a symbol of Havana and the most visited place; and the **Museo Napoleónico**, housing the finest collection of Napoleonic and French Revolutionary memorabilia outside of France.

Some galleries and art studios in Havana you don't want to miss are: Casa de Los Artistas with works by Zaida del Rio, Fabelo Rancano, and Pedro Pablo Oliva; Fototeca de Cuba, which houses the largest most valuable collection of Cuban photography; Fundación Ludwig de Cuba, which is located in the penthouse of a five-story building with a breathtaking view of the city; Galeria Villa Manuela, which exhibits some of the best contemporary Cuban artists; and the Museo Nacional de Bellas Artes, Cuba's largest and most impressive permanent art collection.

Music plays a major roll in the Cuban culture. Along with their basic needs of food and water, for a Cuban, music is what feeds the soul. There is a collection of great



La Floridita

venues where live music can be enjoyed. Don't miss visiting: **Casa de la Musica de Centro Habana** and **El Jelengue de Areito** for salsa; for contemporary music, **Don Cangrejo**, and **El Suace**; for jazz, ; and for **trova** and traditional music, **El Gato Tuerto**, and **Salon 1930** 'Compay Segundo'.

For the essence of Cuba, take a walk down to the Malecón (the seawall promenade) where locals and visitors go to socialise and watch the sunset or sunrise. Just across

In addition to history, art, nostalgia and music, the island envelops those who visit it, in an appreciation for being in the moment, the purity of now. Wi-Fi is not readily available. Cubans do use cell phones, but are not attached to technology, as is the case in most parts of the world. Having learned to go without for so long has aided this island in a quality of life that harkens back to a more simple time of life - as if 'frozen in time'.



La Casa del Jazz Cubano



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Tenuta Furnirussi Hotel in picturesque Italy



A TRULY ITALIAN DELIGHT

PLAN A SPECIAL SUMMER HOLIDAY IN PUGLIA, ONE OF THE
MEDITERRANEAN'S BEST KEPT SECRETS!

BY FRANCESCA MOSER

Italy is one of the top holiday destinations in the world thanks to its ancient history, breathtaking landscapes and gorgeous food. But instead of visiting its usual famous cities such as Venice, Rome and Florence, why not to venture to the heel of Italy's boot?

Puglia is one of the most picturesque regions ever. This is the home of endless olive groves, charming villages and amazing coastlines boasting white sandy beaches and the most crystal clear waters. So if the above characteristics sound like your dream holiday, you should opt for a stay at the recently opened Tenuta Furnirussi.

This family operated property combines understated luxury and Mediterranean lifestyle effortlessly, meaning you'll be able to enjoy a relaxing holiday while experiencing the true essence of south Italy.

Located in the countryside of Carpignano Salentino, in the province of Lecce, this boutique hotel boasts 24 suites (classic or deluxe) and two additional luxurious suites. They are all very airy, modern and full of comforts, including chrom-therapy showers and walk-in wardrobes. These each overlook the organic fig tree garden, which is the biggest in Europe. Its original

1,000sqm bio-design lake-inspired swimming pool lies in the picturesque Mediterranean garden, which will guarantee you hours of pure relaxation. Everything stressful will be faraway from the hustle and bustle of the cities and busy beaches.

The famous local cuisine will be on offer on the spot too thanks to the in-house restaurant Il Ficheto, which only uses fresh and home-grown ingredients. From local preserves at breakfast to the more elaborated lunch and dinner menus, you'll be able to discover the true flavours of this unique region.



WHAT IS NEARBY :

- Otranto is 12 km away
- Brindisi airport is 70 km away
- Lecce railway station is 25km away
- Shuttle transfers available on request
- Tenuta Furnirussi usually closes from November until April each year.

Here are some of the most sought-after destinations in the area: Alimini and the white city of Otranto are only 20 mins away, so you'll be able to experience these charming destinations too.

A state-of-art gym and glorious spa are on hand too, making sure you will keep fit and relaxed hassle-free. Whether you are after a holistic retreat, romantic getaway, or even a family holiday, this is the place to be!

**FOR MORE
INFORMATION**

VISIT

www.furnirussi.com



THE TRUSTED ONE!

A TRUE FAMILY HAULER THAT FITS SEVEN - 24/7

BY DELIAH ROQUE



Nissan has successfully found yet another path not so travelled with its newest entry of the Pathfinder SL. Smaller in appearance when compared to the other giants on Doha's roads but does not fail its reputation as a convenient luxury family hauler. This latest Pathfinder gained a spacious new interior with adult-size seating in both the second and third rows, along with a dandy ride and handling qualities that are the perfect solution for those morning school runs or a trip to the supermarket.

The 2014 Nissan Pathfinder is a midsize seven-passenger crossover SUV which comes in four trim levels: S, SV, SL and Platinum. The SL Premium is packed with all the whistles and bells and boasts a



long list of reasons why this transporter is so trusted. Some of our top favourites were the Remote Engine Start System-equipped keyfob which allows you to start your vehicle remotely so your preferred climate settings will be ready when you begin driving, a remote power lift gate which makes so much sense when your hands are full, tasteful leather upholstery,

air-conditioned front and rear seats for those unbearably hot days and a large dual panoramic sunroof which is just so special.

The 3.5-liter V6 engine delivers flawless power, so even heavy adventures are no match for the 2014 Pathfinder. The proof of this is in the numbers: 260-hp, 240-lb-ft of torque, and 5,000 pound



SPECIFICATIONS:

- Engine: 3.5 L V 6-cylinder
- Drivetrain: Front Wheel
- DriveTransmission: CVT Automatic
- Horse Power: 260 hp @ 6400 rpm

towing capacity—the most standard towing in the class. So whether you're headed to the marina, hauling all your gear, or venturing to Inland Sea, just hook up your trailer or camper and go!

No other SUV in this class gives you the choice of 2WD, 4WD, and Auto Modes. Turn the All-Mode Dial, located just behind the gearshift, to lock into 4WD on rough terrain and in varying weather. Turn it again to switch into 2WD for better mileage. The intuitive Auto Mode senses slippery roads or rough terrain and automatically adjusts power to each wheel. When things smooth out, it switches back to 2WD.

Looking for a new SUV this year that does much more? The new Nissan Pathfinder has our vote!

FOR MORE INFORMATION

CONTACT
NISSAN MAIN SHOWROOM
Salwa Road
4428 3333

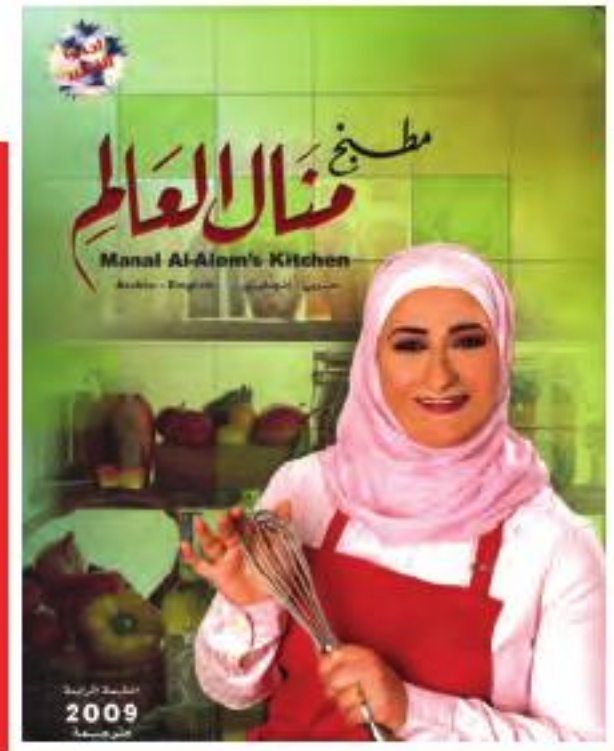


Best Sellers

COMPILED BY DELIAH FURCOI

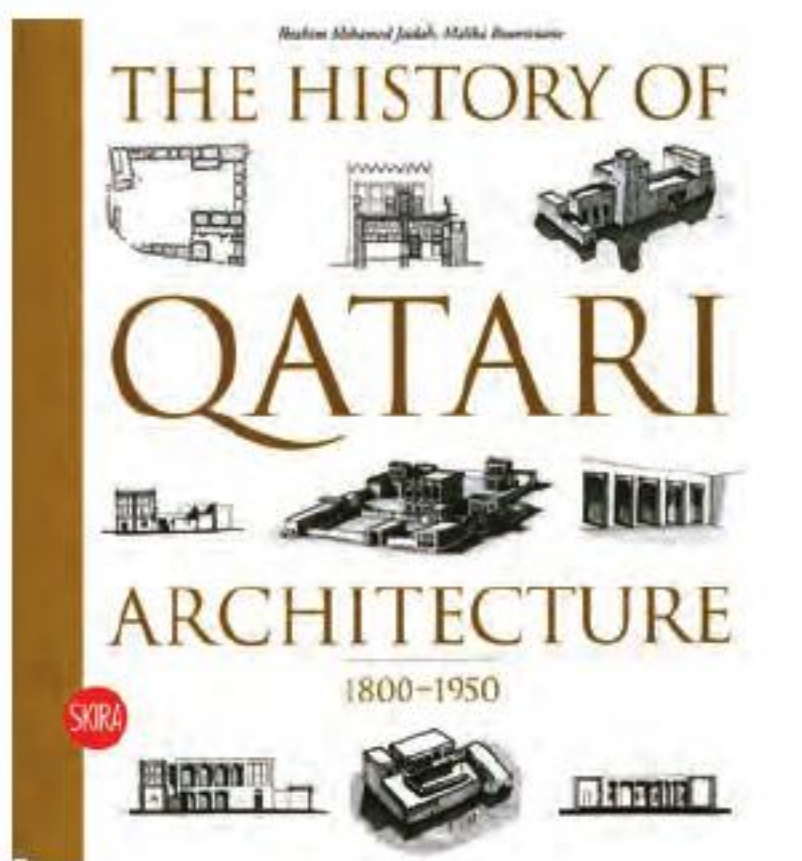
The holy month is a great time to learn more about the local culture, traditions and history. Here there are few interesting buys for you!

ALL PRODUCTS
AVAILABLE AT
VIRGIN MEGASTORE



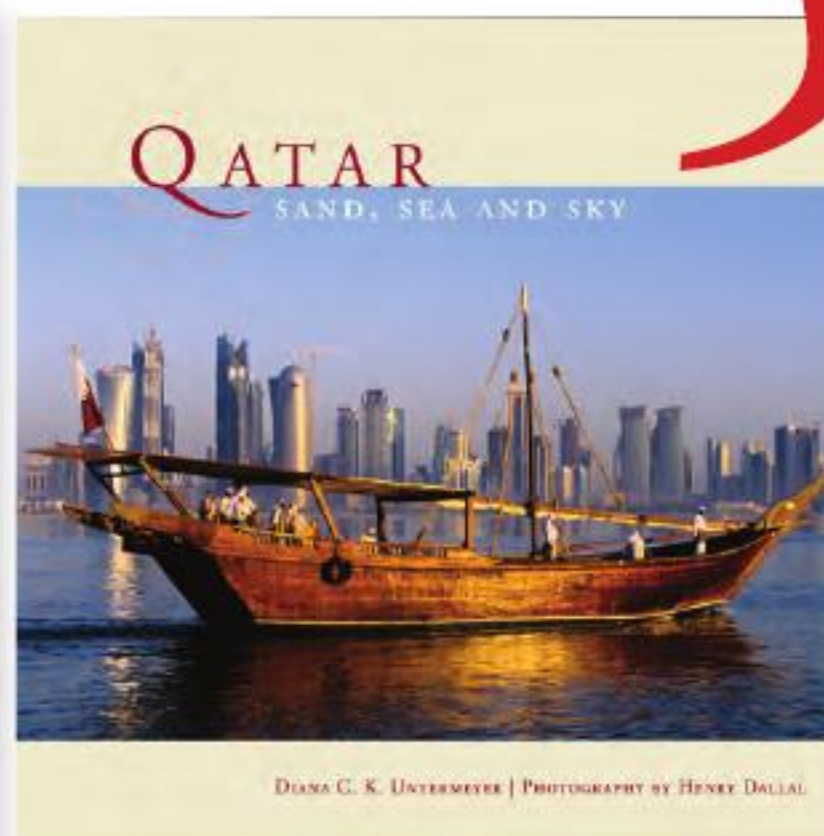
LET'S GET COOKING!

Learn to make a few easy and tasteful Arabic recipes with the help of Manal Al Alem, a culinary icon in the Middle East, easy to follow cookbook. The recipes are both in English and Arabic.



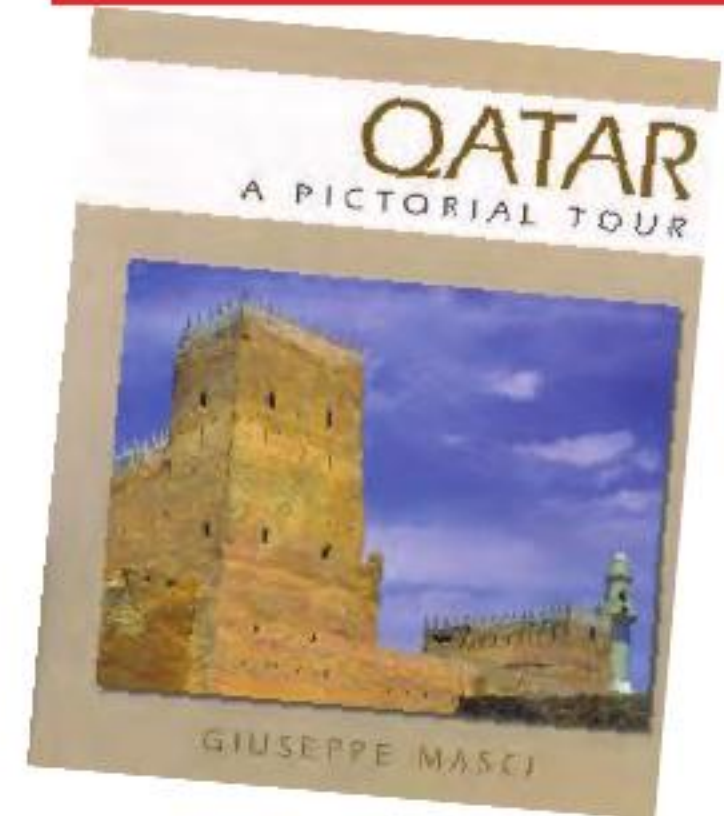
THE HISTORY OF QATARI ARCHITECTURE 1800-1950

The first book to examine the geographical, historical, and functional aspects of architecture in Qatar, it describes the history of Qatari architecture from old cities and villages to public buildings and domestic spaces. Written by Ibrahim Jaidah & Malika Bourennane



QATAR - SAND, SEA AND SKY

Qatar: Sand, Sea and Sky is an overview of the country and its journey into modernity while it preserves the duality of its culture as a desert by the sea. Stunning photography pairs with informative and personal text by Diana Untermeyer, the wife of the most recent United States ambassador to Qatar



QATAR A PICTORIAL TOUR

A quality coffee-table book and souvenir for visitors and expatriates alike. The Pictorial tour series is a hugely popular series of pictorial tours that also showcase Abu Dhabi, Dubai, Sharjah, Oman and Yemen.

GADGETS, GADGETS AND GADGETS!

Invest in these easy-to-use technological pieces, which will entertain you during your summer and Eid holidays.



Kindle Fire HD by Amazon



VIAO Tap 20 - QAR 4,999
(newest to touchscreen decktop)



Sony RX10 - QAR 4,899 (newest DSLR)



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Salwa Road

(near Radisson Blue Hotel)
Tel.: 4437-1212

Al Saad St.

(before Commercial Bank)
Tel.: 4431-4411

Al Khor Branch

(Lulu Mall)
Tel.: 4411- 8816 | 4411 8817

Mamoura Branch

(2nd Floor, Dar Al Salam Mall)
TEL.: 4486 - 6077

Holiday Villa Branch

(Ground Floor, Entrance 7)
TEL.: 4411 - 5225 | 4411 5335

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Tel. 4456 8716 (An Associate of Ahmed Hassan Bilal Group)

Malls

Al Asmakh Mall Hours: daily 10am-10pm,
Al Jawaan Street, Sadd 4444 2401

Centrepont

Hours: daily 10am-10pm Plaza Mall, Barwa Village,
Wakra Rd 4415 3586
Al Asmakh Mall, Al Saad 4428 9201

City Centre Doha

Hours 10am - 10pm, Conference Center St., West Bay 4428 9141

Hyatt Plaza

Hours: Sat-Thu 10am-10pm: Fri 2pm-10pm,
Al Waab Street, Muraikh 4469 4848

Landmark Mall

Hours: Sat-Thu 10am-10pm: Fri 3pm-10pm, Al Shamal Road,
Gharrafa 4487 5222

Lagoona Mall

Hours: Sat-Thu 10am-10pm: Fri 2pm-10pm,
West Bay, Zone 66, Ad Dawha 4433-5555

Royal Plaza

Hours: Sat-Wed 9am-10pm: Thursday 10pm-10pm, Fri 3.30pm-11pm
Al Saad Street, Al Saad 4413 0000

The Mall

Hours: Sat-Thu 10am-10pm: Friday 3pm-10pm,
D-ring Road 4467 8888

The Gate

Hours: Sat-Thu 10am-10pm: Friday 3pm-10pm,
Maysaloun Street - West Bay 4467 8888

Merch

Hours: Sat-Thu 9:00am-12:00pm, 4:00pm-9:00pm,
Al Asiri Interchange, Salwa Road
Salwa 4465 8652
The Mall, D-ring Road 4467 4312

Salam Stores

Hours: Sat-Thu 10am-10pm: Friday 3pm-10pm West Bay 44672200

Villaggio Mall

Hours: Sat-Thu 10am-10pm: Fri 2pm-10pm, Al Waab Street,
Muraikh 4413 5444

Fashion / Retail

Aida, Royal Plaza, 2nd Floor 4413 1188
Aldo, The Mall 4467 8896
Villaggio Mall 4450 7391
Aldo Accessories, City Centre 4411 5289
Bench, Hyatt Plaza 4469 0476

Berluti, Villaggio Mall, VIP section	4416 1860
Birkenstock, The Mall	4455 0233
Change, Royal Plaza, 1st floor	4413 1177
Titto Bluni, Royal Plaza, 1st floor	4413 1144
Marc Jacobs, Villaggio Mall, VIP section	4413 4767
Celine, Villaggio Mall, VIP section	4413 4763
CH By Carolina Herrera, Villaggio Mall, VIP section	4413 4748
Charles & Keith, City Centre	4493 4437
Hyatt Plaza	4469 0413
Dune, Landmark Mall	4487 8158
Ermenegildo Zegna, Villaggio Mall VIP section	4413 4765
Events, Royal Plaza, 1st floor	4413 1155
Garage, City Centre	4483 9324
Geox, Landmark Mall	4488 7531
Gucci, Villaggio Mall	4413 4612
Karen Millen, Villaggio Mall	4460 4279
Landmark Mall	4487 5222
Lacoste, Landmark Mall	4488 7604
Villaggio Mall	4450 7191
Naturalizer, Hyatt Plaza	4416 5132
Ninewest, City Centre	4483 9543
Hyatt Plaza	4468 2919
Landmark Mall	4486 4038
Pull & Bear, Landmark Mall	4487 6856
Ralph Lauren, Villaggio Mall VIP section	4413 5655
Sketchers, City Centre	4483 9476
Spring, Villaggio Mall	4460 4963
Swarovski, Land Mark Mall	4483 8158
Pronovias, Villaggio Mall, VIP section	4416 1856
Hyatt Plaza	4416 5133
Tod's, Villaggio Mall	4413 4937

Beauty

Biobil, Serdal Tower West bay	Women	4493 4433
	Men	4483 0989
Diva Lounge Spa	Al Sadd Branch	4431 8488
	Al Gharafa	4481 1488
Faces, Villaggio Mall		4450 7189
Landmark Mall		4487 9519
Franck Provost, Four Seasons Spa and Wellness Centre		4494 8844
L'Occitane, Landmark Mall		4486 5149
Villaggio Mall		4450 7585
Make Up For Ever, Hyatt Plaza		4459 2061
Merch	Dar Al Salam Mal	4416 4728
	Mid Mac Roundabout	4467 4312
	Dar Al Salam Mall	4416 4728
Nails, Royal Plaza		4413 0222
4U, City Center		4483 5179
Guerlain Alfardan Spa, Westbay		4420 8665
Amoaras Spa, Holiday Villa		4408 4085
Snips Salon, Holiday Villa		4408 4083

Hotels & Restaurants

Al Bustan,	Museum Park St.	4435 2227
Al Seef,	Al Aaliya Street	4433 2222
Courtyard Doha City Center	West Bay City Center	4419 5555
Doha Marriott Hotel,	Ras Abu Aboud St.	4429 8888
Four Seasons,	Corniche Road	4494 8888
Grand Hyatt,	West Bay Lagoon	4448 1234
Grand Regency,	Al Sadd	4434 3333
Grand Heritage Doha,	Aspire Zone	4445 5555
Gokulam Park Hotel Doha,	Corniche	4470 8822
Hilton,	Corniche Road	
Holiday Villa Hotel		4408 4888
InterContinental,	Al Istiqlal Rd, West Bay	4484 4444
Kempinski Residences & Suites,	West Bay Doha	4405 3333
La Cigale Hotel,	60 Suhaim Bin Hamad St.	4428 8888
Liza,	Porto Arabia	4495 3876 ext:1721
Megu,	Porto Arabia	7780 9513
Marriott Hotel,	Corniche	4429 8806
Marriott Executive Apartments Doha,	West Bay City Center	4419 6000
Mövenpick Hotel,	Corniche Road	4429 1111
Mövenpick Tower & Suites,	Westbay	4496 6600
Mercure Grand,	Musherib Street	4446 2222
Merweb Central Doha,	Ras Abu Abboud St.	4409 4444
Millennium Hotel,	Jawaan Street, Al Sadd	4424 7777
Nando's,	Hyatt Plaza	4450 5853
	City Centre	4417 5756
Oryx Rotana,	Airport Rd.	4402 3333
Pampano,	Porto Arabia	4495 3876 ext.1221
Ramada Encore,	Ahmed Bin Moh'd St.	4444 3444
Radisson Blu,	Salwa Rd, C Ring Rd.	4428 1428
Regency Halls,	D'ring road	4465 2226
Renaissance Doha City Center Hotel,	West Bay City Center	4419 5000
Ritz-Carlton,	West Bay Lagoon	4484 8000
Sealine Beach Resort,	Mesaieed Umm Said	4476 5299
Sharq Village & Spa,	Ras Abu Abboud St.	4425 6666
Sheraton Doha,	Corniche Road	4485 4444
St. Regis Doha,	Westbay	4446 0000
Souq Waqif Boutique Hotels Musherib		4433 6666
TSE YANG,	Porto Arabia	4495 3876 ext. 2071
W Doha,	West Bay Lagoon	4453 5353



Restaurant

Chowking (An Associate of Ahmed Hassan Bilal Group)

*Salwa Road 4437 1212 *Al Khor 4411 8816/ 4411 8817
*Al Saad St. 4431 4411 *Mamoura 4486 6077
*Holiday Villa Branch 4411 5225 | 4411 5335

Cars / Motoring

Infinity,	Salwa Showroom	4428 3333
Mercedes Benz,	Salwa Road	4462 4444
Nissan,	Salwa Showroom	4428 3333
	Al Sadd	4444 1334
	Yarmouk	4488 8618
Mannai,	Industrial	4455 8709
Porsche Centre Doha,	Airport road	4459 9666
Renault,	Salwa Showroom	4428 3333

Education

Virginia Commonwealth University Qatar,	Education City	4402 0555
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Entertainment

Ray's Reef,	Royal Plaza, 2nd floor	4413 1122
The Cinema Palace,	Royal Plaza, 2nd floor	4432 0938

Home Decor/Accessories

Articles,	Royal Plaza, 2nd Floor	4413 1188
Bo Concept,	City Centre	4411 5054
George Jensen,	The Pearl Qatar Porto Arabia	4495 3876
Home Centre,	City Centre	4483 9400
Homes R Us,	Hyatt Plaza	4469 8999
IDdesign,	The Mall, Airport	4467 8777
IKEA home store,	Doha Festival City	800 4532
KARE Doha,	Lagoona Mall	4477 0909
Lakeland,	City Center	4411 5243
Le Louvre,	City Center	4483 3541
Ligne Roset/ DEDON, Souq Najed,	Salwa Road	4431 1843
Living in Interiors,	The Pearl Qatar Porto Arabia	4495 3876 ext 8200
Maya Paris,	The Pearl Qatar Porto Arabia	4495 3876 4495 3207
Natuzzi,	Al Mana Towers Bin Mahmoud	4421 4440
Roche Bobois, Al Jasim Tower, Suhaim Bin Hamad Street,	Al Sadd	4432 0066
Singways,	Villaggio Mall Muraikh	4413 5444
The One,	Villaggio Mall	4450 7778
The White Company,	Landmark Mall	4486 0789
Zara Home,	Villaggio Mall Muraikh	4413 5444

Art & Culture

Doha Players	4447 4911
Katara, West Bay	4408 0000
Mathaf: Arab Museum of Modern Art,	
Al-Luqta Street, Education City	4487 6662
Museum of Islamic Art, Al Corniche street	
QMA Gallery Cultural Village,	West Bay 4452 5555

Hospitals / Emergency

Police & Fire Department	999
Doha Clinic Hospital	4438 4333
Hotline	4435 5999
Al Ahli Hospital	4489 8000
Hamad General Hospital	4439 2222
Rumallah Hospital	4439 2948
Pediatric Emergency Centre	4439 2948
Doha Dental	4431 7766
Qatar Foundation for Child & Protection Hotline	4466 6671 to 73

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